

April 2026

# FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY

**Does this community  
magazine have a future?  
Please see page 27**



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Curios & Scams & Reports  
And much more inside incl. our  
usual puzzles**

## **FELTWELL ORGANISATIONS**

List maintained by Paul Garland.

Alveva Quilters	Sharon Burbridge	01366727002
Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell United Football Club	Neil Edwards (Secretary)	07391866914
Feltwell United Youth Football Club	Kate Collins	07888847452
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
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Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Associate Priest of St Mary's	Revd. Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: <a href="mailto:clerk@feltwellparishcouncil.gov.uk">clerk@feltwellparishcouncil.gov.uk</a>		828383

Parish Council website: <https://feltwellparishcouncil.gov.uk>  
Feltwell's History Website can be found at <http://www.feltwell.net>

## **Deadline for the next issue is 14<sup>th</sup> April 2026**

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),  
Email: [garlandp@btinternet.com](mailto:garlandp@btinternet.com)

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Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.



**Edmund De Moundeford**  
**Voluntary Controlled Primary School**

**"Soaring to success"**

**A Good School!**  
July 2013, May 2017  
and November 2022

## Celebrating Creativity and Community at Edmund de Moundeford Primary School

Edmund de Moundeford Primary School has enjoyed a lively and uplifting half-term, filled with imagination, shared experiences, and a strong sense of belonging across the whole school community.

### World Book Day: A Vocabulary-Inspired Celebration

World Book Day was celebrated on **Friday 6th March**, and the school was transformed into a vibrant display of characters and vocabulary-themed costumes. Children and staff were invited to dress either as a book character or as a word, helping to deepen vocabulary understanding in a fun and memorable way.

Some of the standout costumes included:

- **Miss Stevenson**, beautifully decorated with flowers and leaves to represent the word *botanical*.
- A child from **The Goldfinch** class, wrapped in bubble wrap and packaging to illustrate the word *fragile*.
- A wonderfully crafted **cardboard Titanic**, proudly made at home.
- **Dorothy** from *The Wizard of Oz*, chosen to represent the word *kindness*.

Parental engagement was excellent, with families clearly putting thought and creativity into the children's outfits. One of the highlights of the day was the opportunity for pupils to share their favourite books with children from other classes, sparking conversations, recommendations, and plenty of excitement about

*Continued over page*

## ADVERTISING RATES

Full page—£240 per year or £24 per month

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Eighth page—£30 per year or £3 per month

Our advertising year runs 1st Apr to 31st March

If you would like to place an advert in this magazine please  
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Email: [jean.winter@gmx.com](mailto:jean.winter@gmx.com)



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reading. Every child also received a World Book Day book token to continue their reading adventures at home.

### **Wacky Hair Day: Ending Children's Mental Health Week with Joy**

Another memorable event this half-term was **Wacky Hair Day**, held to conclude Children's Mental Health Week. This year's theme was *belonging*, and pupils explored what it means to feel part of a community while expressing themselves through imaginative and colourful hairstyles. The day brought plenty of smiles and showcased the individuality and creativity of our pupils.

Both events highlighted the enthusiasm, community spirit, and supportive environment that make Edmund de Moundeford Primary School such a special place to learn and grow.

**An Important Addition to Last Month's article.** The school's Times Table champion was simply named as A as the parental permission email ended up in the junk folder! The school wishes to apologise and recognise **Amelie** as the **Times Table champion**.

### **Stay Connected**

For updates on upcoming events, celebrations, and successes across the school, families are encouraged to follow **Edmund de Moundeford Primary School on Facebook**.

### **SUBSCRIPTION INFORMATION**

If casual readers would like all future issues of this magazine delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.  
March 26-March 27—£5 (12 issues, 2 free).  
All subscriptions below 11 copies are pro rata.

**DID YOU  
KNOW?**

**A greyhound can run 35mph for about seven miles, while a cheetah can run 70mph for 30 seconds**



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Covering Feltwell and the surrounding area

To discuss further please email me at:

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# PLUMBER

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## WHEN THE BODY STARTS SAYING YES AGAIN

April is a much more reassuring month than March.

March tends to be enthusiastic but slightly unreliable. The sun appears briefly, spirits lift, and suddenly half the village decides it's time to get moving again. Walking boots emerge from cupboards, gardening gloves reappear, and someone confidently announces they're "back on it now".

Unfortunately, the body sometimes receives this news a little later. April, however, is when things begin to settle down.

By now the garden has usually had its first proper attention. Lawnmowers have been coaxed back into life. The phrase "I'll just do this quickly" has already turned into several hours outside more than once.

Many gardening jobs begin exactly like that and end with someone standing up slowly and wondering when their knees started sounding like a bag of gravel.

The interesting thing is that something quite helpful is happening inside the body during these early weeks of spring.

After a few weeks of gentle activity, your joints begin to trust you again.

The human body is remarkably adaptable. When movement returns gradually, digging a little, walking a little, lifting a little the muscles wake up first. Soon afterwards the quieter structures begin to respond. Tendons strengthen, ligaments become more tolerant, and joints regain confidence in movements they were designed to do.

In other words, the body quietly starts reinforcing itself.

This is why tasks that felt slightly stiff in early March often feel much easier by April.

Of course, Easter arrives in the middle of all this activity, bringing family visits, the occasional chocolate egg, and the pleasant realisation that spring is genuinely underway. Easter also has a curious effect on the human body. It introduces chocolate into the diet while simultaneously encouraging long walks to "balance things



Q. Do you know what Borborygmi is?

Borborygmi is the noise that your stomach makes when you are hungry.

## Friends of Feltwell Playgroup



Support your local playgroup by joining our 100 Club for a chance to win a monthly cash prize. For more information

email: [friendsoffeltwellplaygroup@gmail.com](mailto:friendsoffeltwellplaygroup@gmail.com)

Follow us on Facebook and Instagram to keep up to date with our upcoming events including Princesses, Pints & Plaits, Pottery Painting, and our Summer Activity Kits.

Thank you for continuing to support our village playgroup.

The "Street Piano" is available every day from dawn til dusk in the Methodist Chapel entrance. Come and dance those fingers over the keys!

**JEM PROPERTY  
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out”, which is a perfectly respectable seasonal arrangement. The body responds best, however, not to heroics but to repetition. Twenty minutes of activity several times a week will strengthen joints far more effectively than one determined afternoon followed by two days of moving around like an elderly cowboy.

A useful guide is what I call the next day test. If you feel pleasantly worked but perfectly mobile the following morning, you have done exactly the right amount. If putting socks on requires careful planning and a deep breath, your enthusiasm may have slightly outrun your preparation.

Another quiet habit worth introducing is something surprisingly simple. Standing up from a chair without using your hands. Do it a few times each day and you are strengthening your legs, hips and balance all at once, which, as it happens, are the very things that allow people to stay active and independent for many years.

None of this needs to be dramatic.

In villages like ours, health rarely comes from heroic fitness programmes. It usually comes from ordinary movement repeated over time: gardening, walking, lifting, bending, carrying and generally getting on with life.

March wakes the body up.

April is when it quietly starts getting stronger.

Before you put the kettle on, you might like to try an experiment.

### **The Feltwell Fitness Test – April**

While the kettle boils, stand on one leg.

Change legs halfway through.

If you can manage about twenty seconds on each leg without wobbling like a wind-blown scarecrow, your balance is doing nicely. If not, don't worry, balance improves surprisingly quickly when it is practised a little and often.

Just perhaps avoid trying it while carrying a tray of tea.

Your joints will thank you for it.

Helen Goddard-Nickolls

## The Great Feltwell Silent Disco at St Mary's Church

Join us on Saturday 9th May for a Silent Disco fundraiser supporting the Feltwell Food Pantry and PLUS Pre-Loved Uniform Shop.

**Family Session: 2-4pm**

Family Ticket (2A & 2C) £15

Adult £6 - Child £3



**After Dark (18+): 8pm-late**

Ticket £8 (ID Required)

**Food, bar and accessories available.**

Tickets are available online. Follow our event on Facebook for more details and from The Wellington, Edwards Café, PLUS and the Food Pantry.

## News From Edmund de Moundeford PTA

A huge thank you to everyone who has supported the PTA so far this year.

We are especially grateful to those who have helped with our woodland and pond work at the school.

We are excited to continue supporting the school and creating opportunities that benefit our pupils and wider school community.

*Helping our school thrive.*



## AND ANOTHER THING

*Oh dear, Fred is back on his soapbox again. And this time his target is Net Zero and Global Warming. If you have an opinion on this topic or just wish to write a rebuttal please send it to me by email to [garlandp@btinternet.com](mailto:garlandp@btinternet.com).*



Before I stand down from my familiar elevated position, and whilst I might still have your attention, I thought I would present some information that might just support my views on the matter of Global Warming and Ed.Netzed. and maybe encourage you to give the subject some thought for a few moments.

After all, what good is a Yorkshireman, if not to be a sounding board for those who want someone to blame for it all?

Me, for irritating you with my humble unbiased opinions on world affairs? The Secretary for Energy Security, for making sure we all sleep easily in our beds? Or maybe God, for starting it all, in the first place?

Whoever you might consider is to blame, I think you should just take a few moments to share the results of my foray into the depths of the interwebnet, before you blame me entirely for your unease.

From the start, I've never been able to understand why we (the UK) should be 'leading the World' on the matter of Global Warming. I have to accept (sort of) that my friend's assertion that the world is warming up, because he is an intellectual, and the charming weather girls also tell us it is so. What I fail to understand, however, is why does the Secretary for Energy Security have to drive a great number of our population further into abject poverty, in the process of reaching that obviously unattainable Net Zero carbon emissions target he is so obsessed with?

Please read the following, before you form an opinion, and maybe

FELTWELL BOWLS CLUB

# COFFEE MORNING

## BOWLS OPEN MORNING

Saturday 25th April 2026



10am to 12 noon  
at the Royal British Legion  
Long Lane, Feltwell, IP26 4BJ  
All proceeds to Feltwell Bowls Club

you will understand what I'm getting at. It's all a matter of figures and comparisons, and I feel that the numbers speak for themselves. Whilst the mission is as noble one, is it going to achieve anything worthwhile in the end? Are Ed Milliband's efforts going to make any difference in the World-wide scheme of things, even if he does achieve Net Zero?

