

August 2020

FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY



Hedgehog Care

Unsung Hero

Norfolk Rivers Trust

War Hero No. 21:
R. E. Johnson

Cycling for Health

Another 80 page issue

**Due to sudden cold, wet and windy
weather baby hedgehogs are
struggling to keep warm**



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List maintained by Paul Garland.

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RBL Poppy Appeal Organiser	Mary Reynolds	828130
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Beavers and Cubs	Claire Scarff	827555
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Feltwell Women's Institute	Claire Scarff	827555
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Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: feltwellparishclerk@gmail.com .		828383
Parish Council website: www.feltwellparishcouncil.norfolkparishes.gov.uk		
Feltwell's History Website can be found at http://www.feltwell.net		

Deadline for the next issue is 14th August 2020

Submitted articles may be hand written or typed in Word 2019 or earlier.

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Advertisers, please contact Susan Withers (827758)

Distribution is by Ian Webb (828167) & Paul Garland

Feltwell's Unsung and Unknown Heroes – Sam Green

This story, submitted by Edward Gee, is on the long side so the font size has been reduced from the usual 16 point down to 14 in order to fit it into this issue. I hope this does not spoil your enjoyment.

What does it take to be a hero? A hero has to do something in the face of danger or has to combat adversity through a feat of ingenuity, courage, or strength. In the unrecorded history of our village is the tale of one, Samuel Green, who displayed all three of these characteristics.

We first met Sam Green as a young boy of twelve in the tale of Abigail Rutland. In this tale he is somewhat older, say sixteen for the sake of our story but, in reality, his age is immaterial. We come across him as he is walking his dog one early evening in June.

Wolf pulls at his lead as he senses something in the stand of trees nearby. Perhaps a deer, more likely a rabbit or hare bedding down for the night. Some years earlier, when he was but an untrained yet ferociously strong pup, his master, the said Sam Green, would have struggled vainly to hold him back. Now, having eventually responded to his training, he simply tugs on his lead as if to say, “Please, just this once, let me go.” Sam responds automatically to the tugging and says, “heel,” and Wolf drops back in line with Sam’s legs, his disappointment obvious in the downward angle of his head and tail. Sam recalls how, many years ago, Wolf had slipped from his grip and it was only the heroic actions of Abigail Rutland that had stopped the dog stealing a gammon joint from Mrs Kidd’s basket. It had been an embarrassing incident, no doubt about it, but if anything good had come out of it, it was the fact that he had been invited to Abigail’s twelfth birthday party. And they have been good friends ever since.

Wolf’s usual nightly walk takes the pair along the old road to Brandon, then across to the Lodge road and back down into the village. Should Sam ever forget or lose track of the time, Wolf most certainly does not. Like a clock running five minutes fast the dog always turns up early with its lead in its mouth and sits patiently by the door. When the five minutes is up, he will start to whimper and precisely one minute later Wolf will break into incessant barking, until either Sam arrives or Mrs Green opens the door and lets him

out, an event always accompanied by the instruction, “Sam, get down here. This dog of yours is driving me crazy.”

On this particular day Sam was late appearing from his bedroom as he had been preening himself in preparation for meeting Abigail, once Wolf’s walk was over. Like most teenage boys the desire to impress the opposite sex had taken precedence over everything else in his life, including turning up for meals at the proper time. He had also developed the irritating habit of sniffing his armpits, something of which his mother had almost given up hope of ever breaking!

“I’m coming, mum,” Sam shouted as he raced down the stairs, taking them two at a time. Like a whirling dervish he rushed through the parlour, opened the outside door and was gone. “Was he wearing his Sunday Best?” his father asked, as he looked up from the newspaper he had been pretending to read, whilst keeping one eye on his son as he passed through.

“He’s trying to impress the Rutland girl,” Mrs Green replied. “Don’t you remember trying to impress me when we were young?”

“Umm,” replied Mr Green, returning to the newspaper, a cheeky grin appearing on his face as the memory of his own courting times came to the fore.

Out in the yard, Sam instructed Wolf to drop the lead. He bent to pick it up, slipped into the metal loop on the dog’s collar and off they went.

“We’re going to have to go quick tonight, Wolf. I’ve got an important meeting later.” Of course, these words meant nothing to the dog but everything to the boy.

It was just after the pair had turned into Lodge Road that Wolf’s ears had pricked up at a sound inaudible to Sam. Wolf had pulled and pulled on his lead despite instructions from Sam to ‘heel.’ Eventually, Sam realised that the dog was trying to tell him something.

“What is it, boy? Poachers? Thieves? It’s certainly not rabbits; you don’t behave like this when its rabbits.”

When Sam finished talking to the dog was the time that he heard the sound as well. It was a desperate call of “Help! Help! Somebody help me, please!”

“Come on, Wolf. Let’s go see what the problem is,” Sam said as he started to run in the direction of the voice. “We’re coming,” he gasped as Wolf, pulling on his lead, lead them to their destination.

The calls of desperation were coming from Mrs Johnson at the Keeper’s

Cottage, a small building set back from the Lodge road and accessed by a short, rutted lane.

As boy and dog approached the cottage, they met Mrs Green coming in the other direction. She had her hair tied back with a yellow ribbon and had clearly been crying as tear tracks ran down both of her cheeks. She smelt of smoke. As she spied the pair signs of relief appeared on her face, replacing the anguish that it had previously worn. As the group approached the cottage, she proceeded to recite the events of some minutes earlier.

"I was cooking chips for tea when I heard an almighty crash. I ran into the hall and there he was, lying at the bottom of the stairs, not moving, not saying a word. I've told him a thousand times to be careful on them stairs but would he listen? No. He always came down in his socks. I told him, them stairs are slippy, bare feet, slippers or nothing. But he wouldn't listen. Then I smelt it. Smoke. I looked back into the kitchen and the pan was on fire. I'd been doing chips for our tea and what with the sudden noise and him laying there at the bottom of the stairs I'd completely forgotten about the chips. I panicked and came out here shouting for help. Thank goodness you heard me."

"Don't you worry, Mrs Johnson. We'll get it sorted. Everything will be fine," Sam said to reassure her, but feeling most uncertain about what to do.

Sam looked towards the cottage and saw thick, black smoke pouring out of an open kitchen window, but no evidence of flames. *With luck the fire will still be in the chip pan*, he thought. He searched the area for anything that might help him and, with adrenalin starting to flow through his veins, he had his first idea. He ran over to the water pump where he stripped off his jacket, removed the scarf from around his neck and threw both into the muddy patch at its base. He started to pump the handle for all it was worth and was rewarded with a continuous stream of clear water which fell onto his clothes. He pumped until both items were fully saturated, then he picked up the scarf, wrapped it around face, making sure that it fully covered his mouth and nose, picked up the jacket, held it out in front of him and approached the open door to the cottage, leaving a trail of drips behind him.

It didn't take him long to spot Mr Johnson lying at the foot of the stairs. At six-foot and four inches tall, with a girth to match, he was best described as a man mountain. Village tug-o-war teams argued over who would have him as anchor. He usually went with the one that promised him the most pints of beer should they win. He had never been on a losing side.

Sam carefully stepped over the body and entered the kitchen which was, by now, full of acrid, black smoke. Crouching down Sam slowly made his way



The Wellington Feltwell

@



Co-ordinated by Paul Garland
Email: garlandp@btinternet.com Tel.: 827029
or talk to Chris at the pub on 828224

Mon-	FREE screenings at 7pm	
6 th April	<i>The Last King of Scotland</i> F3 – Feltwell Film Fans – F3	n s ime ful
13 th April	To paraphrase Arnold Schwarzenegger in the 1982 film The Terminator, “We will be back,” once this lockdown is fully lifted and we feel it is safe to meet again.	
20 th April	Our re-opening presentation, whenever that is, will be – The Last King of Scotland Cert: 15 123mins 2006 Forest Whitaker, James McAvoy, Gillian Anderson	
21 st April	Whitaker gives ‘one of the greatest performances of modern movie history’ as Ugandan dictator Idi Amin.	
4 th May	Based on the true events of the brutal dictator’s regime as seen by his personal physician during the 1970s this gripping and suspenseful stunner is filled with performances you will never forget.	

FREE screenings occur on **Monday evenings at 7pm** in the restaurant at the Wellington pub.

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towards the source of the smoke, a faint orange glow helping him to precisely locate the problem. The smoke was starting to sting his eyes but the wet scarf was helping to prevent it entering his lungs. He stood and carefully placed the wet jacket over the pan. Although the jacket began to steam and sizzle it did not catch alight. Sam then turned back towards the hallway and the unmoving body of Mr Johnson. He placed his arms under Mr Johnson's shoulders and heaved on the body, desperate to get it out of the cottage, just in case his jacket did catch alight and the fire returned. He couldn't move the man. No matter how hard he tried the body would not move more than an inch. It would take an age to get him outside.

It was then that Wolf barked and when Sam had his second idea.

He called for Wolf to come into the cottage. Wolf, caught between his natural instinct to stay away from such obvious danger and his desire to obey his master tentatively entered the hallway.

"Come here, boy. It's alright. I'll look after you. Come on. Come on," coaxed Sam and the dog got ever closer to the prone form of Mr Johnson. Sam had noticed that Mr Johnson was wearing his waistcoat which was, as luck would have it, done up, the brass buttons glinting in the light.

Sam pulled on one shoulder of the waistcoat, lifting it away from the body. He then bunched it up and instructed Wolf to bite on it and pull. Sam took the other shoulder and together they pulled on the body. It moved an inch or so. With the dog tugging and Sam pulling the body was slowly moved out of the door and onto the grass outside. When they had pulled it clear of the building a sobbing Mrs Johnson ran forward and threw herself onto the body of her husband.

