October 2026

FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY





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FiB News And much more

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

FELTWELL ORGANISATIONS	List maintained by Paul Garland.	
Alveva Quilters	Sharon Burbridge	01366727002
Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Food Pantry		07454 259280
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell United Football Club	Neil Edwards (Secretary)	07391866914
Feltwell United Youth Football Club	Kate Collins	07888847452
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Feltwell Brownies	Tracey Cock	
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
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Feltwell In Bloom	Lisa	07718 075569
Feltwell Walking Group	Michael - adamsmike71@yahoo.com	
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin**.** Email: **clerk@feltwellparishcouncil.gov.uk**		828383

Parish Council website: https://feltwellparishcouncil.gov.uk

Feltwell's History Website can be found at http://www.feltwell.net

Deadline for the next issue is 14th October 2026

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029), Email: garlandp@btinternet.com

Advertisers should contact our Advertising Manager: Jean Winter, 10, Clough Drive, Feltwell, Thetford IP26 4AS . (07808 294848)

Email: jean.winter@gmx.com

Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

Edmund De Moundeford
Voluntary Controlled Primary School
"Soaring to success"
A Good School!
July 2013, May 2017
and November 2022

It has been so lovely seeing and welcoming our children back to Edmund de Moundeford Primary School as the new term begins. The return of brighter mornings and the first signs of autumn settling across the village have brought a real sense of energy and positivity to our school community.

Our pupils have quickly settled back into routines, and the school is once again filled with the familiar buzz of learning, laughter, and shared experiences. We have also welcomed new members of staff this term: **Mr Griffiths** (Interim Headteacher), **Mrs Warner** (Kingfishers Class Teacher), and **Miss Tzivelekas** (Ospreys Class Teacher). Parents have already begun to meet them, and they are becoming familiar faces around the school. All staff have been working hard to ensure classrooms feel calm, welcoming, and ready for the term ahead, and it has been wonderful to see children engaging so confidently with their learning from day one.

We continue to be grateful for the ongoing support of our families, volunteers, and PTA, whose contributions help us maintain a vibrant and nurturing environment for all pupils. Their work around the school grounds and community spaces makes a noticeable difference, and we are thankful for the time and care they give so generously. Please keep an eye on both our **school Facebook page** and the **PTA Facebook page** for upcoming events and updates.

A reminder too about the **PLUS Shed**, where preloved uniform is available to purchase. This initiative is entirely volunteer-led, and families can contact the team directly through their Facebook page.

As always, school life is busy with events, activities, and opportunities for our children to shine. We look forward to sharing more updates with the village as the term progresses and celebrating the achievements of our pupils together.

Michelle Ablitt, Deputy Headteacher

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Who Stole All Our Exercise?

Once upon a time, changing the television channel involved getting out of the chair and walking across the room. Admittedly, with only three channels, there wasn't a great deal of choice when you got there.

Then somebody invented the remote control.

Wonderful!

Except now, when the remote is three feet away, we'll spend five minutes patting the sofa cushions and accusing somebody else of losing it rather than simply standing up and pressing the button.

Modern life is extraordinarily good at saving us effort.

We have electric garage doors, cars with boots that open themselves, robot vacuum cleaners, even robots to cut the grass, and devices that will turn the lights on without us leaving the chair. We can have our shopping delivered, order dinner to the door and even tell a machine to switch the heating on.

Progress is wonderful. But somewhere along the way, our appliances appear to have become fitter than we are.

Think back a few decades.

We walked or cycled to see friends. Washing was hung outside. Cars were washed with a bucket and sponge. Gardens were dug, floors were scrubbed and if something needed fetching from upstairs, somebody actually had to go upstairs.

None of this was called exercise. It was simply life.

Today we're frequently told we should find thirty minutes to exercise, yet we've spent decades inventing ingenious ways of removing movement from the other 23½ hours of the day.

I'm certainly not suggesting we throw away the remote control or start beating carpets over the washing line. Some progress should definitely be celebrated!

But perhaps we could become more aware of the movement we're allowing technology to steal from us.

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- General IT help required?