So, for the facts and figures. At the last count, the UK is a relatively small nation, with an area of some 243,610 square kilometres, supporting a population of 69 point three million, representing less than half of 1% of the World's populated area and density. The UK is one of the smallest nations across the world, and there's every chance that we will be among the poorest when Ed reaches his goal. The only credit we can claim is that we are trying to achieve what the world needs, whilst the world's biggest polluters appear to be taking no action at all. They are pulling oil and gas out of the earth, in support of their industries and population, while Ed plans to turn the taps off completely, resulting in a half per-cent reduction in the World's pollution levels!?

Our coal mines disappeared long ago. Whether that was a wise move, who knows, but vast seams of coal are still there, and could be retrieved by machines.

Certificates for oil and gas exploitation are not being awarded, leaving us to import both from near and far, whilst huge amounts of both are still available beneath the South Wales shale and the bed of the North sea.

Oil refineries, steel works and power stations which depended on any one or all three for their electricity have themselves disappeared or stand idle, while we wait for nuclear power stations, which take decades to plan and build and are clean, but hideously dangerous nonetheless.

We are in this position because of decisions, right or wrong, made by successive governments, who apparently 'knew best' at the time, and were swayed by scientific opinion, 'who knew best' at the time, and, of course, the ballot box!

We have hospitals falling down around their staff and patients, not

Do you feel modern technology is leaving you behind?

Would you like to brush up your skills?

If so, why not drop into the sessions below?



**Extra sessions added for 2026:**

**3rd April**

**10-12pm at St Mary's church.**

**Refreshments provided.**

- Do you need to book appointments, buy things online and apply for jobs, but you've run out of credit and your phone screen is too fiddly?
- Have you got a smartphone, but think you might not be getting the best out of it?
- Do you wonder if you're missing out because you're not on the internet?
- Are you worried about staying safe from online scams?
- Do your kids need to do their homework, but you haven't got a laptop or the internet at home?

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Call 01485 536420 or 01493 448246, Monday to Friday from 9am to 5pm and speak to a Community Tech Coach, or leave a message, and we'll call you back.

If you're online already, fill in our contact form: [www.norfolk.gov.uk/TechSkillsForLife](http://www.norfolk.gov.uk/TechSkillsForLife)

expected to be replaced inside a decade, and house-building projects going ahead despite the fact that those homes will be outside the reach of first-time buyers. We have pot-holes destroying our transport system, and farmers who are reaching the point of desperation because they can't afford to feed us.

Our Government is expecting us to understand and support this Net Zero plan, which was probably thought up by someone pillock who simply did not know what they were starting. They want us to support Net Zero, whilst the world's major polluters are happily exchanging pyrotechnics with wild abandon, and doing nothing to reduce their carbon footprint. They're joking, right?

I'm not a religious person. I have no belief, but I am not an atheist, and I do trawl the Bible from time to time. In Mathew 5;5, I found the following:

“Blessed are the meek, for they shall inherit the earth!”

The way I look a it, there isn't going to be much for them to inherit, the way things are going, however meek they are.

We've got World leaders doing their best to destroy the Earth, now that Comet 31/Atlas has passed us by. (Well, someone has to do it, don't they?), and the Secretary for Energy Security hell-bent on adding to our misery in the process.

So, there you have it. An unbiased opinion on a subject that is of concern to all of us. Well, some of us. A few of us? Maybe just me, then.

\*\*\*

If anyone has a subject they would like me to discuss in my usual, unbiased manner, you only have to let me know through our Editor, Paul. But not through my window with a brick attached, if you don't mind!



*When writing an essay in an examination hall it is easy to make mistakes...*

After several years his business began to flush.



# St Mary's Feltwell

Wishes You A Very Happy Easter

## CONTACTS

### Churchwarden

Chris Parker  
01842 827152



[cmparker@talktalk.net](mailto:cmparker@talktalk.net)

### Benefice Administrator

Fiona Hearn 07811 782316  
[wisseygrimshoebenefice@gmail.com](mailto:wisseygrimshoebenefice@gmail.com)

St Mary's is part of **Grimshoe Benefice:**  
St Andrew's Northwold, St James' Hockwold, & St Mary's Weeting

**Grimshoe Benefice** is joined with **Wissey Valley Benefice:**

Barton Bendish, Beechamwell, Boughton, Methwold,  
West Dereham, Wereham, Whittington,  
Wretton with Stoke Ferry

### TO ARRANGE, WEDDINGS, FUNERALS AND HOME COMMUNION

Please contact:

Fiona Hearn 07811 782316

[wisseygrimshoebenefice@gmail.com](mailto:wisseygrimshoebenefice@gmail.com)

### TO ARRANGE BAPTISM

Please contact:

Tammy Wright 07717 507665

[grimshoebaptism@gmail.com](mailto:grimshoebaptism@gmail.com)

## CURIOS ARE BACK! No 11

All of these old curios and objects come from the collection of Paul Blackmur of Fritcham. The idea of a column in this magazine came from Robert Walden.

Answer to last month's Curio.



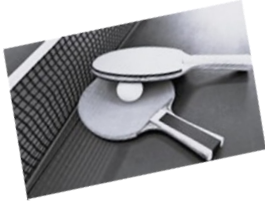
This device, made by the Salter company, would have hung in the kitchen fireplace with a joint of meat hanging over the fire. The joint would have been turned to and fro until either it was properly cooked or the mechanism needed rewinding. Fully wound, the mechanism could continue turning for up to thirty minutes.



*Congratulations to Frederick James who*

*successfully identified this curio. He assures me he only used Google to confirm his suspicion. And Colin Clements, 24hrs later, who stated*





## **MONDAY and TUESDAY CLUBS**

Table Tennis is now up and running every  
**Monday at 7.00pm and Tuesday from 1.45**  
**at the Methodist Hall, Feltwell.**

Any skill level or none. Just come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

**Pool and Snooker NOW available.**

## **THURSDAY CLUB**

**On your own? New to the village?**

**Want to meet other people?**

Then come and join us.

**Thursday 10am -12.noon** at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our  
**Warm Space.**

Oh, and we do refreshments.

**TOTALLY ACCESSIBLE PREMISES**

*that it took him two minutes on Google! Ummm.*

**This months curio.** This hollow copper globe is about the size of a melon and I am reliably informed that it is Georgian –i.e. probably over 250 years old. It rotates on its horizontal axis by turning the



handle at one end while a removable cover at the other end allows access to its interior. It sits above a crucible-like copper dish.

But for what purpose? Answer next month.

*If you'd like to email me if you think you've worked out what this curio was used for my address is [garlandp@btinternet.com](mailto:garlandp@btinternet.com). Please use CURIO in the Subject line. If you get it right you can bask in the fame when I publish your name next month. Try not to use Google. Paul.*

### **Feltwell Dispensary NEW Opening Hours**

Monday: 08:30-12:00, 14:00-18:00

Tuesday: 07:30-12:00, 14:00-19:00

Wednesday: 08:30-12:00, 14:00-18:00


Thursday: 08:30-12:00, 14:00-18:00

Friday: 08:30-12:00, 14:00-18:00

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You can order your medication or ask any queries regarding your medication online via our website:

[www.feltwellsurgery.co.uk](http://www.feltwellsurgery.co.uk) or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

A warm welcome from  
**St Mary's to our Services across the  
 Benefice. Find us on  St Mary's Feltwell**  
**For details of other services in the  
 Benefice please visit: [achurchnearyou.com](http://achurchnearyou.com)**



Maundy Thursday 2nd April	Tenebrae Maundy Service	7pm 7pm	Barton Bendish Wereham
<b>Good Friday 3rd April</b>	<b>Stations of the Cross Burial of the Cross</b>	<b>10am 5pm</b>	<b>Feltwell Northwold</b>
Easter Saturday	Easter Vigil	7pm	Boughton
<b>Easter Day 5th April</b>	Eucharist Eucharist	9.15am 11am	Hockwold Northwold
12th March	Service of the word Eucharist	9.15am 9.30am	Hockwold West Dereham
<b>19th March</b>	<b>Eucharist</b>	<b>9.15am 11am</b>	<b>Feltwell Weeting</b>
26th March	Eucharist Eucharist	9.15am 11am	Hockwold Northwold

**Other happenings at St Mary's Feltwell:**

**Food Pantry Open**

Tue 9-10am, Weds 9-11:30am & Sat 10-11am

**Every Wednesday come for a warm welcome, tea,  
 coffee and cake and good company.**

Internet available and help to use it.

Community Information Point.

Borough Services.



**WISHING YOU ALL A VERY HAPPY EASTER FROM THE  
 TEAM AT ST MARY'S**

### **Scam Alert - Employment scam cold calls**

We are warning residents about telephone cold calls making claims about employment opportunities.

Recent reports have included recorded message calls which come from a UK mobile number which state 'I'm from Indeed human resources wanting to discuss a role with you' the message goes on to ask you to 'please add my number on WhatsApp'.

Often with employment scams, if contact is made the scammer will start by asking for personal information 'to confirm identity', may ask for a CV to be sent or will send a questionnaire to complete. Providing too much personal information can put you at risk of further scams or identity theft, you should be very wary if asked to provide the following:

- Your full date of birth
- Full address
- Passport number
- Driving licence number
- National Insurance number
- Bank account details

Other employment scams may ask for fees to be paid upfront to cover administration, background checks or travel.

You can report Nuisance calls and messages received to the Information Commissioner's Office (ICO) via the ICO website

### **Scam Alert - Emails claiming to be from Apple**

We are warning residents about scam emails circulating claiming to be from Apple stating that 'your iCloud storage is full' and warning that 'your photos and videos will be deleted and you may be unable to send or receive email'.

The emails, which are branded and designed to mimic genuine emails from Apple, go on to say that you must 'upgrade your account' via a link in the email or your account 'will be deactivated and all photos and videos will be removed'.

These emails are not genuine and anyone following the link will be taken to a phishing website which will attempt to gather personal, Apple ID account and financial information.

Our advice is always to be wary of claims made in unexpected email approaches and never click on links or open attachments if approached like this.