After a few seconds she lifted her head, looked at Sam, and said, "I can feel his heart beating. He's still breathing. Oh, thank the Lord, he's not dead. We've got to get the Doctor."

Sam, sitting on the ground and recovering from his exertions of the previous few minutes, took a deep breath, coughed a few times and thought hard about what he could do to contact the doctor. He could run back to the village, but in his present condition he wasn't sure that he'd make it. He could look to see if the Johnsons had a bicycle he could use, but then Mr Johnson's bike would probably be too big for him to ride safely. Then he had his third idea of the night.

He asked Mrs Johnson if she had a pencil and some paper. She looked at him quizzically and, once he had explained why, she told him where to find the items inside the house. The smoke had stopped drifting out of the kitchen

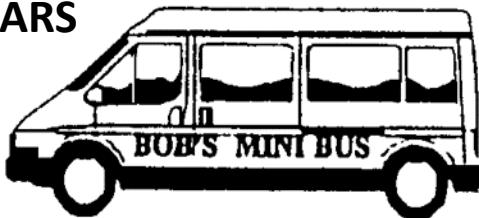
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window, a sure sign that the fire was out so Sam ran inside, located the writing paper and a pencil and wrote a short note.

Back outside he called Wolf over from where he had curled up in a corner of the lawn in order to recover from his exertions. He whispered instructions into the dog's ear and wrapped the note around this collar using the yellow ribbon from Mrs Johnson's hair to hold it securely in place.

"Go, Wolf. Go. Find Dr Archer," he instructed and off the dog ran.

"Don't worry Mrs Johnson, Wolf's a good dog. He knows exactly where the doctor will be," Sam told her. "Now let's get a blanket or two to keep Mr Johnson warm."

Wolf ran like his namesake would have run on the hunt, straight down the Lodge road, passed the doctor's house and into the High Street where he stopped outside the public house and proceeded to howl and bark until someone came out to see what was the problem. It was Old Harry, roused from his slumbers in his favourite chair next to the fire, who opened the door. He recognised Sam's dog instantly and wondered where the boy had got to. Then he noticed the ribbon glowing in the light streaming out through the pub window.

"Alright, Wolf. You can stop barking now. Let's see what you've got here. Good boy."

Harry bent down and untied the ribbon, fighting off Wolf's desperate efforts to lick his face. He unrolled the note, read it, turned and rushed back into the pub. Moments later he emerged with Dr Archer in tow. They made their way to where the doctor had left his pony and trap, climbed in and headed off towards Keeper's Cottage. Wolf ran alongside, much to the consternation of the doctor's pony.

When they arrived at the cottage, they found Sam and Mrs Johnson sitting either side of her husband who was leaning against the trunk of a tree. He had regained consciousness whilst they had waited for the doctor to arrive. He was wrapped in a blanket to keep him warm against the chill. Sam explained what had happened and what he'd done to help. "I couldn't have done it myself," Mrs Green told Old Harry and the Doctor. "He saved my husband and the cottage. He's a hero, he is."

After examining her husband, Dr Archer instructed Mrs Johnson to keep a careful watch over him for the next 24 hours in case he, "develops signs of concussion."

J M Harris

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As Harry and the Doctor made to leave and return to the village Sam asked if he might have a lift as his parents would be worried where he was. Both men looked at each other and grinned. Harry, wise to the ways of teenage boys and knowing full well that Sam would never have thought about his parents worrying simply said, "Hop in, lad. Wolf as well. Meeting someone, are we?" and smiled knowingly. Sam dropped his head and blushed.

Postscript

Abigail wrinkled her nose as Sam and Wolf approached, the smell of smoke preceding them. Sam looked a mess, his hair was dishevelled, his scarf hung, bedraggled, around his neck and he wasn't wearing his jacket. Worse of all, tear tracks could be seen in the grime covering his face.

"Whatever has happened to you?" she enquired, as they started to stroll along Munsons Lane.

In answer, Sam told her of the events of the evening, elaborating slightly as only teenage boys can. Abigail listened in silence throughout and when he had finished, she said, "Sam Green, you are amazing. You are a true hero."

It was at this point that she stopped walking, turned towards him, reached up and kissed him on his sooty cheek. Sam stood rooted to the spot, his cheeks colouring for the second time that night. Wolf studied the pair, ears raised.

"Come on slow coach," she said, taking his hand in hers and dragging him onwards. Then she moved closer, wrapped her arms around one of his and whispered into his ear, "My hero."

THE END

And there you have it. The tale of Sam Green, one of Feltwell's unknown and unsung heroes. There are probably more, I'll just have to do some further digging through the archives!

Edward Gee



The advertisement features the YANA logo on the left, which consists of the word 'YANA' in large white letters on a dark blue background, with 'RURAL MENTAL HEALTH SUPPORT' in smaller white letters below it. To the right of the logo is a photograph of a lush green field under a clear sky. Above the field, the text 'YANA Helpline: 0300 323 0400' is displayed in red. Below the field, the text 'YANA: Help for those in farming who may be affected by stress and depression.' is written in green.

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Latest Consumer Alerts and Trading Standards news

Please note that all the weblinks in this article are live in the copy of this issue on the village website.

This week we're highlighting the following Scams, Consumer Alerts and News:

- ✖ Scam Alert – Fake HMRC text
- ✖ Scam Alert – Email scam ‘HMRC National Insurance tax refund’
- ✖ Scam Alert - Fake listings for caravans and motorhomes on auction sites
- ✖ Scam Alert – Fake Argos returns ‘TV giveaway’
- ✖ Scam Alert – Telephone cold callers claiming to be from ‘Tesco Bank’ or HMRC tricking them into thinking they owe tax or debts and asking them to pay or purchase Google or Amazon gift cards.
- ✖ Scam Alert – Telephone cold calls offering ‘investment opportunity’
- ✖ Scam Alert – Scam ‘heir hunter’ letters
- ✖ Scam Alert – Telephone cold calls offering mortgage rebates
- ✖ Scam Alert – Green Grant telephone calls
- ✖ Food Alert – Waitrose recalls one lot code of their ‘Waitrose Slow Cooked Beef & Ale Pie 400g’ as some packs contain the wrong product containing Hazelnuts and Milk not declared on the label
- ✖ Food Alert – Benyfit Natural Pet Food recalls various brands of raw dog food products containing beef due to the possible presence of salmonella
- ✖ Recall Alert – Mr. Fothergill's Seeds Limited are recalling a specific batch of courgette zucchini seeds as some seeds have been reported to produce bitter tasting fruits. Ingesting the fruits in any quantity could cause stomach cramps, diarrhoea or sickness

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Online, email and phishing scams

- Chartered Trading Standards Institute issues warning about a series of prize competition adverts appearing on social media

For more advice and updates

Visit our Consumer Alerts web page and catch up on previous alerts
Find us on Facebook or Twitter

Reporting scams

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.
You can report scams and get further advice from our partners the Citizens Advice consumer helpline:

0808 223 1133 (freephone)

Citizens Advice consumer service website

If you've been the victim of an online scam you can get advice and support from Citizens Advice Scams Action:

0808 250 5050 (freephone)

Citizens Advice Scams Action website

You can also report Frauds, Cyber Crime and Phishing attempts to Action Fraud, the National Fraud & Cyber Crime reporting centre:

0300 123 2040

FELTWELLBEING

Feltwellbeing is now open
every **Thursday from 10.00 till 12.00**
at **Feltwell Methodist Church Hall.**

All safety precautions and social distancing in place with contactless hand sanitisers and one way system. The hall is thoroughly cleaned before and after every session. Everyone welcome. **£2.00** per session to cover hall costs including tea, coffee and snacks. We look forward to seeing you there.

There are lots of reports across social media of Test & Trace scams.

Please remember, genuine texts, calls or emails from the NHS service won't ask you for any personal details upfront.

You'll be given a unique ID number to log in to the NHS Test and Trace website. The ONLY official web address for the NHS Test and Trace service is: <https://contact-tracing.phe.gov.uk/>

Once you've logged in using your ID, you'll be asked to enter some basic information about yourself including:

- Your name, date of birth and current address
- the names of the people you live with
- places you've recently visited
- names and contact details of people you were in touch with around 48 hours before you developed symptoms.

You won't be asked to share this information upfront over a call or text, so if someone is asking you for it directly, they are a scammer.

Contact tracers will **never**:

- ✗ ask you to dial a premium rate number to speak to us (for example, those starting 09 or 087)
- ✗ ask you to make any form of payment or purchase a product
- ✗ ask for any details about your bank account
- ✗ ask for your social media identities or login details, or those of your contacts
- ✗ ask you for any passwords or PINs, or ask you to set up any passwords or PINs over the phone
- ✗ disclose any of your personal or medical info. to your contacts
- ✗ provide medical advice on the treatment of any potential coronavirus symptoms
- ✗ ask you to download any software to your PC or ask you to hand over control of your PC, smartphone or tablet to anyone else
- ✗ ask you to access any website that does not belong to the government or NHS

Stay scam aware, and report any suspicious approaches to Norfolk Trading Standards via 0808 223 1133

HEDGEHOG CARE – JULY 2020 UPDATE

Due to the sudden cold, wet and windy weather baby hedgehogs are struggling to keep warm.

We have had two babies bought to us by keen eyed neighbours who



spotted them out in the day time today and yesterday.

The babies only weigh 89 and 99 grams. less than half a packet of butter. They will not survive this cold wet spell.

Typically there are 6-8 hoglets in each nest. If you find one

then please look for the rest.

Please bring any hedgehog babies or larger hogs that you find out in the day time, to us, it means that they are not well and are in urgent need of warmth, food, water and possibly treatment.

If you find a hedgehog, put it in a warm towel, on a hot water bottle in a box with wet cat food and water and get it to us as soon as possible. Keep it warm, this is vital.