Covering Feltwell and the surrounding area

To discuss further please email me at:

david@help-with-it.services

October's Body Clue

For one day, notice how often you're given the choice between moving and not moving.

Do you drive a distance you could comfortably walk?

Wait for someone else to go upstairs before saying, "While you're up there..."

Leave something because it means getting out of the chair?

Don't count steps. Don't measure anything. Just notice.

Then, every now and again, choose the option that requires a little more movement.

Those tiny decisions may not feel like exercise, and that's rather the point.

Keeping active doesn't always require a gym, special clothes or finding another hour in an already busy day. Sometimes it's simply about putting movement back into ordinary life.

Our grandparents didn't have fitness trackers.

Then again, their vacuum cleaner didn't do the hoovering and the lawnmower didn't cut the grass while they watched.

Until next month, keep moving—and occasionally make the machine take the day off!

Helen. Life fitness reengineering.

After last month's crime report I had a request to breakdown the Feltwell statistics. Here, then, are the number of crimes recorded against Feltwell for Jan 26-July 26. Those categories with no crimes have been removed.

Type	Jan	Feb	Mar	April	May	June	July
Anti-social behaviour		1			1		
Burglary	2	1					
Drugs				1			1
Other theft						3	
Public order			1	1			
Violence and sexual offences	2	3		5		3	2
Other crime	1	3				2	

ST. MARY'S HARVEST FESTIVAL

SUNDAY



25TH OCTOBER 10AM

Followed by

LIGHT REFRESHMENTS

All donations to the Harvest Festival greatly appreciated, these will be passed on to the Feltwell Food Pantry. Suggested donations include fresh fruit and veg, Milk (Powdered or UHT), Sugar, Coffee/Tea, Biscuits, Tins, Rice, Pasta, Jars of Sauce, Fruit Juice, Squash.

Contact the Churchwarden, Chris Parker cmparker@talktalk.net if you need items to be collected, otherwise they can be brought along on the day or left in church at any time, there is a donation box on the pew just inside the tower door.

ALL ARE WELCOME

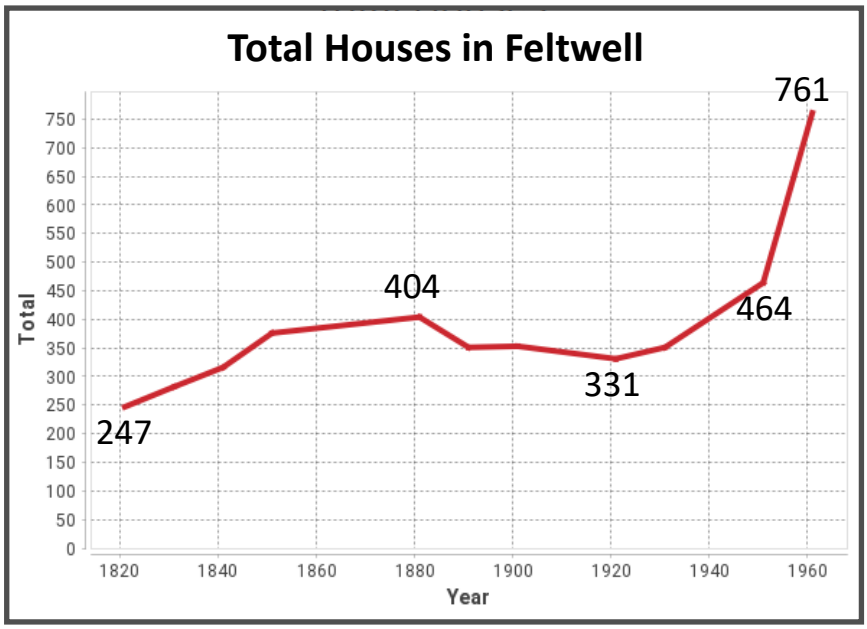
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WISSEY VALLEY & GRIMSHOE BENEFICES

Feltwell on the Web

Long time readers will recall that periodically, probably once a year, I do a trawl of the Internet for Feltwell. I did the most recent search at the end of August and I found very little new material relating to the village. However, one new entry that baffled me slightly before I investigated further was the appearance of a few videos on YouTube with the title of each containing the name of our village. Clicking on any of these revealed that Feltwell is the name of a musician.