### **Scam Alert - Be aware for fake 'celebrity imposter' scams online**

We are warning residents about 'celebrity imposter' scams online which



# Cold War History Day

## West Raynham SHQ at NR21 7PL

Sunday 24<sup>th</sup> May 10 a.m. to 3 p.m.

In addition to viewing this Cold War Station Headquarters (SHQ) building and having an opportunity to join a Guided Tour of RAF West Raynham, the day includes:

- Hunter and Canberra cockpits open
- Jet Engine display
- Bloodhound missile display
- Police Dog display (TBC)
- Wargaming displays (participation)
- Small Arms display
- Short talks and discussions including:
  - Ejection Seats: development and use
  - Bloodhound: development and deployment
  - British Nucs: Deterrence or Destruction?
  - EOD: Tales from the front line
  - Cold War Veterans Q&A panels (Army, Navy, RAF)
- Military vehicles and groups
- Royal Observer Corps (ROC) display
- **GUIDED TOUR OF RAF WEST RAYNHAM**
- **Canberra Reunion.**
- **Bloodhound Reunion.**
- 2<sup>nd</sup> hand military book shop
- Bookshop: hundreds of new books at very low prices
- Café
- And more .. the programme is continuing to develop



Information: [info@veteranscentral.co.uk](mailto:info@veteranscentral.co.uk)



West Raynham SHQ – Veterans Central

Charity #: 1208763

frequently attempt to obtain money via gift cards.

Report Fraud, the UK national body for fraud reporting, believes frauds involving gift cards has increased by 25% over the past two years. Figures from them show that they had 9,386 reports of gift card fraud in 2023-4 with more than £18.5 million lost.

These scams often involve impersonators on social media who build trust with victims over time before requesting funds for fabricated emergencies, competitions, investments, or 'exclusive' fan experiences.

Common celebrity imposter scams involving gift cards include:

'Fan Cards' and VIP Memberships: Scammers pose as celebrities, often actors or musicians on platforms like Facebook, Instagram, and Telegram, claiming that fans must purchase a 'VIP Member Card,' 'Fan Access Card,' or 'Fan Card' to receive a private meet-and-greet, chat, or gift.

Romance/Friendship Scams: Criminals build a fake relationship, sometimes posing as a celebrity, and create a bogus story for why they need urgent financial help, often requesting gift cards because they are untraceable.

Fake Competitions: Scammers pose as celebrities claim that fans have won prizes in fake online competitions with payments needed in gift cards to access the fictitious prize.

Fake Investment Schemes: Fraudsters use fake, celebrity-endorsed, or "get-rich-quick" investment opportunities, promising high returns on crypto or stock investments to steal money directly.

Payments by gift card are becoming more frequent in these scams because:

Instant Cash: Gift cards function as untraceable, instant cash.

No Recovery: Once the gift card number and PIN are shared with a scammer, the money is gone instantly and is almost impossible to recover.

Persistence: Criminals often pressure victims, sometimes staying on the phone with them while they purchase the cards in shops.

Remember, follow these steps to protect yourself:

Celebrities Do Not Ask for Money: Real celebrities will never ask for money, gift cards, or payments for 'fan memberships'

Check Verification: Only trust verified, blue-ticked social media accounts. Anyone can place a fake checkmark in their profile picture.

No Direct Messages: Celebrities do not use direct messages to ask for money or to start personal relationships.

Report Scams: Report fraudulent profiles to social media platforms, or Report Fraud.

# FELTWELL LODGE

## RESIDENTIAL CARE HOME

Lodge Road, Feltwell, Norfolk IP26 4DR



**Feltwell Lodge** is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

**For Brochures please phone: Mr Paul Hanley RN  
or Mrs Sandra Hanley RN**

**01366 728282**

Website: [www.feltwelllodge.com](http://www.feltwelllodge.com)

E-mail: [feltwelllodge@hanleycarehomes.com](mailto:feltwelllodge@hanleycarehomes.com)

Never Pay with Gift Cards: If someone asks you to pay for something with a gift card, take it as a scam warning sign.

If you've lost money or provided financial information as a result of any potential scam, notify your bank immediately and report it to Report Fraud via their website or by calling 0300 123 2040

### **Scam Alert - Fake DVLA emails**

We are again warning residents about fake communications which claim to be from DVLA.

This follows recent reports of emails circulating that state your 'vehicle tax payment has failed' before going on to claim that you could be 'fined up to £1,000' if payment is not made on time.

These emails are **not** from DVLA, anyone clicking on the 'update now' link provided in the text will be taken to a fake version of the DVLA website which will attempt to gather personal and financial information.

If you receive an email you are suspicious about, or think is a scam, you can report it to the National Cyber Security Centre by forwarding the message to [report@phishing.gov.uk](mailto:report@phishing.gov.uk).

### **Scam Alert - Rogue buyers on Facebook Marketplace**

Facebook Marketplace can be a great place to buy and sell goods and services, however, unfortunately the platform is also seen as a hunting ground for scammers. Scammers are there selling non-existent, fake and dangerous goods, but there are also there to try and prey on those selling products.

If you are selling on Facebook Marketplace, look out for these red flags:

- Refusing to meet up in person

- Moving conversations outside of Facebook Messenger

- Asking for items to be shipped before payment is received

- Buyers providing a prepaid shipping label

- Buyers overpaying then asking for a refund of the difference

- Messages claiming you need to pay a fee to 'upgrade your account'

- No profile picture

- Requests for your phone number or other personal information

Payment scammers pose as buyers who ask to purchase an item and claim to have sent a payment. They may send a counterfeit cheque, use a fraudulent payment method, or claim to have overpaid and request a refund for the excess amount.

Payment scammers might also exploit sellers by using payment methods that

can be easily cancelled after an item has been posted or delivered.

Even in person the scammer will try to exploit a payment via a banking app buy showing the transaction on their own mobile device. Always wait for the payment to have cleared before allowing the buyer to leave with the item.

Here's a quick summary of ways to stay safe when selling on Facebook Marketplace:

Deal with local buyers whenever possible

Avoid sharing personal information unless absolutely necessary

Use secure payment methods like PayPal or cash-on-delivery

Check comments under listings for warnings from other users

Report suspicious buyers to Facebook



## **The Food Pantry, Feltwell**

### **WHO ARE WE?**

**We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.**

**We run a membership scheme for a one-off charge of £3.50**

**For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.**

**We can also provide crisis packages for those in need, free of charge with the help of public donations.**

**You can find us at St Mary's Church, Feltwell.**

### **OPENING TIMES:**

**Tuesday 9AM—10AM**

**Wednesday 9AM – 11:30AM**

**Saturday 10:00AM – 11:00AM**

**For more details visit our Facebook Page or call 07454 259280**

## DOES THIS COMMUNITY MAGAZINE HAVE A FUTURE?

The answer is yes for the coming year, but there are a couple of small clouds on the horizon. Let me explain. Since 2012 the cover price has been 50p and we printed 56 pages. Since then the magazine has grown to 80 pages but the cover price has remained the same. We were able to do this because we had a steady increase in advertising and were able to match page for page with extra content. As the cost of printing rose steadily throughout we increased advertising costs accordingly. All was rosy in the garden. But, as I write this, we have had a dramatic fall in advertising income for the coming year of around £3000. Each copy costs 88p to print. To compound the situation subscriptions have fallen from a high of just over 400 in 2022 to 360 last month. I can't say if income for the coming year will cover the printing costs at the moment but if advertising doesn't pick up I think it will be touch and go. As the main purpose of this magazine is to raise funds for village organisations to be able to tap into as well as to support St Mary's it is becoming increasingly difficult to fulfil this aim. One thing I was hoping to do this year was to purchase some additional blood pressure monitors for the surgery to lend out to patients, apparently there is never enough. This hope is rapidly fading.

So, how do we make the future more certain? The next 12 months is guaranteed as subscriptions are already being collected but, if you know of anyone whose business would benefit from wider advertising, please let them know about the magazine, after all we reach 360 households each month **AND** to ask what your opinion is about raising the cover price to 70p in 2027, if the advertising revenue fails to recover sufficiently. Clearly, we would increase the cost of advertising but this might drive more away. It's a catch 22.

The eagle-eyed amongst you will spot that I've reduced the page count to 76 by removing the 'public service' adverts which we carried for free. We do **NOT** charge for advertising village events like Craft Fayres and organisations such as the Food Pantry and PLUS.

Please let me have your thoughts on this issue by contacting me at the details on the inside front cover. Thank you for your attention.

*Paul*

# FREEDOM RECYCLING

**Moving home, having a tidy-up, renovating your home or garden?**

**Then a skip might be just what you need!**

**Why choose Freedom Recycling?.....**



We are your local, reliable, family run business (Est. 2005)

Our Domestic & Commercial use skips range from 4yd to 40yd roll-on roll off bins

Avoid the risk of fly tipping. Environment Agency Licensing means all of our waste streams are fully traceable

We give you the most Competitive Pricing - when you call us directly you get 'our' price, not a brokers!

Prompt & Friendly Delivery

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Wait & Load ~ Farm Waste Recycling ~ Various Hire Durations on Request

**We make contacting us easy too!**



**01842 828888**



**admin@freedomrecycling.co.uk**



**https://freedomrecycling.co.uk/**



**Messenger**

## Breckland Branch



A cat's whiskers are highly sensitive hairs that detect subtle changes in air currents, pressure and nearby objects. They act like antennae, constantly sending sensory information to the brain. When a cat's whiskers repeatedly brush against objects such as the sides of a deep or narrow bowl, it can lead to sensory overload. This may cause stress or discomfort, which is referred to as whisker fatigue.

When cats move the food from their bowl, they sometimes grab a piece of food and drop it next to the bowl to eat, it is a sign that they are finding their food dish uncomfortable to use. By pulling the food out of the bowl, they can eat in comfort without having their whiskers constantly rushing against the sides. Similarly, if the food is too close to the edge of the bowl, it is impossible to eat without their whiskers pressing against the sides. Investing in a new food bowl might be beneficial, as the shape and depth of your cat's current bowl could be causing discomfort. Whisker fatigue remains a debated topic with limited scientific research and some cats may still prefer to bring food out of the bowl, even when using a whisker friendly bowl.

Many cat owners observe significant improvements when using wide, shallow bowls designed to minimise whisker contact. Ceramic bowls are a good choice, but also consider trying a more whisker-friendly shape.