I have marked this message as urgent as we are due more wet, windy and cooler weather in the next 3 days and nights and baby hogs will not survive this.

Please call me if you need assistance, 01842828413, mobile 07878 189859 we are at 1 b Newcombe Drive Feltwell IP26 4AH.

Lindsey and Phil

As posted on Nextdoor in early July.

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Cycling for health and fitness

It is widely acknowledged that cycling is one of the best ways for people to achieve good health and fitness. According to research people who cycle regularly live longer than those who do not and lead healthier lives.

Indeed, cycling regularly to work (and, by extension, to school and on other regular journeys) has been shown to be the most effective thing an individual can do to improve health and increase longevity, and this applies even to people who are already active in sport and other physical activities.

Cyclists typically have a level of fitness equivalent to being 10 years younger a UK parliamentary health committee has noted:

"If the Government were to achieve its target of trebling cycling in the period 2000-2010 ... that might achieve more in the fight against obesity than any individual measure we recommend within this report." (TSO 2004)

Health benefits

Below are summarised some of the health benefits of cycling, for an individual and society as a whole. Many of the benefits are not unique to cycling but are a consequence of moderate physical activity. In several cases, however, cycling enables that benefit to be achieved more easily, more widely or more effectively.

Immune system

The immune system serves to protect the body from infections and diverse systemic diseases. Studies show that moderate activity, such as cycling, strengthens the immune system and thus contributes to a healthy life.

Muscles

Humans have several hundred muscles, which have to be used regularly in order to maintain fitness and health. During cycling, most of the body's muscles are activated. The leg muscles are responsible for the pedalling movement; the abdomen and back muscles stabilise the body on the cycle and cushion external

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- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.



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influences; and the shoulder-arm muscular system supports the body at the handlebars. All this trains and tightens up the muscular system, making it stronger and able to function efficiently.

Balance and equilibrium

Physical activity serves as a regulator to relieve the stress that is common in current lifestyles. It produces the balance between exertion and relaxation which is so important for the body's inner equilibrium. This counteracts anxiety, depression and other psychological problems. The exercise also controls hormonal balance.

Heart and cardiovascular diseases

The heart is one of the most important organs for a healthy life but can be damaged by inactivity. Cycling is ideal for training the heart to be stronger which results in less stress of the heart.

Body weight, adiposity and obesity

Cycling is ideal for targeting these problems as 70% of the body's weight is borne by the saddle, thus enabling people who could not otherwise move easily to exercise to increase their physical fitness and stimulate fat metabolism. Cycling also contributes to weight reduction by burning energy.

Blood pressure

Moderate cycling can prevent, or at least reduce, high blood pressure and so help to avoid stroke or damage to the organs. Blood pressure is also reduced by a lower heart rate, which is a result of regular cycling.

Stamina

Cycling is especially good for aerobic exercise as the strain on the body is less than in other endurance sports. Improved stamina reduces tiredness and fatigue and promotes a sense of well-being.

So what are you waiting for, jump on your bike and enjoy some of the great trails we have on our door step in Feltwell, if anyone wants some advice on great cycle routes in and around Feltwell then get in touch.

David Cordner



St Mary's Feltwell

Your Parish Church

The church is now open every Sunday, 9am – 4pm for private prayer. There are also services on Sundays, but these will move around the Benefice. Please check the [Grimshoe Benefice Website](#) for times and venues.

[www.grimshoebenefice.com](#)

We politely ask that you follow all safety measures clearly posted in the churches.

CONTACTS

Rector

Rev'd Joan Horan

01842 828034

joanhoran123@btinternet.com

The Rectory, Oak Street, Feltwell

Churchwardens

Chris Parker

01842 827152

grimshoebeneficeoffice@gmail.com

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07824 446063

juanitahawthorne52@gmail.com

Benefice Administrator

Chris Parker

01842 827152

grimshoebeneficeoffice@gmail.com

TO ARRANGE and DISCUSS
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Please contact Chris Parker 01842 827029

grimshoebeneficeoffice@gmail.com

TO DISCUSS BAPTISM

Please contact Tracey Rudge 07880 490187

FELTWELL DOCTORS

*Following on from Dr Nisbet's article in last month's issue in which he listed all the Feltwell doctors, I have copied this related letter from **Stephen Wordsworth**. I received it in August 2006 and it is posted on the village website at <http://www.feltwell.net/feltwell2/written/doctors.htm> together with additional biographical detail about all our previous doctors*

My link with Feltwell is some way back. William Henry Roberts, my great great great grandfather, was surgeon in the village in the early 18th century; indeed, A J Orange's article on 'Feltwell Doctors' on your site says he is the first one known. I can probably go back one further. William Henry Roberts's father, Howland Roberts (born 1764), is recorded as being a surgeon in Ticehurst, Sussex in 1785 (Ticehurst was the family home); and in Old Bond Street in 1787. Howland married a girl from Rotherhithe, Elizabeth Maynard, and their first son, William Henry Roberts, was born in Hackney in 1788. But their seven subsequent children were all baptised at Feltwell St Mary over the period 1790 - 1804, and I assume that Howland was supporting his family by continuing his profession in Feltwell during this time.

I have no idea why Howland Roberts moved to Feltwell. He was the youngest of ten children, seven of whom were boys, so he had to earn his keep somehow; and one of his older brothers was also a surgeon. But as far as I know there was no previous Norfolk connection. Nor do I know where or when he died. His son, William Henry Roberts, married (as AJO records) a local Feltwell girl, Jane Willett. Their seven children were all born in Feltwell. Their second child, Lucy Jane Roberts, married Matthew Parrington, then the curate of Feltwell in 1847, after which he resigned the curacy and moved away. My mother, Ruth, was born Ruth Parrington, being Matthew's great granddaughter.



My cousin is a lift attendant in a posh hotel. He says he enjoys the work, but it does have its ups and downs at times!

FELTWELL MUSEUM 2020

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NEWS FROM THE LEGION

Once again the weather put a dampener on things by raining on my tea and chat parade (9/7/2020) (excuse the puns). This COVID 19 is being a real life changer, the Legion are saying that we cannot use Legion owned buildings to have meetings, coffee mornings etc inside. So, I am still determined to have a tea and chat in the car park on Thursday 6th Aug 2020 commencing at 10.30. On the 17th July we are having new double doors fitted as the old ones are letting in water.

As a branch we have not done a lot during this lockdown even though I have been at the RBL hall at times, so if anyone wishes to have a chat and my car is there or there is a sign on the side door (Please Knock) feel free to. I have been attending online county meetings during the lockdown and I am waiting for the information to come from our head office for me to set up one for our branch.
“Watch this space”

Getting information out to the members is proving a little difficult as not all of the members have an email address. If you are a member and I have not got yours then please give me a call, it will only be used by myself or the secretary. It will not be passed to any third party.

Stay well, stay safe.

John L (chairman)

YESTERDAY'S MEMORIES

I left (school) at 12 to go and work with Father, digging turf on the fens. They were still covered in water then, they weren't drained in 1920, so we were very cold and wet. I had to stand in water a lot of the day. I did have an old pair of rubber boots and I changed to a dry shirt twice a day.

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Feltwell's WW1 War Heroes No.21

All of the information in the "Feltwell's War Heroes" series can be found at <https://www.flickr.com/photos/43688219@N00/42905937225/in/album-72157679638767304/>.

This month's War Hero is:

Abbreviations used.

CWGC - Commonwealth War Graves Commission
SDGW – Soldiers Died in the Great War
IRC – International Red Cross
MIC – Medal Index Card

R.E. JOHNSON, 7TH BORDER REGT

On the Church Roll of Honour he is recorded as R.E. Johnson.

Private JOHNSON, REGINALD

Service Number: 23065

Died: 23/04/1917

Aged: 23

Unit: 7th Bn., Border Regiment

Son of Isaac and Sarah Johnson, of 2, Grange View, Feltwell, Norfolk.

Commemorated at ARRAS MEMORIAL

SDGW records that Private Reginald Johnson was Killed in Action on the 23rd April 1917 whilst serving in France & Flanders with the 7th Battalion, Border Regiment. He was formerly 10807, Norfolk Regiment.

He was born and resident Feltwell, enlisted Norwich.

The Medal Index Card for Private 23065 Reginald Johnson, 7th Border Regiment, is held at the National Archive under reference WO 372/11/16696

He was previously Private 16807, 3rd Norfolk Regiment.

He qualified for the 1915 Star, having landed in France on the 30th December 1915.

He also qualified for the British War Medal and the Victory Medal. The related Medal Roll shows he was initially 16807 3rd Battalion, before moving to the 10th Battalion Border Regiment as 23065 and

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then the 7th Battalion Border Regiment with the same service number. It looks like he was part of a draft from the Norfolk Regiment that followed the same route.

His card notes he was "K in A 23-4-17".

Some of his Service Records appear to have survived the incendiary attack during the Blitz on the Warehouse where all the Other Ranks Army Service Records were stored.

Reginald Johnson, then aged 19 years and 10 months, attested at Norwich on the 23rd November 1914. A single man who worked as a Casual Labourer, he gave his home address as The Barracks, Feltwell, Norfolk. He had no previous military experience.

On enlistment he was described as 5 feet 5 and 3 quarter inches tall. At his medical he was recorded as weighing 125lbs and having a good physical development. His next of kin was his father, Isaac Johnson, of The Barracks, Feltwell.

He was posted to the Norfolk Regimental Depot on the 26th November 1914 before being posted to the 3rd Battalion on the 28th. On the 9th November 1915 he was transferred to the 10th Battalion Border Regiment. On the 30th December 1915 he was posted to the 7th Battalion, landing in France the same day. On medical inspection at Etaples on the same day he was deemed unfit on arrival. The next day he was admitted to the 26 G.H. at Etaples for treatment of a skin disease. On the 3rd January 1916 he reported to Base Depot for duty. On the 15th July 1916 he joined up with the 7th Battalion in the field.