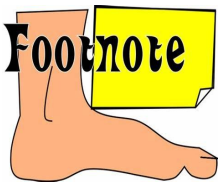


From A Vision of Britain Through Time website.
Ordnance survey First Series 1:63360, 1805-1865



A new and highly informative website is called Vision of Britain and each of the images in this article is reproduced with permission from

Q. What is Phubbing? Are you a Phubber?



Phubbing, a portmanteau of "phone" and "snubbing," refers to snubbing someone you are interacting with in person to focus on your phone. The term was first coined in May 2012 by an Australian advertising agency to highlight the growing trend of people prioritizing their devices over face-to-face interactions

Friends of Feltwell Playgroup



Support your local playgroup by joining our 100 Club for a chance to win a monthly cash prize. For more information email: friendsoffeltwellplaygroup@gmail.com

Follow us on Facebook and Instagram to keep up to date with our upcoming events including Princesses, Pints & Plaits, Pottery Painting, and our Summer Activity Kits.

Thank you for continuing to support our village playgroup.

Subscription Information

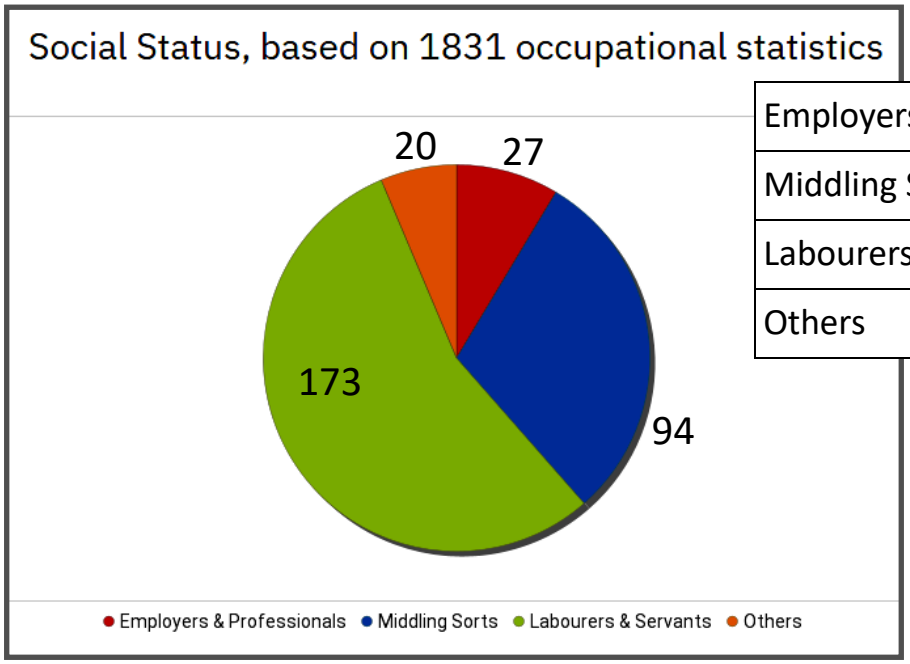
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March 26-March 27—£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.

www.VisionofBritain.org.uk which uses historical material such as maps, writings and data about Population, Social Structure, Life and Death, Industry, Work and Poverty, Housing, Learning and Language, Birthplace and Religion and Political Life It is copyright of the Great Britain Historical GIS Project and the University of Portsmouth.

There is a huge amount of data available covering the period from 1801 to 2026. Take this chart of Social Status from 1831 for example.



Employers & Professionals	27
Middling Sorts	94
Labourers & Servants	173
Others	20

The 1831 census provides information, down to parish-level, on the occupations of males aged over 20 using nine categories. This has been reorganised to provide a crude measure of social status, based more on contemporary ideas than on modern definitions of social class: "middling sorts" combines small farmers not employing labourers with both masters and skilled workers in urban manufacturing and handicrafts.

The Atmere Charity

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need, hardship or distress.

It also provides help for severe chronic illness in younger people.