Humans and cats don't speak the same language, but with a little time and effort you can learn to understand what they are telling you. Purring is generally seen as a sound a cat makes when it is happy. Also, body language can be used to ward off enemies – they make themselves look bigger by fluffing up their tail, arching their back and standing sideways on. Kneading is a sign of contentment, thought to have come from feeding from their mother and using the kneading technique to get the mother's milk to flow faster. Tail movement is also one of the tell-tale signs of how they are feeling. Held high means they are happy and content. Wagging, irritated,



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1921 - 2021

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not happy. Fluffed up, scared and rapid flicking means they are agitated. Ear movements are also used – standing erect, they are alert, pointing forward, curious, and pointing back means they are feeling nervous or threatened.

For help or advice, or if you need help with the cost of neutering, please call us on 01842 810018.

Rita Thompson.

## Having a party?

Don't have enough plates, dishes, glasses or cutlery?  
Contact Sue Garland 827029 or Chris Parker 827152.

St Mary's Church can loan you all of the above  
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

## Pre-Loved Uniform Shop



Affordable school uniform for Edmund de Moundeford

Primary pupils.

Open Mon–Fri 3–3.30pm (term time).

### April is our birthday month!

- Enjoy 3 for 2 across the whole shop.
- Every purchase in April enters our birthday prize draw.
- On 23rd April, our birthday, every purchase receives double entries.

3 winners will receive a £10 voucher!!!

*Reuse. Rewear. Relove. That's a PLUS!*

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**COVID-19: As an essential Business we are open and operating with Covid-19 guidelines in place**

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Mobile: 07951 206602

Email: [mjhgs88@gmail.com](mailto:mjhgs88@gmail.com)

## NEW SEND SCHOOL FOR WEST NORFOLK

From : [terry.jermy.mp@parliament.uk](mailto:terry.jermy.mp@parliament.uk)

In the weeks since my last column, I have received the amazing confirmation that a new Special Educational Needs and Disabilities (SEND) school will be opening at Ryston End in Downham Market using £20 million in Labour Government funding.

Through my work as a youth worker prior to becoming an MP, and my experience in local government, I was acutely aware of how urgently more SEND provision was needed in West Norfolk. It was for this reason I set out to hire a SEND Specialist Caseworker to form part of my team – one of only two MPs in the country to do so.

Since the election, I have been lobbying the Government to fund a new SEND school and was thrilled when they announced £20 million in funding to do so in December. However, the choice for how to spend that money – be it on building a new SEND school or on creating more places in mainstream settings - was left with Norfolk County Council to decide.

In January, I launched a community campaign, calling on the Council to commit to the new SEND school. For too long, West Norfolk has suffered from a lack of SEND provision, which has resulted in children being forced to travel many hours for their education every single day. In many cases, children are stuck in entirely unsuitable



settings or receiving no education at all.

Almost 800 residents joined my campaign, resulting in the Council approving the decision. Thank you to everyone who supported the campaign. This is a victory for West Norfolk families, and most importantly, a victory for our children.

Also, over the last couple of



Methwold Theatre Club



*Radio Play on the*  
**Murder at  
Babbington Manor**

**Saturday 9th May**  
**starts at 7.30pm.**

Doors open at 7.00pm  
21 Room, St Georges Hall Complex, Methwold IP26 4NT

*Tickets only £15, includes Ploughmans*

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*from 01366 727526*

*[methwoldtheatre@gmail.com](mailto:methwoldtheatre@gmail.com)*

*[www.facebook.com/MethwoldTheatreclub](http://www.facebook.com/MethwoldTheatreclub)*

weeks, the Government has set out its proposals regarding wider changes to education in the Schools White Paper.

I was particularly keen that the impact of rurality was considered by the Government whilst they were exploring changes to policy, and to help guide their decisions, I held several SEND roundtables for families and schools and conducted two SEND surveys over the autumn.

Through this work, we collected the views of more than 100 South West Norfolk families, and from there, compiled a list of key observations and recommendations which I then presented to the Government earlier this year.

One of the recommendations I called for was mandatory SEND training for all education, health and care professionals, and was delighted to see the Government announce a landmark £200 million SEND teacher training programme.

I also called for better provision locally, which is why the launch of the Government's 10 year plan to revitalise school buildings is so welcome. Children with additional needs and disabilities can thrive at our local schools, but schools need the support and funding to make sure they are inclusive and able to meet the needs of all children.

For years under the previous government, our education system was underfunded, resulting in a lack of suitable and accessible settings, and I am pleased our Labour Government is working to address this.

Separately, another consideration I called for included a push to have farming in the curriculum. As MP for a rural area, farming and the environment are of particular importance to me, and I want to ensure our children are taught about these crucial topics. I regularly visit schools in the constituency and am always so proud of the great work undertaken by our teachers and other educators. I am determined to get them the support needed to allow all of South West Norfolk's children to achieve and thrive.



**NEED A WILL?**

**NEED PROBATE?**

**NEED LASTING POWERS OF ATTORNEY?**

**FUNERAL PLANS?**

Kerland Pitman Ltd are a family run company established in 1990 with offices in Braintree, Dagenham, Chadwell Heath and are now expanding into the Norfolk / Suffolk area.

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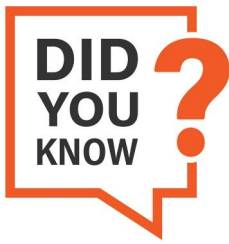
Providing a transparent and tailor-made service to every family at a time when it matters most.



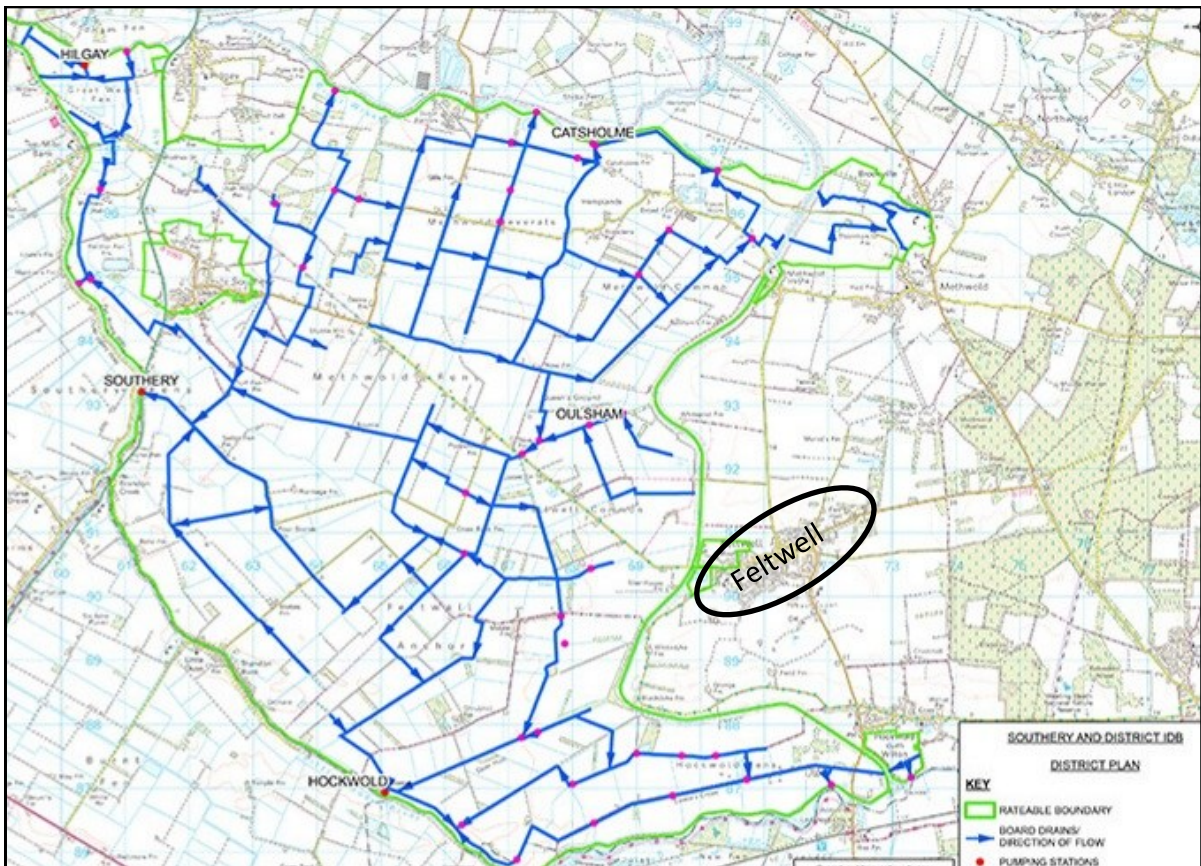
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The Southery & District Internal Drainage Board are a public sector organisation responsible for flood protection and land drainage in the Downham Market area. They are responsible to DEFRA, and work in partnership with local councils, the Environment Agency and other local partners to reduce the risk of flooding to agricultural, residential and industrial land. They carry out continuous maintenance and surveys to ensure water levels are kept at a safe level. This is their area of responsibility.



## BADMINTON IS AVAILABLE AT ST. MARY'S



Wednesday — 1pm to 8pm

Saturday — 9am to 8pm

If interested in playing please email:

[Stmarysbton@gmail.com](mailto:Stmarysbton@gmail.com). Please include your mobile number so you can be added to group chat.

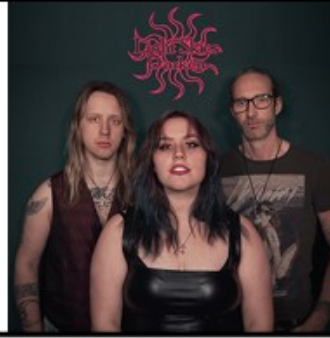
Full instructions on how the court is booked will be emailed to you.