He was Killed in Action on the 23.4.17.

Post war when it came time to issue medals and pay a War Gratuity the Amy issued form W.5080 asking for details of relatives that were still alive. The layout of the form follows the order of priority of British Inheritance law as it applied at the time.

Widow of the Soldier.....None

Children of the Soldier.....None

Father of the Soldier.....Isaac Johnson, The Barracks, Feltwell

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Mother of the Soldier Sarah Johnson, The Barracks, Feltwell

Brothers of the Soldier (Full Blood)

Ernest Johnson, age 30, The Barracks, Feltwell,

William Johnson, aged 28, No. 9331, Norfolk Regiment

No.10, Z Ward, Wherncliffe War Hospital, Sheffield

Brothers of the Soldier (Half Blood).....None

Sisters of the Soldier (Full Blood)

Mabel Johnson, aged 19, The Beck House, Feltwell.

Sisters of the Soldier (Half Blood).....None

The Rector of Feltwell looks like he helped mother Sarah to complete the form on the 30th July 1919 and she then signed it with her mark.

On the 10th May 1920 father Isaac responded to a request to confirm his current address with a statement that he was the father of "two boys named No.23065 R. Johnson 7th Border Regt. killed in action and No.28102 Walter Johnson 1st Bedfords Regt killed in action."

The Army Register of Soldiers Effects records that he served with the 7th Battalion and died in France on the 23rd April 1917. The balance of his pay was sent to his father Isaac in June 1917. His War Gratuity would also be paid to his father in October 1919.

1894 Birth and baptism

The birth of a Reginald Elsegood Johnson was recorded in the Thetford District in the January to March quarter, (Q1), of 1894. His mothers' maiden name was "Keteringham"

The baptism of a Reginald Elsegood Johnson, born 27th January 1894, took place in the Parish of St Mary and St Nicholas, Feltwell, on the 7th October 1894. His parents were Isaac, a Labourer, and Sarah. The family lived in the parish.

This magazine is printed by **Limetree Printing**,

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1901 Census of England and Wales

The 7-year-old ‘Reggie’ Johnson, born Feltwell, was recorded living in one of the dwellings that made up “The Barracks”, Feltwell. This was the household of his parents Isaac, (aged 43, Ordinary Agricultural Labourer, born Wilton, Norfolk), and Sarah, (aged 41, born Feltwell). As well as Reggie their other children are:-

Agnes, aged 13, born Wilton
Ernest, aged 12, born Wilton
Willie, aged 10, born Wilton
Walter, aged 8, born Feltwell
Mabel, aged 7 months, born Feltwell

1911 Census of England and Wales

The Johnson family were still living at The Barracks, Feltwell, Norfolk. Parents Isaac, (54, Labourer on Farm) and Sarah, (51), have been married 24 years and have had 7 children, of which 6 were then still alive. Still single and living with them are Agnes, (23, Laundry Maid, now shown as born Northwold, Norfolk), Ernest, (21, Labourer on Farm, now shown as born Northwold), Walter, (18, Bricklayer), **Reggie, (17, Labourer on farm)** and Mabel, (10). Also in their household is their 3 year old grand-daughter Florence Johnson, born Feltwell).

On the day

23rd April 1917

The 7th Battalion were involved in the Second Battle of the Scarpe, 23rd - 24th April 1917, part of the bigger battle of Arras during spring and early summer 1917

Using www.hut-six.co.uk/cgi-bin/search14-21.php to interpret the CWGC database reveals that 173 deaths are recorded for the 7th Battalion on this day.

From the War Diary-

ARRAS

22....Day spent in support line. Battn moved at 8.15 p.m. from support line to assembly trench south of Lone Copse. A Coy moved up in daylight to occupy Front Line and assembly trench which had been evacuated by 9th N.F.. This was accomplished successfully with only two casualties. Night was fairly quiet, the enemy put down a barrage behind the front line, just as the last Coy had arrived. This died down shortly afterwards.

23...Attack on enemy positions carried out on whole front of the offensive. 29th Divn attacked on the right from in front of Monchy le Preux. 51st Divn attacked on the north side of the scarpe left of 175 Divn. Objective of 51 Bde , Blue line running from E edge of Pelves village along line of road from I.27 Central to I.33.b.6.8, thence along E of Bois du Sart.

1st objective of 51st Bde, Brown Line running from Cross Roads I.26.a.6.3 to I.26.d.2.0 to I.32.a.2.1 then over sunken road at I 32.c.3.6. Preliminary objective of the 51 Bde a "T" trench running from lake at I.25.a.5.2. through I.25.c to I.31.a to about I.31.a.1.0, called Bayonet Trench, with a switch trench running Se from I.25.c.3.2.through I.31.b crossing Pelves Road at I.36.b.5.6; called Rifle Trench. Objective of the Bn to carry Preliminary and Brown Line objectives.

8th S. Staffs on the left with same objectives. Objectives of 7th Lincolns and 10th Sherwoods to pass through Brown Line and gain Blue Line.

1st objective of 51st Bde, Brown Line running from Cross Roads I.26.a.6.3 to I.26.d.2.0 to I.32.a.2.1 then over sunken road at I 32.c.3.6. Preliminary objective of the 51 Bde a "T" trench running from lake at I.25.a.5.2. through I.25.c to I.31.a to about I.31.a.1.0, called Bayonet Trench, with a switch trench running Se from I.25.c.3.2.through I.31.b crossing Pelves Road at I.36.b.5.6; called Rifle Trench. Objective of the Bn to carry Preliminary and Brown Line objectives.

8th S. Staffs on the left with same objectives. Objectives of 7th Lincolns and 10th Sherwoods to pass through Brown Line and gain



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Blue Line. Formation for the attack was A&D Coys in the front line, B&C Coys in supporting line. A&B on the left of the line, 100 yards between waves. 200 yards between attacking and support lines. Men extended at 10 paces. Rifle Trench was boundary between Borders and 8th S Staffs.

Zero hour was at 4.45 a.m. At zero hour, a Standing Barrage was put down on Bayonet Trench. A creeping barrage began west of Bayonet Trench and moved at a rate of 3 minutes per 100 yds, joining barrage at trench at +6. Both barrages lift at plus ten, then crept east at rate of 4 mins per 100 yards as far as Blue Line. Two tanks were detailed for the attack on Pelves. Bn advanced at zero hour; right leading Coy(D) lost direction and moved too much to it's right striking old German Trenches at about H.36.d.6.8.

This Coy then moved to it's left and crossed Bayonet Trench at H.36.b.8.6 and moved east. After crossing Bayonet Trench an intense M.G. fire was met from Rifle Trench. The remaining men of D Coy pushing up to the left towards Rifle Trench and entered at German Strong Point about I 31.a.8.4., which the enlarged and consolidated.

D Coy was joined by the survivors of Right Support Coy (C) which had crossed Bayonet Trench and had advanced due E.. The left leading Coy (A) struck Bayonet Trench at it's centre about the junction of Bayonet Trench and Rifle Trench and was thyen met by heavy M.G. fire from across the River Scarpe and Rifle Trench. The left supporting Coy (B) followed and was also mown down by M.G. fire. The survivors of B and A Coy retired with companies of the S Staffs to the assembly trenches N.E. of Lone Copse.

By that time there were no officers of either Coy surviving. After their retirement, the Germans in a portion of Bayonet Trench held up their hands when the men of the 7th Border again advanced, but were again repulsed by M.G. fire. The survivors of the left Coys then retired and occupied the assembly trenches N.E. of Lone Copse. The attack of the 8th S Staffs was also repulsed by heavy M.G. fire. The survivors of C and D Coys remained out in shell holes until dark. When they made their way back to our line many were hit with M.G.



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fire on the way back. Lt Saunders and about 50 wounded and unwounded made their way in up to 2 a.m.

The 10th Sherwoods who were occupying the southern position of Bayonet Trench found a party who brought in 2nd Lt Sawyer, wounded in the knee and about 100 wounded and unwounded men. Bn H.Q. moved from Gun pits H.35.d.8.9 at 5.40 a.m. to trench about H.36.d.8.8., where it remained during the battle. This piece of trench was held by the 9th N.F.. The trench was shelled throughout the day, but few casualties were suffered by Bn H.Q.. The Bn was ordered to move to Railway Triangle about 1 1/2 miles E of ARRAS and Bn H.Q. with about 100 men who had come in started to move at 2.30 a.m, reaching destination about 4 a.m.

Watch 10 years of the Sun in 61 minutes

Over the past 10 years, NASA's Solar Dynamics Observatory has captured 425 million high-resolution images of the Sun. The space agency has compiled all of these images into an hour-long time-lapse video that allows you to stare at a decade worth of footage of our host star.

The video shows the Sun as it erupts with explosive solar activity that rises and falls throughout its 11-year cycle. There are certain moments in the hour-long video that show some significant events in the Sun's activity marked by solar flare eruptions from the surface of the Sun, or when planets like Venus and Mercury transit across the star.

While the Solar Dynamics Observatory had its eyes fixated on the mesmerizing star for the past 10 years, it inevitably did miss a few moments as shown by a few very brief, dark frames. These missed moments are caused by the Earth or the Moon eclipsing the spacecraft as they transit between the Sun and the space observatory.

The spacecraft will continue to watch the Sun for years to come. You can see the amazing video at: <https://youtu.be/I3QQQu7QLoM>

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“Don't see why I should. Anyway, why do you want to see it?”

“I'm curious, I suppose. Want to see if yours is same as mine.”

“Don't expect it is. You and me are different, aren't we, so I expect mine's different to yours, anyway!”