Applications for assistance must be made in writing to:
The Atmere Charity Secretary, 16 Falcon Road, Feltwell, IP26 4AJ giving as much detail as possible about the need, hardship or distress being experienced. Please include your contact details.

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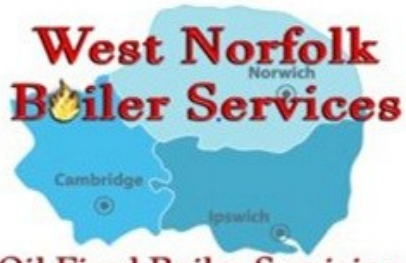
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You've Got To Go!

More often as not, an event, major or minor, triggers me into putting my thoughts down once again. It's been that way as long as I can remember, and my reactions have been varied, I have to admit.

My daughter recently had a 'significant' birthday, and knowing that I am not one for parties, she decided that she and my son-in-law would descend upon my hermitage, and bring the celebrations to me, in the form of fresh bakery items in paper bags and boxes. No paper hats, though, thank goodness. That would have been too much! I've never been a paper-hat man, somehow.

Anyway, as we chatted, (she chatted, we listened) I became aware of that 'keeping an eye on the old man' attention that men of my age (I'm 89) tend to attract, at meal times in particular. So I graciously accepted the brushing off of crumbs, the "everything ok, Dad?" and the inevitable picking of lunch from my beard, as a father should expect, I suppose. All in the very best of taste, of course. Inevitably, my daughter's kind attentions took me back to the dim and distant past, when I had to endure much the same from my own mother. Not the beard thing, of course, but I do still have vivid memories of the 'spit in the hankie' treatment for a sore eye, or just to make sure I was fit to be let out of the house! I guess that's where the phrase, 'spit and polish' comes from, rather than for the required standards of a soldier's shiny boots!

##########

When you've read the short conversation below can you work out who or what Fred was talking to. Answers/guesses by email, please.

"So, what's all this about, then? What are we doing here?"

"It's quite simple, really. You've got to go. That's all there is to it. I'm sorry, but you've outstayed your welcome!"

"What do you mean? I thought we were getting on fine. Why the change of heart, when folk are saying we look great together?"

"It's nothing you've done. It's just that we've been together, all the time, night and day, ever since I had the idea in the first place. And



St Mary's Feltwell

CONTACTS

Churchwarden

Chris Parker 01842 827152
cmparker@talktalk.net

Benefice Administrator

Fiona Hearn 07811 782316
wisseygrimshoebenefice@gmail.com

St Mary's is part of **Grimshoe Benefice:**
St Andrew's Northwold, St James' Hockwold, & St Mary's Weeting

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Please contact:
Fiona Hearn 07811 782316
wisseygrimshoebenefice@gmail.com

TO ARRANGE BAPTISM

Please contact:
Tammy Wright 07717 507665
grimshoebaptism@gmail.com

now, what happened yesterday made me realise that it's time we parted company. We could try again if I get lonely without you, but in the mean time, like I said before, you've outstayed your welcome, in the nicest possible way, of course. But my mind is made up. I need a fresh start, and I need to know how I'll get on without you, and the only way I'll know that is if we part company."

"Oh-oh, I can see what's on your mind now! It's not going to hurt, is it? Will you stay with me? Are you sure it isn't going to hurt?"

"Yes, I'm sure. It isn't going to hurt. You won't feel a thing, and we'll both feel much better, when it's over. Now just keep still, and let her get on with her job!"

"You are sure it isn't going to hurt, aren't you?"

"Yes, I'm sure. It isn't going to hurt!" "

You are sure? Really sure?"

"Yes!"

"What if she cuts me? What then?"

Frederick James, August, 2026

J M Harris EST. 1996

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Latest Consumer Alerts

Scam Alert - Telephone cold calls claiming to be from 'Visa'

We are warning residents about telephone calls which claim to be from 'Visa debit security department'.

In a recent incident reported to us the automated call states, 'a payment request of £900 for online shopping from your Visa card has been received'. The message goes on to say that 'to report this as fraud press 1 immediately'.