# The Wellington In April



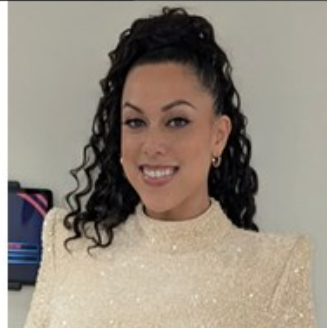
4th **Light  
Skies  
Darken**



9th **THURSDAY NIGHT  
DESSERT TRUCK**



10th *Emily  
Blake*



17th **KENDALL  
COUNTRY  
MUSIC**



25th **Stoli Gibson  
& The  
Pearl Onions**



## EASTER BONNET LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington. *The solution is on p70.*

	Agatha	Esme	Gertrude	Lula	Yellow	Blue	Green	Pink	20 mins	25 mins	30 mins	35 mins
Rabbits												
Chicks												
Flowers												
Eggs												
20 mins												
25 mins												
30 mins												
35 mins												
Yellow												
Blue												
Green												
Pink												

Four Children have made Easter Bonnets match the theme, the time spent and colour.

### CLUES

1. The Bonnet with Chicks took longer than the Pink bonnet.
2. The Yellow Flower bonnet was made by Esme, she took longer than Lula.
3. Gertrude made a Blue bonnet in 30 minutes, 5 minutes faster than the Egg bonnet was made.
4. Agatha didn't make a Pink bonnet and took longer than Lula.



The residents of Castrillo de Murcia, Spain, celebrate the feast of Corpus Christi by jumping over babies. The festival, which is to ward of the devil, began in 1620.



# **TABLE SALE**

**Including  
Crafters  
De-Stock**

## **Saturday**

# **16 May**

**10.00**

# **Community Hall**

**Bell Street, Feltwell**

The **Methodist Church** 

# WORD SEARCH

Submitted by Mrs J. Clements.

This month our word search features **CARIBBEAN ISLANDS**

Find the words from the list below. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

***There is ONE extra word in the list that is NOT found within the grid.***

T	H	E	B	A	H	A	M	A	S	T	A
R	O	P	A	U	G	I	T	N	A	N	T
I	U	O	A	C	A	R	U	C	G	B	S
N	I	S	L	A	N	D	S	U	A	L	O
I	D	Z	A	S	F	R	I	B	J	T	D
D	S	R	R	L	T	L	Y	A	A	O	A
A	T	O	U	L	L	H	M	B	M	O	B
D	M	O	B	A	C	A	L	I	C	K	R
A	A	M	A	A	I	E	N	I	D	H	A
N	R	D	E	C	O	I	R	A	W	P	B
D	T	B	A	S	C	O	K	I	K	I	B
T	I	O	A	A	T	O	R	T	U	G	A
O	N	A	H	R	Q	B	A	H	T	Y	B
B	C	T	E	O	B	B	A	U	H	A	O
A	T	U	A	S	T	U	E	R	D	I	N
G	P	I	I	R	U	E	D	A	T	K	A
O	T	C	C	A	R	N	N	A	G	S	I
F	N	E	U	R	L	E	U	C	I	A	R
D	I	A	L	Y	R	O	S	E	S	Y	E
A	V	A	T	G	P	G	S	T	D	A	I
B	O	N	S	T	E	C	I	R	N	V	B
S	T	V	I	N	C	E	N	T	B	O	B
G	U	A	D	E	L	O	U	P	E	Y	M

ANGUILLA ANTIGUA ARUBA BARBADOS BARBUDA BONAIRE  
 BVI (*BRITISH VIRGIN ISLANDS*) CUBA CURACAO DOMINICA  
 GRENADA GUADELOUPE JAMAICA MARTINIQUE MONTSERRAT  
 PUERTO RICO ST BARTS ST LUCIA ST MARTIN ST VINCENT  
 THE BAHAMAS TORTUGA TRINIDAD AND TOBAGO

*The solution is  
on page 72*

## The Atmere Charity

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to: The Atmere Charity Secretary, 16 Falcon Road, Feltrwell, IP26 4AJ giving as much detail as possible about the need, hardship or distress being experienced.

The applicant **MUST** be a Feltrwell resident.

### **CENTRAL GARAGE**

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Email: DM.Carpentry@yahoo.co.uk



Hello and welcome to April.

As we continue into Spring the garden has started to come alive. With brighter days we now start to look forward to longer days and more gardening hours.

Are you sowing seeds or growing your own vegetables this year? It's a great and rewarding experience for all ages. Why not give it a go?

We have our usual three events this year in Feltwell. Our first event is the Anglo-American Car Show on Saturday 16<sup>th</sup> May followed by Feltwell's Village Fete on Saturday 20<sup>th</sup> June and our Plant Sale on Saturday 12<sup>th</sup> September. We hope you will visit us and say hello.

Please feel free to come to any of our meetings which are held at the Wellington Pub in Feltwell on the 3<sup>rd</sup> Tuesday of the month at 7pm. Come and have a cup of tea or coffee with us, you would be most welcome and we are a friendly bunch with different levels of experience but we all help each other to make our village brighter.

If you have a concern with your garden we are always here to advise where we can.

Contact us on the following platforms:-

Facebook – Feltwell in Bloom

Email: [feltwellinbloom@yahoo.com](mailto:feltwellinbloom@yahoo.com)

Or phone Rita on 07785345614



If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at [garlandp@btinternet.com](mailto:garlandp@btinternet.com) or post it through my letterbox.

# Walking on Air

07596157826

D.T.Byrne MCFHP MAFHP

Walking-on-Air, Unit 4, Harvey Adams Enterprise Centre, Wimbledon Avenue, Brandon, Suffolk, IP27 0NZ

## Foot Health Professional

Long nails, Corns, Callus, Hard skin, Cracked Heels and Fissures, Fungal Nails, Ingrowing Toe Nails (Home or Clinic visits available) Diabetic Foot Care

Gift vouchers available



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Why pay for employed staff when we can carry out the work for you. Let us take away the stress!

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# **FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN**

**Free Wi-Fi every day our doors are open—Mon/Tues/Wed/Thurs.**

Want help filling forms, benefit claims, housing forms, driving licence renewal, Blue Badge applications, powers of attorney, report a crime online etc. come into a quiet space, grab a cuppa and have help on hand. Look for our open sessions or **give us a call to arrange to meet.**

## **GET ACTIVE IN FELTWELL MONDAY & TUESDAY CLUB**



Methodist Hall, Bell St, Felwell

Table Tennis, Pool, Darts, Snooker,  
Skittles, etc

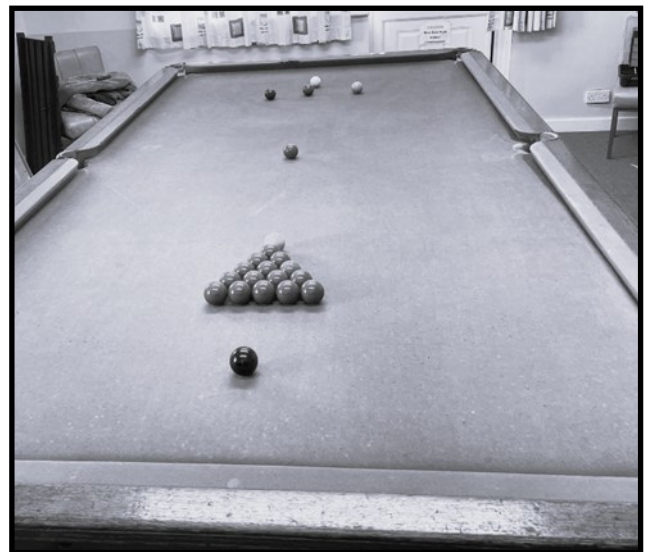
Monday: 7-9pm Tuesday 1.45-3.45pm

Or just come for Tea/Coffee and chat

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*Continued over*

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The next **Anglo American Car Show** will be held on **Saturday 16th May 2026.**



# *Your Good Health*

by Dr Ian Nisbet

## **What about duvets, then?**

About 10 years ago, 7 years before she died, Head Office (Deannie) and I decided that we needed a new mattress. We got as far as deciding which one to buy then life got in the way and we forgot all about it. I was reminded of this when, last weekend, I slept in the bed upon which we had based our decision. I arrived home on Wednesday and, that evening, I went onto the worldwide cobweb, found a mattress supplier and ordered a mattress which was delivered at 7.30am this morning, less than 36 hours later. The van driver took away the old mattress to be dismantled and recycled. I had prepared for the new mattress, washed and ironed the valance and moved the base of the bed to reveal all the treasures underneath (including a £5 note) before vacuuming the carpet. So, the van driver and I

laid the mattress in its new position and I set about making the bed. Mattress protector, top and bottom sheet, electric overblanket – no problem, forging ahead until....The Duvet cover! Now, in honour of the new mattress, I had been in the under-bed storage drawers and extracted a duvet cover and four pillow cases, all in matching pink candy stripes. Don't ask! Don't pass comment! My opinion is that, as I don't spend all night looking at the candy stripes, I can live with them. This reminds me of an old joke concerning tending a fire and looking at a mantel piece. It is not suitable for a delicate magazine such as this and, if any of you gentlemen can remember this joke, you should be ashamed of yourselves. That aside, back to the duvet. During the summer of 2025, I bought a new duvet set

comprising one heavy duvet and one light duvet. Thus, there are three choices, both together for winter, heavy one on its own for Spring and the light one on its own for Summer. I have always had problems putting duvets into covers and 30 minute is not unusual. The combination of the pink duvet cover (no zip, just those rubbery buttons which will not go through the holes) was lethal and the entire fitting of the cover took me one hour and ten minutes after which I needed another shower and a lie down! David, my son in law, as a student, worked with DFDS as a cabin steward. He can take one duvet and one cover and holding them together at the top, he flicks the combination and, quick as a flash, the duvet is inside the cover! I shall be asking him for a lesson.

A cowboy went into a bar for a drink and, when he left the bar, he discovered that his horse had been stolen. He strolled back into the bar, drew his pistol, flipped it in the air and, without looking, caught it as it fell. He then fired a shot into

the ceiling and said, "Which one of you stole my horse?" No reply. "OK," said the cowboy, "I am going to drink another beer and, if my horse is not back outside when I have finished, I shall do what I did in Texas. I don't want to do this but I shall be forced to do so." After his beer, he went outside and his horse had been returned. He mounted and was riding off when the bartender wandered over and asked him what had happened in Texas. "Oh," said the cowboy, "I had to walk home."