“Oh, go on, it can't do any harm, can it? No-one will see!”

“I can't see why it's so important for you to see mine first, anyway.”

“OK, I'll tell you what. There's no-one around to see, so if you show me yours, I'll show you mine. Can't be fairer than that, eh?”

“Alright, I don't suppose it can do any harm if no-one will see. We'd best go behind the shed, and then I'll show you mine there!”

“Crikey, I didn't expect it to be all pink like that! It's nice though. Can I touch it? I promise to be careful, honest!”

“Yes, OK, but don't be rough, will you? Right, now show me yours!”

“There you are! In all its glory, and you were right, they are different, and mine's not the same shape as yours!”

“Told you so! Girls' ones are different to boys!”

“*Yes, you're right! They are different.*

“*Anyway, how long have you had your new bike?*”

Frederick James

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oxygenated. Secondly, plants hold back water in exceptionally low flows allowing the invertebrates and fish to survive in the damp conditions. Thirdly, plants take up the excess nutrients and pollutants resulting in cleaner water downstream; plants act as natural filters. And lastly, by taking out the vegetation you are removing the essential food that most of the aquatic food chain relies on! If you feel the river is “choked” you can call the Environment Agency for advice but generally the vegetation dies down over winter.

If you are a landowner with riparian land and would like to talk to us about restoration and rewilding please do get in touch with us at Norfolk Rivers Trust. We offer a wide range of services including surveys, restoration and management advice.

Email info@norfolkriverstrust.org

If, like me, you have never heard the word ‘riparian’ here is a definition.

Relating to the bank of a watercourse, from *ripa* meaning a bank. A watercourse is any flow of water in a natural or artificial channel, such as a:

- River.
- Stream.
- Ditch or culvert (covered channel or pipe).

A riparian landowner is the owner of land that is next to a watercourse or has a watercourse running through or beneath it. Riparian landowners have discrete legal rights and responsibilities in relation to the watercourse and its banks. These include:

- Fishing rights unless these are owned by another person.
- Responsibilities regarding flooding, obstruction and pollution.

Norfolk Rivers Trust website can be found at:

<https://norfolkriverstrust.org/>



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Word Search

Submitted by Mrs J. Clements.

C	R	Y	E	S	I	N	A	R	A	T	S
O	A	A	B	A	S	I	L	L	E	A	L
R	N	Y	S	G	N	U	F	Y	F	Z	E
I	I	B	E	E	A	H	O	F	G	B	M
A	S	F	A	N	D	A	R	C	E	Y	O
N	E	W	K	B	E	O	X	W	M	B	N
D	I	L	L	P	N	P	C	J	T	O	G
E	R	T	A	B	P	D	E	O	U	R	R
R	O	A	K	I	R	P	A	P	N	A	A
D	D	E	E	S	Y	P	P	O	P	G	S
N	N	W	F	A	E	L	Y	A	B	E	S
A	Q	H	B	L	L	K	T	G	N	C	R
H	S	I	D	A	R	E	S	R	O	H	Q
A	A	T	A	I	S	S	A	C	G	E	L
R	C	E	W	E	X	B	U	A	A	R	O
O	L	M	A	S	C	P	H	T	R	V	V
S	G	U	S	B	F	I	O	T	R	I	A
E	N	S	A	O	Z	F	P	B	A	L	G
M	E	T	L	E	R	R	O	S	T	Y	E
A	M	A	Q	A	E	D	A	F	L	N	H
R	Y	R	U	O	L	C	L	S	Q	L	Q
Y	H	D	I	L	P	H	A	R	J	X	A
C	T	P	E	P	P	E	R	M	I	N	T

LOVAGE	SAGE
MACE	SORREL
NUTMEG	STAR ANISE
PAPRIKA	TARRAGON
PEPPERMINT	THYME
POPPISEED	WHITE MUSTARD
ROSEMARY	
SAFFRON	

This month our usual word search is on **HERBS & SPICES**

Find the words from the list. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

ALLSPICE
ANISE
BASIL
BAYLEAF
BORAGE
CASSIA
CAYENE PEPPER
CHERVIL
CORIANDER
DILL
HORSERADISH
LEMON GRASS

Home Learning Tips

Use the internet or books to find out:
Which of these herbs and spices are grown in the UK?
Where do the rest come from?
What are the Spice Routes?

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FELTWELL BOWLS CLUB



I am glad to report things have improved slightly. We now meet every Monday around 6 o/c, we generally have around 8 members turning up, so we can play 2 games of pairs.

It's lovely to be out in the fresh air and be able to speak to another person, we still need to socially distance.

The green is in very good condition and has recovered from the dry summer of 2018, Colin has worked wonders with it albeit it is not down to match playing length yet. Archie and Neil have made a good job of the edges, it all looks very good.

The Indoors Bowls Lakenheath have had a committee meeting Friday 3 July to discuss starting inside, I believe not a lot was resolved as there has been little direction from Indoors Bowls England.

It's going to be a tricky decision whether to play this coming season as indoors has more problems than outside!!!

Police are warning that children and young people could be targeted to buy packets of sweets suspected to contain cannabis.

Counterfeit packets of sweets packaged to look like Nerd ropes but which state they contain cannabis and a high amount of THC have been found circulating in Norfolk. They are being sold for £12.

Sgt Daniel Edwards said: "Although they initially look like normal 'Nerds' sweets we believe they are likely to contain cannabis, which is listed as an ingredient. We are currently having the sweets forensically tested for confirmation but would like the public to be aware and vigilant. We know that they are being offered to children in Norfolk, particularly in the King's Lynn and Breckland areas."

Anyone with information should contact Sgt Edwards on 101.



St Mary's Feltwell

Your Parish Church

GOOD NEWS. Church will now be open for private prayer every Sunday from 9am to 6pm beginning on June 28th.

There are notices and hand sanitiser as you enter the tower door and we ask respectfully that you follow all instructions. We welcome you to come and enjoy the peace of our beautiful building once more

CONTACTS

Rector

Rev'd Joan Horan

01842 828034

joanhoran123@btinternet.com

The Rectory, Oak Street, Feltwell

Churchwardens

Chris Parker

01842 827152

grimshoebeneficeoffice@gmail.com

Juanita Hawthorne

07824 446063

juanitahawthorne52@gmail.com

Benefice Administrator

Chris Parker

01842 827152

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WEDDINGS AND FUNERALS

Please contact Chris Parker 01842 827029

grimshoebeneficeoffice@gmail.com

TO DISCUSS BAPTISM

Please contact Tracey Rudge 07880 490187

SPOT THE DIFFERENCE No. 14

Photos taken from Mr P. Garland's "Feltwell: Yesterday and Today" presentation first shown in 2018 and provided by Mr C. Cock. Modern photos taken August 2018 by Mr C. Brown.



I think you will all know where this is.



1st Feltwell Scout Group

VILLAGE YARD SALES DAY

Saturday 5th September 2020

9:00 am - 2:00 pm

Help us and help yourselves,
have a clear out &

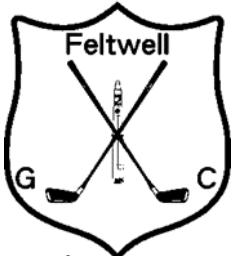
Hold a Yard Sale

£5 registration fee

*(forms available from The Fish Piper, Central Garage
& Londis.)*

Once returned your address will then be included on
the list & map of homes holding sales.

Registration forms to be returned ASAP but **no later than** Wednesday 2nd July
2020



FELTWELL GOLF COURSE – STAY SAFE—PLAY SAFE – A COURSE TO BE PROUD OF

50th Anniversary Open Day - Postponed

Due to continued restrictions on numbers we feel it will be safer to postpone this event until a later date. As soon as something can be arranged we will let you all know via our Facebook page.

Driving Range

We are pleased to announce that as of the 11th July we are opening our Driving Range for general use. If you are not a member of the club you can join the Driving Range as a member for as little as £50 a year and get discounted rates. Buy your tokens from the Pro Shop or office for £3 (28 balls) or £5 (56 balls) or if you are a member of the Club or the Driving Range for £2 and £4 respectively.

Second Club Members

Already a member of a golf club but live locally to Feltwell, why not take advantage of our 2nd Club Membership, you can come up to play most times during the day, just book your tee time beforehand; take part in all Social Golfing Events held by the Club as well as join in with the Friendly Fixtures with other clubs. Consequently you can enter, Texas Scrambles, Drive-Ins and other social golf events held during the year.

Lessons and Coaching

Lessons with Jo are also available on a 1:1 basis or small groups of 5, so if you would like to improve your game or iron out some ‘quirks’ in your swing call Jo on 07855 821116 to find out more anytime until 3pm.

Robert's at Feltwell Golf Club

The Clubhouse is now open, albeit with some changes, in line with the latest Covid 19 guidelines. You will need to pre-book your table

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by phoning Robert on 07376 182419 and numbers are restricted to allow the required distance between tables. There will be table service only, for both drinks and food.

Robert will still be continuing to run his Home Delivery service as we do know this is a life line for some locals who still can't get out during this time. Check on our or Robert's Facebook Page for the 'Menu of the Day' - to order your meal phone **07376 182419**.

Changes/relaxations of the restrictions will be notified on both Feltwell Golf Club and Robert's Facebook pages.

Hopefully this finds you all safe and well and we look forward to seeing as many of you as possible up at Feltwell Golf Club now we are able to play golf again. Take care and stay safe.

Follow us on  and  to be sure to keep up to date with what's going on here at Feltwell Golf Club.