A man was riding through the desert on a horse when he came across a dog dragging himself through the sand. The dog noticed them and called out, "Oh help me, please! I've been lost in this desert for days and I'm dying of thirst! Please, help me!" The man jumped off his horse, pulled out his canteen and rushed to the dog. He poured water into a cup and offered it to him, who lapped it up and saying, "Oh God bless you, sir! You saved my life!" The man thought for a minute before saying, "I didn't know dogs could talk." The horse

# SAVE THE DATE!

## PRIZE BINGO at FELTWELL SOCIAL CLUB

Saturday 11<sup>th</sup> April.

Doors open 6.45pm • Eyes down 7.30pm



## VILLAGE YARD SALE

— Saturday 11<sup>th</sup> July —

9am - 2pm

*More details to follow...*



## AUTUMN CRAFT FAIR at PORTERS BARN —

— Sunday 18<sup>th</sup> October —

*More details to follow...*



## SANTA'S SLEIGH

— 8<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> December —

*More details to follow...*



Details will also be on Facebook

said, "No, it was a surprise to me as well!" This joke really tickled me!

A father passing by his son's bedroom noticed the room was unusually clean and saw an envelope propped up prominently on the pillow. It was addressed, 'Dad'. With the worst premonition, he opened the envelope and read the letter, with trembling hands. *Dear, Dad. It is with great regret and sorrow that I'm writing you. I had to elope with my new girlfriend, because I wanted to avoid a scene with Mum and you. I've been finding real passion with Stacy. She is so nice, but I knew you would not approve of her because of all her piercings, tattoos, her tight motorcycle clothes, and because she is so much older than I am. But it's not only the passion, Dad. She's pregnant. Stacy said that we will be very happy. She owns a trailer in the woods and has a stack of firewood for the whole winter. We share a dream of having many more children. Stacy has opened my eyes to the fact that marijuana doesn't really hurt anyone. We'll be growing it for*

*ourselves and trading it with the other people in the commune for all the cocaine and ecstasy we want. In the meantime, we'll pray that science will find a cure for AIDS so that Stacy can get better. She certainly deserves it! Don't worry Dad, I'm 15, and I know how to take care of myself. Someday, I'm sure we'll be back to visit so you can get to know your many grandchildren. Love, your son, Josh P.S . Dad, none of the above is true. I'm over at Jason's house. I just wanted to remind you that there are worse things in life than the school report that's on the kitchen table. Call when it is safe for me to come home.*

I visited Norfolk last week and I enjoyed meeting so many of my old patients. Lots of lovely chats. I called in for 10 minutes and emerged 2 hours later. Many people reminisced and discussed my articles, telling me that they would like to be able to contact me. So, here is my email address and I look forward to hearing from you when you wish. I really miss you all.

*ian@drnisbet.co.uk*

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The speaker for our February meeting was Victor Lucaniuk who spoke to us about his time in horse racing.

Victor is born and bred in Weeting so is no stranger to Feltwell. He told us that his uncle had flown from Feltwell during the war in both Wellingtons and Lancasters, calling them 'Flying Coffins.' Victor introduced himself as 'short and thick' because short and thick does the trick if you want to be a jockey, apparently.



It all began in Thetford Chase and the surrounding woods when he met a lass who had some horses that needed exercising and his early days were spent cantering and galloping around the Forest Commission which should not really have been done. But...

Then he met an apprentice jockey from Brandon who said, "You should come over to the stables on a Saturday morning. At that time Victor was a teenager and had a full-time job. He got invited to Bruce Hobb's racing yard, in the centre of

Newmarket, opposite the museum where he got a job on the 'hack', riding with a long stirrup like the cowboys used to. Then he progressed onto riding racehorses with the stirrups pulled up high. Bruce, at the age of 17, was the youngest man to ever have won the Grand National back in 1938 and still is.

Victor only ever rode as an amateur jockey and only on the flat and had little difficulty keeping under 9 stone. He said he could do it now but 'the bottle has gone.' He stayed with Bruce for about 5 years having had a 'brilliant experience' riding horses owned by the 'English titled people' such as Lord Fairhaven and Lady Rothchild before Middle Eastern money came into the game. But he never raced a horse for Bruce because Bruce didn't enter his horses in amateur events.

*Continued over*

So, to get racing opportunities Victor decided to move to a smaller trainer who did run horses in amateur races.

He didn't find it easy and people told him he would never break into 'the game', it was notoriously difficult, a closed shop. But he persisted. When he had the time he travelled to other racing centres such as Lamborne, Malton in Yorkshire and introduced himself to various trainers hoping they would judge him on his ability and not his background.

His first ride was at Haydock in the north-west for a small trainer called Tony Hyde at Newmarket. Victor realised that it was highly unlikely that he'd ride a winner that day! The horse's form was not good, it had four 'ducks eggs', symbolising four losses. The form told him he would finish last and, sure enough, he did.

He had close on 30 rides in total and rode at almost every race course in

## FELTWELL FUEL ALLOTMENT CHARITY

If you can answer "YES" to the following two questions you may be eligible for a **Winter 2025 Fuel Payment** from three Feltwell charities.

**Are you at least 70 years of age or will be by the end of 2025?**

**Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?**

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to: Feltwell Fuel Allotment Agent, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope "**Feltwell Fuel Allotment List.**"

Only one grant per household will be given.

the country.

Then, with both enthusiasm and pride, he told us about his first winner. "It was like winning at the Derby!"

He rode for Alex Stewart of Newmarket who trained for the Maktoum family of Dubai who own Shadwell Stud.

As an aside Victor said that if it wasn't for investment from the Gulf States British horse racing would barely exist as they bought the assets of the wealthy British aristocratic families who, because of death duties, were forced to sell their horses and stables etc. It was oil and gas money that saved the industry.

Victor had ridden for Alex for going on five years, never riding a winner but with confidence in his own ability. "Good horses make good jockeys," is a firmly held belief for him. "You can't make a slow horse fast."

It was a midweek race at Salisbury on a three-year old horse having had three runs but never won. As a two-year old he was a 'fancy' for the Derby and he was worth £250 000. A few weeks before the race Alex had given Victor the opportunity to take him out saying that, "he pulls a bit, keep him at the back and ride the gallop. If it goes well I have a race lined up for you." Which, considering the price of the horse surprised Victor. On the day Alex instructed Victor to let the horse, "have its head but do not hit it with your stick. You won't have to." The horse was 11 to 1 on (11/1). It shot out of the starting gate and immediately took up pole position where it stayed for the entire race, winning by twelve lengths.

Victor's second ride for the same owner and trainer was on a big, strong horse with a line of 'duck eggs' having had "three quiet runs." There were four horses in the race which was held at Hamilton in Scotland. The race finished with a photo but Victor clearly remembered saying to the rider of the second horse, "On the line, the monies mine."

Victor then moved between trainers winning four times at Hamilton and becoming the leading amateur rider for a period of time. He rode at Ascot, but never a winner, and ended his career after 25 years.

He then went on to explain about the physical side of horse racing beginning with the off-hand comment that it, "keeps you fit." But, he had to maintain a weight of 8st 7ozs (don't forget the weight of the saddle) saying, "You're reluctant to eat, you go to bed hungry, you get up hungry." He quoted one rider who, in the middle of summer would wear

# J M Harris EST. 1996

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### **Feltwell Social Club – What's On**

5th April – Local talent David Vincent – 7.30pm

Bank Holiday Monday – open 12-close.

11th April – Charity Prize Bingo

17th April - Club's AGM – open to all members – 7.30pm.

24th April – Quiz – 6 people max per team £1 per person.

9th May – Heathen

A poker night is held at the club on the first Friday monthly.

a coat, woolly hat, scarf and drive to a racecourse with the car heater on in order to sweat off the weight.” He had no serious injuries apart from a fractured leg and some broken fingers!

Victor is still enthusiastic about the sport and eternally grateful for having had the opportunity to not only ride winners but to participate at all. “It was a great thrill and a lot of hard work.”

A Q&A session then followed at which he was asked, “Can you recognise a winner straight off?” To which he replied, “You can sometimes, particularly if a horse stands out in the paddock, if it has ‘presence’ (think Mohammed Ali entering the boxing ring.). However, “the only winners over the course of time are the Bookmakers.”

Q. Did you always remain an amateur? Yes. Victor remained an amateur rider, having a full-time job he was only able to ride at weekends. At one time the commentator John Frankham told him he should have turned professional but despite this he has no regrets about the journey he has taken. He did elaborate saying that as an amateur you get no share of the prize money. All he got was 40p/mile travelling and, sometimes, enough to pay the Valet (the person who gets you and your horse ready to race.). And, the thrill of the race, of course.

And one final word of wisdom, “Never bet on the Jockey, bet on the horse. Study the form and look at the horse. Go to the race, watch the horses ‘go down’, watch the odds board. You need to be there, at the racecourse. Don’t go to the bookies, you’re on a hiding to nothing.”

After a fascinating talk from someone clearly speaking from a great deal of personal experience and who loved every minute of what he’d done, the group gave a rousing round of applause.

The Men’s Breakfast Club usually meets on the 1<sup>st</sup> Saturday of the Month at The Wellington in Feltham at 9am. It costs £8.50 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).