Remember you are never too young or too old to start playing golf and we look forward to seeing you soon at FELTWELL GOLF CLUB

DRABBLE

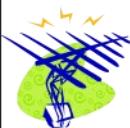
Each morning it's the same. We draw lots, and I always pull the short straw. It just isn't fair. However, off I go, take up my perch and try to attract their attention. It's not easy, but I give it my best shot. I bash the glass, repeatedly, until my head is pounding. They just stand there. Surely, they're not deaf. They probably think I'm fighting my reflection, but I'm not stupid. I bash away some more and after I've had enough, I open my mouth and scream, "For goodness sake, put some seed in our bird feeder, won't you!"

Edward Gee

This drabble was inspired by a Blue Tit who used to bang his head regularly on one of our bedroom windows.

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FELTWELL

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Hospital Happenings by Tony Bennett



Monthly Ramblings about West Suffolk Hospital.

News: July 2020

We now have 6 patients in with Covid, having dropped to 4 last month from a high of around 47.

The patient I reported on previously with Covid is still in the hospital, we are keeping our fingers crossed for his recovery as he completes his fourth month as an inpatient.

New rules mean everyone has to wear a facemask inside the hospital building; there may be exceptions for people with some medical conditions so it's best to check on the hospital website for the latest information.

Parking etc:

Parking charges have now been reintroduced although at present the disabled slots seem to be free. The previously free coffee machines have now been labelled as staff only unfortunately.

Appointments:

A few clinics are beginning to open up but it is very difficult to maintain social distancing in the outpatient areas so the volume of patients we used to have in the crowded waiting spaces cannot happen yet. Clearly the most clinically urgent patients are being seen so if you have an urgent condition please contact the hospital if you haven't received an appointment that you were expecting.

As the clinics have been very small we in nuclear medicine have had few referrals for scans so in addition to our cancer patients we have been able to scan some of the less urgent cases that have appeared on our waiting list. Some patients have chosen not to come in

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despite being offered a slot, which is fine with us, we have a special waiting list for those people and we will contact them again from time to time.

Case of the Month:

This month it is more like 5 cases of the month – an example of things going wrong.

All of the radiopharmaceuticals we use are subject to quality control testing in Cambridge. This cannot happen until the product is produced and due to time constraints the goods are despatched before testing is complete. Occasionally the products fail (the technical reason is Molybdenum breakthrough into the finished product) and we receive a phone call barring the use of the tracer.

The hot lab makes up another batch, a driver is sent for and the product comes out about 90 minutes late. It's a nuisance but doesn't happen often so we live with it. This week though, a second driver was not available, these couriers are especially trained and the vehicles are equipped with extra fire extinguishers,

Continue overleaf

Sudoku Puzzle

Each row, column & 3x3 square must contain numbers 1-9

Solution overleaf

						7		4
			1				6	5
		3	5			9	8	
				2	1			8
	3						7	
6			3	8				
	1	8			9	2		
9	2				4			
3		5						

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radioactive signage etc. so we can't just get a taxi or send John the porter in his Ford Mondeo.

We also do the course which allows us to consign radioactive goods for road transport but our own vehicles are not suitably equipped nor insured for this so we can't go either. Sadly, this week we had to cancel the whole list of 5 patients but we have rebooked them all for early August.

Tony Bennett

A Message from the Editors

We have been asked, now that the magazine has returned to its usual printed format, if we will also offer it for free download via the village website, as we did during the lockdown. As the purpose of producing the magazine is to raise money for local groups we are concerned that doing this will result in a loss of income. We have, therefore, decided to trial uploading this and all subsequent issues towards the end of the month in which the magazine is dated.

Sudoku Solution

1	5	6	8	9	3	7	2	4
7	8	9	1	4	2	3	6	5
2	4	3	5	7	6	9	8	1
5	7	4	9	2	1	6	3	8
8	3	2	4	6	5	1	7	9
6	9	1	3	8	7	5	4	2
4	1	8	7	3	9	2	5	6
9	2	7	6	5	4	8	1	3
3	6	5	2	1	8	4	9	7

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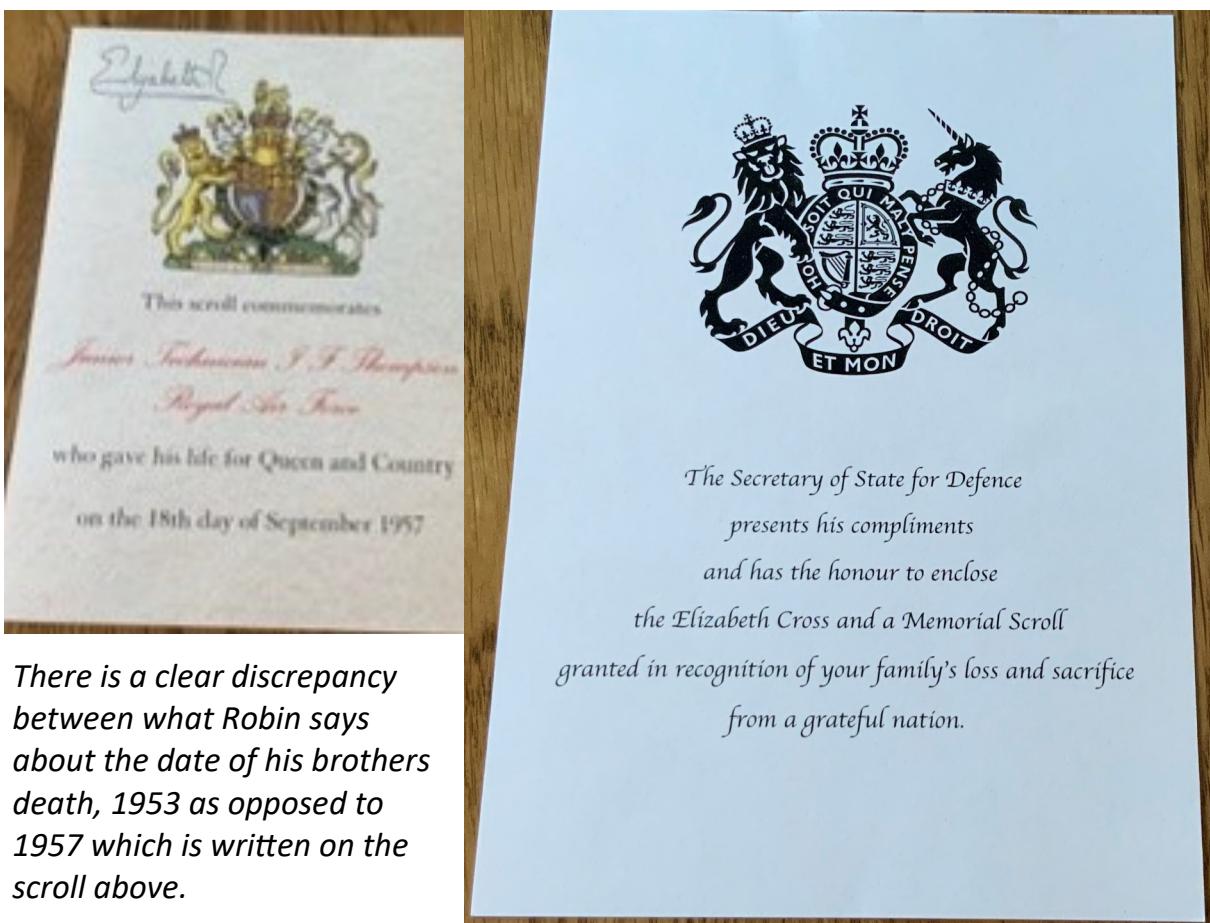
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Feltwellians Around The World