- wanna be my ..... you gotta to get with my friends' (5)
- 6 SPORT: The name of the horse that was the three time winner of the Grand National (3-3)
- 7 Referring to killing one's mother (10)
- 8 FILM: A 2004 film starring Judi Dench, Maggie Smith befriending a foreigner (6-2-8)
- 9 The city where the Amphitheatre of Nero is found (4)
- 10 Earth's highest mountain above sea level, located in the Mahalangur Himal sub-range of the Himalayas. (7)
- 11 Saturn's largest moon (5)
- 12 12 The poisoning of Sergi and Yulia Skripal involved which nerve agent (8)
- 13 The destiny you earn through actions (5)
- 14 The name of a company that is also the name of one of the longest rivers in the world (6)
- 15 Also known as the Water Lily ( 7)
- 16 The name of the author who in 1927 first published, 'The Big Four' (6-8)
- 17 To make a public statement of your approval or support for something (7)
- 18 This gent was the first to achieve a Premier League hat trick (4-7)
- 19 Apply habitually or compulsively (6)
- 20 Silent and motionless group of persons arranged to represent a scene (7)
- 21 Last, final, beyond which no other exists (8)
- 22 Sudden outburst of passion, war etc (10)
- 23 MUSIC: Song by The Lovin' Spoonful in 1966 (10-4)
- 24 Which female authored 'The Hunger Games' book series (7-7)
- 25 The farthest planet from Earth that can be observed by your naked eye.(7)
- 26 Conservative MP for the Cities of London & Westminster (6-5)
- 27 In 1943, which city had the first ever Fashion Week (3-4)
- 28 Instrument like zither, with fifty to sixty strings (6)
- 29 At the present day (8)
- 30 This colourful tropical fish is best known for its sparing and is also known as the Betta Splendens (7-8-4)
- 31 The act of one who bargains or negotiates (8)

*This month's Word Trail solution is on page 74.*

## FELTWELL WALKING GROUP INAUGURAL WALK



The inaugural walk of the newly formed Feltwell Walking Group was undertaken by eleven members at Brandon Country Park on Friday 13<sup>th</sup> March. The group walked the 3.5 mile purple walk through the arboretum and deep into Thetford Forest and were lucky with

the weather, sunny but a chill wind. To find out more about FWG please contact Michael Adams at [adamsmike71@yahoo.com](mailto:adamsmike71@yahoo.com)

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# West Norfolk Aviation Society

[www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk)



Report on the Meeting of the West Norfolk Aviation Society (WNAS) held at Mundford Bowls Club on Tuesday 03 March 2026



Tonight's talk was presented by Charles Howard-Vyse on the subject of North Atlantic Treaty Organisation (NATO) and its relevance in the modern world. Charles was a RAF Navigator and spent most of his flying career on the Panavia Tornado, indeed he reckons he has 'Tornado' imprinted through him like a stick of rock. He made certain to emphasise that he was aircrew on the mud moving version (Strike/Attack) and not what I gathered from his tone the not overly impressive, in his view, 'Fighter' version. Other viewpoints

are available!

In order to continue his career progression, he opted to move over to NATO in 2012 and served at various locations throughout Europe. He made clear that NATO is a political organisation, not a military one and as such suffers from all the issues that politics suffer from in various countries, including a bloated bureaucracy, the ability to boot significant issues so far down the road they disappear into the long grass or just talk around a problem in language so pretentious and elongated that the meaning is lost aka the BBC comedy 'Yes Minister'\*

He was also pretty scathing about the ability of MoD to mess up our defense procurement, and that fact the young inexperienced advisors are asking either the wrong questions, or massaging their questions in such a way they get the answer they want. Worrying

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but very relevant in light of recent events especially as it seems to take over a fortnight to dispatch a destroyer to the Mediterranean, when in 1982 we put together a complete Task Force inside a week, and they were worried about cutbacks then. I reckon they'd be spinning in their graves now!

Notwithstanding all of the issues Charles reckoned that NATO was a worthwhile organisation and despite everything it does actually work, indeed at the moment it is the only viable show in town. Discuss?

Next month we have guest speaker Simon Gladas from the Bentwaters Aviation Society. Please feel free to join us on Tuesday 07 April 2026 at Mundford Bowls Club, Doors Open 1915 for 1930 start. Further details [www.westnorfolkaviationsociety.com](http://www.westnorfolkaviationsociety.com). Please note from April there will be an Entrance charge to non-members of £5pp for guest speakers and £2pp if it's a club speaker. Price includes a light Buffet Supper.

*\* Available on BBC Iplayer and Highly Recommended by your scribe!*  
Mark Burch, WNAS Scribe

<p><b>In Aid of</b> <b>2026 Year 6 Leavers Celebration</b></p> <p><b>BIG PRIZE</b> <b>BINGO</b></p> <p><b>SAT 2<sup>nd</sup> MAY</b></p> <p><b>St Georges Hall,</b> <b>Methwold</b></p> <p><b>Doors Open 6.30pm</b> <b>Eyes Down 7pm</b></p>	<p><b>6 Games - 2 Flyers</b> <b>Super Raffle</b></p> <p><b>Fantastic Prizes</b> <b>including:</b> Steam Rally Vouchers Swim Passes Amazon Vouchers Garden Centre Vouchers Hampers Wrendale Kitchen Canisters ... and more!</p> <p>Bring your own dabbers, snacks and drinks (no alcohol) Some Refreshments will be available to buy</p>
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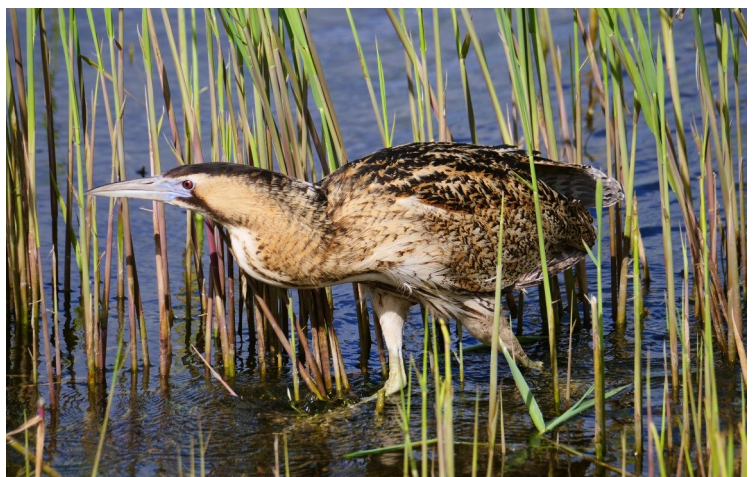
# RSPB Lakenheath Fen

## HEAR BITTERNS FOR FREE ON OPEN DAY

**On Sunday 19 April, we will be holding our second annual Open Day at the reserve, when we will offer free entry to all for one day only.** Although RSPB reserves often do have an entry charge to help to fund the charity's conservation work across all its sites, we also recognise that for some people (especially in current times) the financial cost of a visitor attraction can prevent them from trying out new places.

For anyone who has not been to see us before, we hope this offers you a good opportunity to do so- we have over seven miles of trails for visitors to explore, many of which are on firm and level tracks that take you through the full range of habitats here- woodland, reedbed, riverbank and wet and dry grassland. These habitats each support a different range of wildlife and a walk through the site is full of changes and variety.

The reedbeds are what we are known for- the original purpose of the site was to convert intensively farmed agricultural land into top-quality reedbeds to provide a home for Bitterns- beautiful brown wetland birds in the heron family, which were very close to extinction as a breeding bird in the UK in the mid-1990's. In the 30 years that have followed, Bittern numbers have risen and you can now easily hear the incredible 'boom' of the male birds in spring as they call to attract a mate and defend their territories. Our



Bittern photograph by site warden Henry Cook



giving  
nature  
a home

## Events at RSPB Lakenheath Fen

Places for all events need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

### Spring Wildlife Walks

19 April, 31 May (9:30am-12:30pm)

Join us to celebrate what Spring has to offer- we will go looking for the warblers, Cuckoos and Hobbies that have recently arrived back from Africa. We should hear booming Bitterns too!

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

### Spring Open Day

Sunday 19 April (9am-5pm)

**For one day only we will be offering free entry to all at RSPB Lakenheath Fen.** We hope this day helps everyone to enjoy the reserve, especially if you haven't been here before.

### Moth Mornings

24 April, 29 May (10am to 11am)

Learn more about the amazing world of moths. Join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 Under 18's); non-RSPB £6 (£3 Under 18's)

### Bittern Walks

Saturday 25 April, Sunday 17 May (9:30am-12:30pm)

In 1995 the reserve was created to provide a home for beautiful but threatened Bitterns. Their booming calls are now a common sound in Spring and on these walks we will look for them during peak season.

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

### Dawn Chorus Guided Walk

Sunday 3 May (5-8am)

A bright and early start should be rewarded with a wide variety of

Open Day is timed perfectly for you to come and hear this local speciality for yourself. As well as the Bitterns, by mid-April we should also have the first Cuckoos calling- and along with the first Nightingales singing from within wooded areas, coming here can seem like an opportunity to step back in time- these are both birds whose numbers have fallen drastically in recent decades and it is becoming difficult to find a place where they are a common sound. Depending on the weather, we may also have the first of our Hobbies back- these beautiful birds of prey come here each spring to breed (they migrate here after a winter spent in Africa) and to hunt large insects like dragonflies and beetles, which they consume mid-air! We should also have several pairs of Marsh Harriers on the reserve- and in April male birds should be doing their spectacular sky-dancing courtship displays to watching females- where they swoop steeply up and down repeatedly as energetically as they can, showing their flying skills and fitness for all to see. If pairs have already formed, they may be seen carrying nesting material, like dried grass or old reed stems, into their chosen nesting sites. Imagine watching this to a backdrop of Reed, Sedge and Willow Warblers in your ears, whilst you feel the sun on your face and the first dragonflies catch your eye as they zip past- utter contentment! It is important to us that the reserve is as accessible as possible- so please bear in mind that we have a small additional car park situated halfway down the reserve for those that find walking difficult. If you'd like to use it, pop into the Visitor Centre to collect a free permit. Most of our trails are firm and level, as is the boardwalk to our only hide, Mere Hide. We are also keen to be accessible for visitors of all levels of wildlife knowledge too- we are not just a site for experienced birdwatchers and photographers but for anyone who enjoys nature and being outdoors. On our Open Day the Visitor Centre and the toilets will be open from 9am until 5pm and our friendly volunteers will be on hand to answer any questions you have about the reserve- so please come down to see us if you'd like, and to make the most of another beautiful spring in the Fens. We do have one of our Spring Wildlife Guided Walks running at 9:30am on the day- if you'd like to find out more about this or book tickets, please visit <https://events.rspb.org.uk/lakenheathfen>.

# B.R LANDSCAPES

EST 1986



- Garden and site clearance
- Turf supplied and laid
- Hedge removal - planting
- Fencing supplied and erected
- Trees - shrubs pruned or removed
- Digger and dumper with operators
- Stump grinding - Sleeper beds
- Gravel driveways and paths

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[www.brlandscapeswestnorfolk.co.uk](http://www.brlandscapeswestnorfolk.co.uk)  
MOB : 07774724366 / 01553849802

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**Conservatory roof cleaning**      **Conservatory Valet**

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*Please call Craig for a free no obligation quote*

***07743 595424***



## FELTWELL BOWLS CLUB



The indoor season is now finished and we now are two weeks from starting the outdoor season

The two teams in the evening Pairs and the one team in the morning league finished in the lower section of the leagues.

The new club shirts have been selected and ordered, delivery hopefully at the start of the season.

The green maintenance is well in hand but a few more volunteers are needed to help.

The Quiz night was held on the 14th March I will report on it in the next issue.

Our next event is a Coffee morning on the 25<sup>th</sup> April 10-12am. See advert and come along and support us.

Feltwell Bowls Club will be holding an open morning on 25<sup>th</sup> April between 10am and 12am. The club invites you to come among and have a try, no previous experience required. Equipment will be provided, just be sure to wear flat shoes.

### COMING EVENTS

**Coffee Morning** Saturday 25<sup>th</sup> April 10 to 12am in the Club room at the RBL. There is plenty of car parking. Come along and join us for a coffee and cake at a friendly club. **Open Morning** Saturday 25<sup>th</sup> April 10 to 12am on the Bowling green at the RBL. If you are considering giving Bowls a try come along and have a go. Max

01842  
828481

### FELTWELL SURGERY OPENING

8.00am - 6.30pm Mon-Fri only

#### Extended Hours for Appointments Only

Tuesday: 07:30 – 08:00    Thursday: 18.30 – 19.00

**Out of Hours Service** - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

**In a genuine emergency you should call 999 and ask for an ambulance. Chest pains and / or shortness of breath constitute as an emergency.**

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## MISSED APPOINTMENTS @ THE SURGERY 2026

February 2026 saw **64** appointments missed, that's **3 less** than in January. This represents a loss of medical care to the tune of **£1920** for the month and **988** minutes of wasted time.

So far this year **131** appointments have been missed representing a total of **£3930** of medical care lost. These appointments could have gone to someone else in need.

*If you cannot attend your appointment, please cancel it.*

## Lead Times for Prescriptions

PLEASE ALLOW **5** FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

### Ordered

Sat, Sun & Mon  
 Tuesday  
 Wednesday  
 Thursday  
 Friday

### Ready for collection

Following Tuesday  
 Following Wednesday  
 Following Thursday  
 Following Friday  
 Ready a week Monday

## ART FOR PLEASURE

Every Thursday 10.30 am – 12.30pm. £4 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on  
 01842 828750

*The kettle is always on.*

## EASTER BONNET LOGISTICAL SOLUTION

Agatha	Eggs	35 mins	Green
Esme	Flowers	25 mins	Yellow
Gertrude	Chicks	30 mins	Blue
Lula	Rabbits	20 mins	Pink

## MOBILE LIBRARY TIMETABLE—THURSDAYS

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

### Upcoming Dates

16 April  
14 May  
11 June

Please note this information is subject to change or amendment both on a permanent and temporary basis.  
For all enquiries about this route please call 01603 222303



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& **Water**  
services

## Logs and kindling for sale

Seasoned Ash logs for sale.  
Delivered in a crane bag  
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### Services:

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# WORD SEARCH SOLUTION

NEXT MONTH'S WORD SEARCH WILL BE ON THINGS THAT ARE RED

T	H	E	B	A	H	A	M	A	S	T	A
R	O	P	A	U	G	I	T	N	A	N	T
I	U	G	A	C	A	R	U	C	G	B	S
N	I	S	L	A	N	D	S	U	A	L	O
I	D	Z	A	S	F	R	I	B	J	T	D
D	S	R	R	L	T	L	Y	A	A	O	A
A	T	O	U	L	L	H	M	B	M	O	B
D	M	O	B	A	C	A	L	I	C	K	R
A	A	M	A	A	I	E	N	I	D	H	A
N	R	D	E	C	O	I	R	A	W	P	B
D	T	B	A	S	C	O	K	I	K	I	B
T	O	A	A	T	O	R	T	U	G	A	
O	N	A	H	R	Q	B	A	H	T	Y	B
B	C	T	E	O	B	B	A	U	H	A	O
A	T	U	A	S	T	U	E	R	D	I	N
G	P	I	I	R	U	E	D	A	T	K	A
O	T	C	C	A	R	N	N	A	G	S	I
F	N	E	U	R	L	E	U	C	I	A	R
D	I	A	L	Y	R	O	S	E	S	Y	E
A	V	A	T	G	P	G	S	T	D	A	I
B	O	N	S	T	E	C	I	R	N	V	B
S	T	V	I	N	C	E	N	T	B	O	B
G	U	A	D	E	L	O	U	P	E	Y	M

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Unit 5 Trafalgar Industrial Estate, Downham Market, PE38 9SW

**Phone: 01366 383989**

A Meeting of the Parish Council was held on Monday the 9th of MARCH 2026 in the British Legion, Long Lane. Seven Councillors attended and Ms Vikki Quamina, Community Liaison Advisor at RAF Lakenheath

Ms Quamina said the high tempo of operational activity had continued throughout February due to 48FW supporting several US foreign policy initiatives. 19 Feltwell residents attended the EOD tour which included a live demonstration, information on how the EOD team protect Wing personnel and resources from explosive hazards, and a close-up look at robots, bomb suits and specialized equipment. Several airmen attended Feltwell Care Home in February supporting residents with games and engagement. The RAF Commander has been monitoring safety issues involving plane spotters along the B1112 outside Mildenhall for some time and is liaising with the Police regarding this.

New dog bin is to be purchased for placement on the green space at the bottom of The Beck.

The litter bin along Bell Street near the bus shelter has not been emptied for a few weeks and Clerk had been advised by BCKLWN that it was not on their schedule despite it being in situ for over six years. It will now be added to the schedule and should be emptied soon. The litter bin on Addison Close had not been emptied last week therefore Clerk will contact BCKLWN.

Potholes on The Beck, Paynes Lane, Black Dyke Road and White Dyke Road have all been reported to Highways again due to their worsening condition. Residents are also encouraged to report any Highways issues to NCC via their website [www.norfolk.gov.uk/highwaysproblem](http://www.norfolk.gov.uk/highwaysproblem)

Mr Storey said Norfolk County Council have withdrawn from commenting further on Government reorganisation/devolution deeming enough time and money had already been spent on this. The books had been balanced at the NCC Budget meeting and he was pleased to report that the Adult Social Care and

# WORD TRAIL SOLUTION

<sup>1</sup> C	A	L	E	D	O	N	I	<sup>2</sup> A	F	R	I
A	V	E	N	D	E	<sup>9</sup> R	O	M	<sup>10</sup> E	V	C
L	T	I	<sup>17</sup> E	N	D	O	R	S	<sup>18</sup> E	E	<sup>3</sup> A
N	S	O	<sup>23</sup> N	A	S	H	V	I	R	R	A
I	I	I	E	A	I	K	E	L	I	E	P
S	R	T	I	S	E	F	<sup>27</sup> N	L	C	S	H
E	H	I	K	E	<b>G</b>	I	E	E	C	<sup>11</sup> T	Y
I	C	L	C	M	N	G	W	C	A	I	L
D	A	L	I	A	I	H	Y	A	N	T	A
A	H	U	<sup>26</sup> N	I	L	T	O	T	T	A	X
<sup>8</sup> L	T	B	R	<sup>30</sup> S	G	I	R	<sup>24</sup> S	O	<sup>12</sup> N	I
A	A	<sup>22</sup> E	U	Y	G	N	<sup>28</sup> K	U	N	O	<sup>4</sup> S
D	G	T	T	A	A	G	A	Z	<sup>19</sup> A	V	I
I	<sup>16</sup> A	A	A	D	<sup>31</sup> H	F	N	A	D	I	M
C	E	M	<sup>25</sup> S	A	S	I	O	N	D	C	O
I	H	I	N	W	O	<sup>29</sup> N	O	N	I	H	N
R	P	T	I	L	L	O	C	E	C	O	C
T	M	L	<sup>21</sup> U	A	E	L	B	A	<sup>20</sup> T	<sup>13</sup> K	O
A	Y	<sup>15</sup> N	O	Z	A	M	<sup>14</sup> A	M	R	A	W
<sup>7</sup> M	U	R	D	E	<sup>6</sup> R	E	V	O	<sup>5</sup> L	L	E

Titles available through the Libby and/or Pressreader apps from Norfolk libraries include: The Independent, Guardian, Daily Mail, EDP Norfolk Magazine, Elle, Variety, Science Illustrated, Top Gear, T3, Good Housekeeping, Mountain Biking and The Beano, plus 100s.

**No wait lists, no loan limits, no due dates, all free to members.**

Children's Services budgets had not been detrimentally affected. Following the announcement that the NCC election was postponed, changes to the electoral boundaries will take effect from the next election scheduled on 7 May 2026 although Feltwell will not be affected. All information could be found on Norfolk County Council and Borough Council websites.

The village sign has been removed ready for a repaint by former Feltwell resident, Mr Robert Walden. The post will also be painted but this may have to be done whilst in situ.

Feltwell Community Group wish to donate money for two benches to be situated on the grassed area around the Oakfields Estate. Mr Storey will contribute £500 towards one of them from his Norfolk Community Fund allowance.

Clerk had contacted Biffa several times over the past few weeks as they had not emptied the green waste bin at St Nicholas Churchyard as per the fortnightly schedule but said it should be emptied this week.

TWR Accountants will undertake the internal audit this year.

Wicksteed will carry out the annual operational playground inspection in June to coincide with quarterly inspections carried out in March, September and December by Online Playgrounds.

Mrs Laura Grows was co-opted onto the Parish Council and will represent the Feltwell Ward.

Residents are kindly requested to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.

Full meeting minutes can be found on our website (<https://feltwellparishcouncil.gov.uk>)

Please subscribe to the Council's website and consult our Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 13th April 2026 at 7.30 pm and everyone is welcome.



# **FELTWELL MUSEUM**

## **2026**

**NEW** *OPENING DAYS THIS YEAR*

**NOW THE...**

**FIRST SATURDAY** *of each Month.*

*March – October*

*11 - 3pm.*

*The Beck J/o. Oak Street IP26 4DP*

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