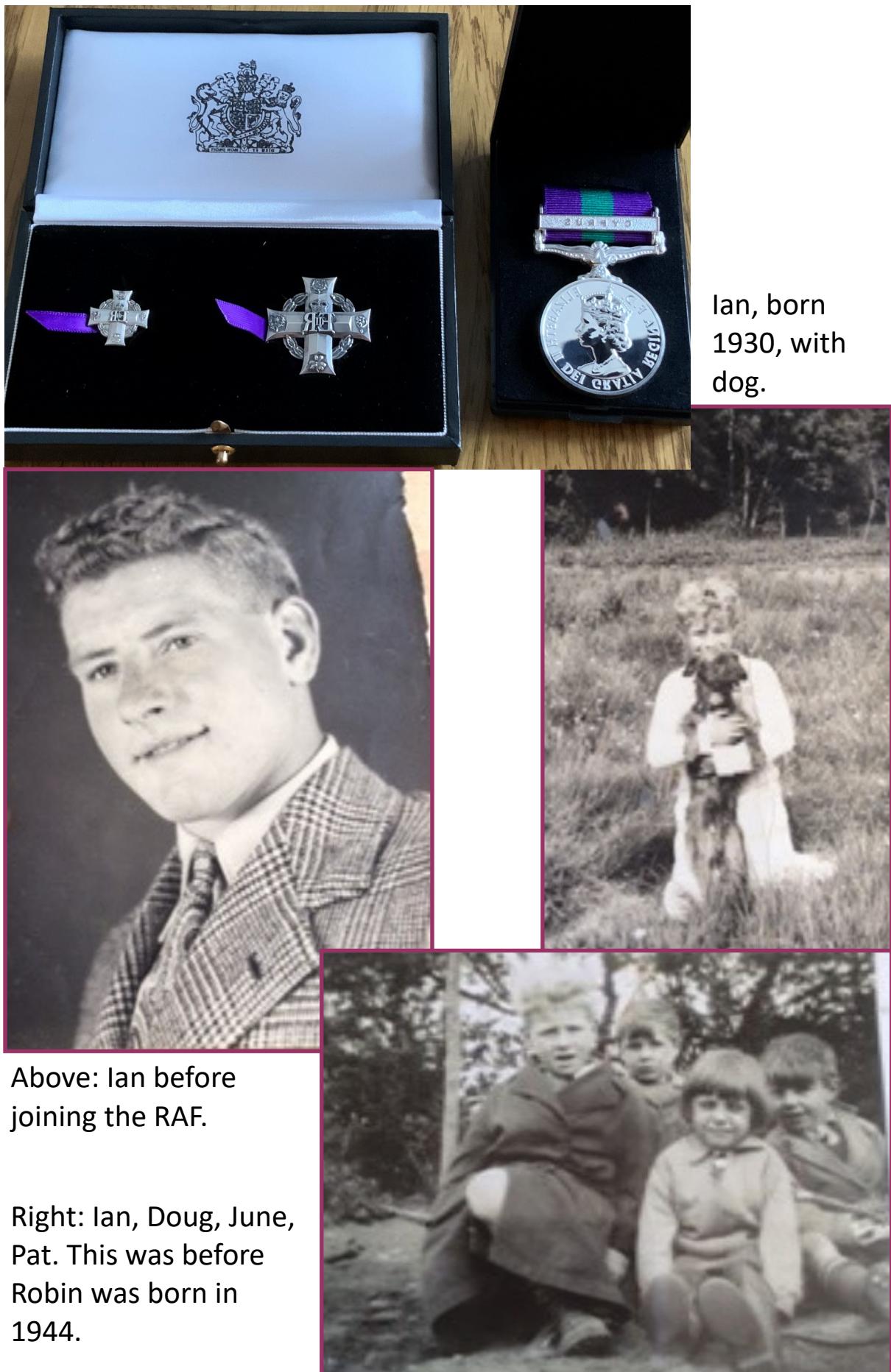


Robin Thompson

These medals were awarded to my brother Ian, who was born at East Hall, Feltwell. He joined the RAF and unfortunately was killed in an accident in Nicosia, Cyprus, in 1953, age 23. The Thompson family lived at the Hall and were well known in the village. These medals were sent to my brother, Douglas, who lives in Felixstowe. I am the youngest brother. My brother Patrick, who died last year, lived in Lodge Road and my sister, June, who lived in Histon passed away two years ago. I just thought this may be of interest to you



I asked him if had any photos from his time in the village. What he sent back is on the following pages.



Above: Ian before joining the RAF.

Right: Ian, Doug, June, Pat. This was before Robin was born in 1944.



Ian, Pat, June, Doug.



Left: Dad, Jock, drove a steam lorry. This is Ian helping to fix it.

An email conversation.

Ed.: I'm guessing, you were playing on the field out front of East hall?

Robin: Yeah, we had a camp up a big conifer tree in the woods. It was beautiful. No mobile phones.



At last a photo of me with my brothers and sister. I'm guessing about 1945.

Below: Ian with the troop. I don't know who the other two boys are but could be Gerald and Joey Crowther .



My lovely mum with my brothers and sister.



Before Ian went in the RAF he worked for Herbie Cock. He can be seen here on the tractor with Jimmy Cuthbert.

In the harvest field: Top: Ian, Jackie Cole, Herbie cock.

Middle Row: Doug Walker, Bow Walker, Ken Brown, George Baxter,
Bottom line, the boys: Victor Walker(?), myself, George Cole.

I don't know who the tall man is with the trilby? *Does anyone?*

The Wellington

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Welcome Back

The Wellington is delighted to be open once more.

We are not currently serving food but
we are open for drinks from
12 noon every day.

We look forward to seeing you soon.

Bomber Airfield Logistical

Match the aircraft to their airfield and take off time.

	RAF Feltwell	RAF Mildenhall	RAF Honnington	RAF Marham	RAF Downham Market	Wellington	Lancaster	Mosquito	Halifax	Sterling
--	--------------	----------------	----------------	------------	--------------------	------------	-----------	----------	---------	----------

8pm										
8:15pm										
8:30pm										
8:45pm										
9pm										
Wellington										
Lancaster										
Mosquito										
Halifax										
Sterling										

This Logistical puzzle was designed by Chris at the Wellington.

1. The aircraft from RAF Feltwell took off 15 minutes after the Lancaster.
2. The aircraft from RAF Mildenhall took off at 8:15pm.
3. The departure from RAF Feltwell was 30 minutes before the departure from RAF Marham.
4. Of the 8:45 and the 9pm departures, one took off from RAF Marham and the other was a Stirling.
5. The Wellington departed from RAF Honnington 30 minutes before the Mosquito took off.
6. The Halifax took off from either RAF Mildenhall or RAF Marham.
7. The Sterling took off from RAF Downham Market before the Halifax departed.



It's been a long time since we had some Reader Feedback, so I was delighted to get this letter via email. Please send your comments to garlandp@btinternet.com.

Dear Editor,

I found your feature on the possibility of introducing a water grid across the country as a whole very interesting. It is a subject that many must have thought about at different times in the past, and I've often wondered about the ramifications of introducing such a scheme. There must be those who would say 'About time too, why have we waited so long?'

For the Nation to share its resources, whether it be electricity, food, gas, oil, or even water, as a National undertaking should be at the forefront of our government's agenda, especially now, when the country has been levelled by the Corona virus.

You have stated, in general official terms, the pros and cons of such a venture, but I think one advantage which outstrips the rest is a means by which the devastation of flooding might be averted with the use of such a system being utilised to disperse the excesses that cause so much destruction and cost to those involved.

There would be objections to any such scheme, just as there was to electricity pylons, and oil and gas pipelines, but we have them now, so why not water pipelines? The scheme would have to be a National one with no franchise involvement other than in the construction of the pipelines themselves.

I come from the days of British Rail, when the only difference regionally was the livery of the locos and their rolling stock, so unless a water transfer scheme is operated in the same manner, I would suggest that the idea is dead in the water, so to speak.

However, they do say that many a good result comes out of a daft idea, so maybe it would work!

Regards, J Maughan



Your Good Health

by Dr Ian Nisbet

We are still in lockdown, taking the view that, having been isolated for four months, it will not hurt us to hide up for a time longer while we wait to see whether or not there will be a recurrent "spike" following the loosening of restrictions. We are quite happy here, the garden is a riot of colour with 6ft hollyhocks on both side of the front door, and the garage is much clearer now. We do venture out occasionally to top up provisions but most of our food is being delivered by Morrisons.

The sheltered nature of our existence rather emphasises the importance of minor "life events", one of which troubled me for a couple of weeks. My old 4S Iphone met with a fatal accident involving a flight from upstairs to downstairs followed by a collision with the tiled floor in the hall. The back of the 'phone was smashed but the

front seemed OK so I carried on unperturbed until a crack started to appear across the front screen and it became a bit unpredictable. Time for an upgrade! A chat around the family produced the upgrade. Calum gave me his old 5S 'phone which had been "unlocked" so I could use it. However, it needed updating before it would accept my burglar alarm app (I am so advanced in technology that I can now switch our burglar alarm on and off remotely, even from abroad. I draw the line about drawing the curtains, setting the oven or turning lights on and off remotely). You update an Iphone by connecting it to a computer, hooking up to Itunes and setting the update in progress. I hooked it up and set the update in motion. "This 'phone cannot be updated - error message 4005". No matter how often I tried, the same happened. Eventually, I

spoke to EE who put me on to Apple where a very nice man enquired the age of my Imac (a super large all singing and dancing computer bought for me by Deannie in 2011). He was very polite, but his message was that my computer was so ***** old that it could not be upgraded sufficiently to enable it to carry out the 'phone update. What to do? "Easy", he said "Throw it away and buy a new one". Gulp. As I recall, my Imac cost about £1.200. It should have been more but we had accidentally gone to Cambridge on Black Friday! A quick look reveals that a new one nowadays would cost between £1,750 and £2.250. As my current machine is more than adequate for my current needs (leaving aside Iphone updating) I decided to forget about changing the computer and visited my neighbours who have modern computers – no joy there as their machine would not accept a USB connection. Eventually, son Grant introduced me to a bloke who lives down the road from him and he sorted it out. Grant's comment was that, for someone in no other way parsimonious, I had a remarkably negative

attitude to mobile 'phones. I responded that I need a mobile to make and take calls and, perhaps a few pictures and set my burglar alarm remotely. I do not need it to cook my breakfast or even to go on the internet, 'cos I'm a Luddite!

RANT OF THE MONTH: One of the reasons I pay my TV Licence is to enable me to watch TV without adverts. However, have you noticed that most of the BBC programmes seem to end five minutes before the next programme is due; that time is spent screening endlessly repeated trailers for future programmes. For example, the comedian who calls his irascible father "Daddy" keeps appearing, "We have all been missing sport" (I shout at the TV, "Oh, no, we haven't) before trailing his new sports programme. Repeated once an hour for about 6 weeks (or so it seems) this becomes really tedious. Many other similar trailers follow the same pattern. Even Deannie is getting fed up with them and they don't come much more tolerant than her.

A man came home from work looking very upset. His wife asked him what was wrong but he would not tell her. He pushed his meal around the plate, staring out of the window. When pressed, he said, "I can't burden you with my problems". She replied, "Nonsense, we are partners. We face all our problems together. Your problem is my problem. So, please tell me what is wrong". He looked at her glumly and said "OK – we got our secretary pregnant and now she is suing us for support."

A man was talking to his friend in the pub. "You know, I am going to change my holiday plans in future. I went to the Bahamas and my wife got pregnant; I went to Tahiti and she got pregnant

again! "So, what are you going to do differently this year?" asked his friend. "I'm going to take her with me".

A wife was unhappy that her husband spent so much time in the pub. "Come with me," he said, so she did. "What would you like to drink?" he asked. "I'll have the same as you"" So, they both had a Jack Daniels (other brands are available). He downed his in one gulp and she took a sip and immediately spat it out. "Yuk, that's horrible. I don't know how you can drink this stuff." "Well, there you go – and you think that I am out enjoying myself every night!"

Best wishes to you all.

Ian Nisbet.

The Trustees of the Edmund de Moundeford Trust wish to inform the parishioners of Feltwell of the following...

The Trustees of the Edmund de Moundeford Trust are proposing to apply for planning permission for the old WI hall on The Beck, for the conversion of the site into 4 two-bedroomed dwellings. The old hall itself will be used for 3 living spaces and a 4th one will be a new cottage in the play area with associated parking.



FELTWELL METHODIST CHURCH

REMINDER

ART & CRAFTS EXHIBITION

You are all invited to a celebration
of the creative spirit shown during
Coronavirus “Lockdown”.

During the time we are all social distancing and many of us are housebound, there has been much creativity. Things have been made, fine artwork has been hitting the canvas/paper and children's imagination has been expressed in some beautiful drawings and paintings. Most of us won't get to see any of this, so we've created an event to give us access to some of this. The date cannot be decided until Lockdown has been lifted and everybody is safe to move around. If the Village Yard Sale goes ahead then we will be able to better plan a date for the event, which we hope the whole village will come together and support. Hopefully that will be this year, but.....?

Now, to all you budding artists and people with a creative spirit, we'd like to inspire you to engage in your favourite pastime and show us what you have been doing to pass the time during these tough times. There is no age limit and we look forward to seeing the results of all your imagination. It could be photos of your garden or something special, a model you've created, a sculpture, a painting (s), something you've made, or something else. So get creating and keep it safe, waiting for the date to be announced. If you have any questions call or email Mike.

= = =

We will be open for the Feltwell Village Yard Sale Saturday 5 September with cakes, crafts, your winter/spring plants, skill games and more.

Monday's Craft & Chat group remain together in spirit as some of them continue their crafting at home. Many of the things they are

creating will be available to buy when we take part in the Yard sale.

= = =

"Old Codgers" meet again on the last Saturday of the month; it will include our usual fun quiz, and sharing jokes and a bit of comedy when we all have a good laugh. Just what we need after the tough time we're having. This is just a flavour of what we are missing and it's an open event with no age limit and its only £3, and that includes some refreshments!

= = =

ELEVENZES – on the 1st Thursday of each month at 10.00am. Meet friends over a tea/coffee & enjoy one (or more) of our cakes and take some home.

= = =

Community Garden – this garden project is moving on, for the community which will, hopefully, produce some fruit and some vegetables for those who help. Spuds appear to be doing very well and will need digging out in the next few weeks. Broad beans are in and the chives and raspberries are growing slowly. We're also going to make some raised beds for those who cannot bend. These will hopefully hold some salad crops, lettuce, radishes, spring onions etc. This garden will enable villagers who want to potter or who have difficulty with gardening to come and enjoy doing as much or as little as you want while enjoying fresh air. If you would like to potter with us, please get in touch with Mike (details below) or come along to our Thursday coffee mornings and Wellbeing mornings.

The Community Hall - a large bright hall with a stage and sound & lighting system. Celebration red carpet, posts and red ropes for special events from weddings to birthday parties, award ceremonies, concerts, theatre and more.

Our small meeting room is closed until further notice.

Our main church, with its magnificent pipe organ, is ideal for infant and adult baptisms, weddings, marriage renewals ceremonies, funerals, memorial and celebration of life ceremonies. Our premises

are now prepared for use according the guidelines and instructions specified by the Government and the Methodist Church of Great Britain. For example, hand sanitisers for use on arrival, socially distanced seating etc. The church is open for private prayer on Thursday mornings and Sundays when we meet for prayer and listen to hymns and worship songs.

If you want to talk privately to someone, want to share a problem or want someone to celebrate with you, want to come to an event or one of our groups, you can't get out but would like to..... Contact our pastoral worker Brigitte Wilkinson 01366 728797 / 07799216693

For room bookings & events, to discuss weddings, marriage ceremonies, funerals, memorial services please contact Mike Wilkinson 07712578721 mikegw15@gmail.com

Church secretary is Jean Dennett 01842 728209

ACCOMODATION WANTED

Norwegian writer, single, non-smoking quiet man, looking to rent flat, house or cottage in this area from August / September. Only interested in a long term arrangement and happy to pay six months' rent in advance for the right place. References given.



Please phone GEIR STABELL on 07438 373 261
or send an email to: stabell@stabell.co.uk

Website: www.stabell.co.uk

A Message from the Editors

We are acutely aware that during the lockdown some of our subscribers were unable to read the magazine as they don't have access to the internet. Plus, those of you who did manage to read a copy online or downloaded, didn't get a physical copy. In the light of this we have decided to give you all two free issues. Consequently our annual subscription renewal date will move from January to March 2021.

Paul and Susan

Word Search Answer

Submitted by Mrs J. Clements
Next month's Word Search will
be on **European Countries**



Our Local Foodbank

If you would like to donate to your local Foodbank there is a drop off point at St Mary's Church, Feltwell.

Any food stuff which does not require refrigeration and is in date is ok. Thank you for all your donations, kindness and generosity. Ness Fry

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10 Top Tips to Encourage Your Children to Read

from the Department for Education

1. Encourage your child to read

Reading helps your child's wellbeing, develops imagination and has educational benefits too. Just a few minutes a day can have a big impact on children of all ages.

2. Read aloud regularly

Try to read to your child every day. It's a special time to snuggle up and enjoy a story. Stories matter and children love re-reading them and poring over the pictures. Try adding funny voices to bring characters to life.

3. Encourage reading choice

Give children lots of opportunities to read different things in their own time - it doesn't just have to be books. There's fiction, non-fiction, poetry, comics, magazines, recipes and much more. Try leaving interesting reading material in different places around the home and see who picks it up.

4. Read together

Choose a favourite time to read together as a family and enjoy it. This might be everyone reading the same book together, reading different things at the same time, or getting your children to read to each other. This time spent reading together can be relaxing for all.

5. Create a comfortable environment

Make a calm, comfortable place for your family to relax and read independently - or together.

6. Make use of your local library

Libraries in England are able to open from 4 July, so visit them when you're able to and explore all sorts of reading ideas. Local libraries also offer brilliant online materials, including audiobooks and

ebooks to borrow. See Libraries Connected for more digital library services and resources.

7. Talk about books

This is a great way to make connections, develop understanding and make reading even more enjoyable. Start by discussing the front cover and talking about what it reveals and suggests the book could be about. Then talk about what you've been reading and share ideas. You could discuss something that happened that surprised you, or something new that you found out. You could talk about how the book makes you feel and whether it reminds you of anything.

8. Bring reading to life

You could try cooking a recipe you've read together. Would you recommend it to a friend? Alternatively, play a game where you pretend to be the characters in a book, or discuss an interesting article you've read.

9. Make reading active

Play games that involve making connections between pictures, objects and words, such as reading about an object and finding similar things in your home. You could organise treasure hunts related to what you're reading. Try creating your child's very own book by using photos from your day and adding captions.

10. Engage your child in reading in a way that suits them

You know your child best and you'll know the best times for your child to read. If they have special educational needs and disabilities (SEND) then short, creative activities may be the way to get them most interested. If English is an additional language, encourage reading in a child's first language, as well as in English. What matters most is that they enjoy it.

NEWS FROM THE PARISH COUNCIL

The Meeting of the Parish Council was held virtually via the Zoom platform on Monday the 13th of JULY 2020. Ten Councillors attended.

See-saw and climbing frame at the playing field to be repainted. New matting underneath climbing frame to be sourced. Suspended step to be repaired on multiplay area and cable wire to be re-tensioned by Playmaintain. Concrete slab will be laid for bench which was originally situated on Bell Street. This now has a memorial plaque in place on it and has been dedicated to Mr Peter Cooper for his 26 years served as Parish Councillor. Prices to be obtained for repairing concrete area under teen shelter and near Changing Rooms. New noticeboard to be purchased to replace existing one at the car park entrance to the field. Vehicle access gate onto playing field from car park to be widened to meet current legislation.

New bus shelters to replace those on Bell Street and High Street have been purchased. Installation dates are provisional until Notice of Works has been approved by Norfolk County Council but Bell Street will be installed w/c 31st August and High Street 14th September. Work will take about five days per shelter. These have been purchased via the Parish Partnership Scheme run by NCC whereby they pay 50% of the cost. New bids are now being invited for 2021/22.

Cllr Martin Storey said Borough Council meetings are being held virtually. The first full Norfolk County Council meeting is taking place virtually on 20th July 2020 and will be broadcast live.

Repair work to take place on Memorial Garden in due course by S P Landscapes.

New litter bin purchased to replace existing at the entrance to Addisons Close.

Annual Governance & Accountability Return for 2019/20 has

NEWS FROM THE PARISH COUNCIL

been approved and sent to the external auditors. The ‘Notice of period for exercise of public rights’ is on the noticeboard and website.

Painting of SLOW road markings on Bell Street and High Street will hopefully take place later this year, weather permitting. Highways work has all been delayed due to Covid-19.

Street light maintenance contract to be renewed with K&M Lighting.

Next meeting is to be held on Monday 14th September 2020 at 7.30 pm. It is not sure yet whether this will be a virtual meeting but details will be displayed on the noticeboard and website at least three clear days of this meeting. All are welcome.

Bomber Airfield Logistical - Answer

	RAF Feltwell	RAF Mildenhall	RAF Methwold	RAF Marham	RAF Downham Market	Wellington	Lancaster	Mosquito	Halifax	Sterling
8pm		X				X				
8:15pm		X					X			
8:30pm	X							X		
8:45pm				X						X
9pm			X						X	
Wellington			X							
Lancaster		X								
Mosquito	X									
Halifax				X						
Sterling					X					

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Fri & Sat

11:30am to 1:30pm & 4:30pm to 8:00pm

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MEMBERS**