The wording of the call is designed to panic the call recipient into interacting with the message, if they do it is likely they will be connected to a call handler who will then attempt to gather personal and financial information which could in turn be used to commit further fraud on or with the account.

We always advise people to be very wary of claims made during telephone cold calls. If you receive this or call our advice is **do not** interact with the call and **hang up**.

Scam Alert - Be aware for Student Loan scams

We are highlighting a warning from The Student Loans Company (SLC) for students to be alert to scams, as maintenance loan payments begin for the 25/26 academic year.

In September, SLC will pay approximately £2.6 billion in maintenance payments to 1.1 million students. Scammers use this busy payment period to send convincing text messages, emails, or make phone calls claiming that a student's payment is at risk. These messages are made to look like that they come from a trusted organisation and may say that a payment has been blocked, bank details need to be updated, or an account will be closed unless the recipient acts immediately

SLC's top tips for identifying and stopping a scam:

- Criminals may impersonate the Student Loans Company (SLC) to try and steal your personal information or money. They will text, email or call you claiming there is an issue with an upcoming payment that needs urgent action, especially around times when student loan payments are made in September, January and April.
- SLC will never:
- Ask you to provide your personal or financial information by email or text message.
- Send a message with an urgent deadline for example 'failure to respond in 24 hours will result in your account being closed'.
- If you've asked SLC to make changes to your bank details, they will send you a text message to confirm these changes. If you receive a text message and have not asked for changes to your bank details, log onto your online account to check your information is correct.
- Never share the following information online which criminals can use to impersonate you - name, date of birth, customer reference number, course



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information or your current or previous address.

- If you receive a call or message claiming to be from SLC, always take time to stop and think if the request is genuine before handing over personal information. Avoid clicking on links and check a request is genuine by logging into your online account.

SLC and Student Finance England **do not** provide services through WhatsApp. They will also not initiate contact through social media to discuss a student finance application or entitlement.

Suspicious emails should be forwarded to report@phishing.gov.uk. Scam text messages can be forwarded free of charge to **7726**. Students who believe their student finance account may have been compromised should contact SLC using the official contact details on the GOV.UK website.

Scam Alert - Emails claiming to be from PayPal

We are warning residents about fake PayPal emails circulating which claim that 'Your PayPal account will be closed in 90 days'.

The email, which are designed to mimic genuine PayPal branding goes on to state that 'we have noticed that you haven't logged into you PayPal account in over three years' and 'as a security and compliance measure we have placed a restriction on your account and we will close it in 90 days.
Final the email offers a link to 'Create a new account'.

This email is not genuine and anyone following the link will be taken to a malicious website impersonating PayPal which will attempt to gather personal, financial and account details.

PayPal provide useful information on common email scams and advice on how to avoid them on the PayPal website.

You can report suspicious PayPal emails by forwarding them to PayPal at phishing@paypal.com or any suspicious email received to the National Cyber Security Centre by forwarding them to report@phishing.gov.uk

Scam Alert - Investment Scams

We are reminding residents to continue to be alert for contacts offering investment opportunities.

Investment scams can often be difficult to spot as scammers will design them to look like genuine investments. Initial contacts will often be by email or telephone cold call and will claim to be from well-known financial organisations like high street or investments banks. Common investment scams include savings bonds, fake shares, precious metals, cryptocurrencies, gemstones, and fine wines.

Scammers also frequently make online and social media posts or place paid for adverts often linking to fake news articles which claim that a celebrity, politician or well-known 'media expert' named is promoting online investments after making large amounts of money from doing so themselves. *Continued on p29*

MTC

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Written by
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Feltwellians Around The World



From Rob Tong

I hope you don't mind me getting in touch. I'm researching my grandfather, **P/O Ronald Tong (R. F. L. Tong, RAFVR 63848)**, who flew Wellingtons with **57 Squadron from RAF Feltwell in 1941**.

I'm working with a Dutch researcher, Martijn Visser, who is researching **Sgt Robert Durham (RAFVR 937812)**. Robert flew extensively with my grandfather during this period. We have copies of both men's logbooks and have recently matched them against the 57 Squadron Operations Record Books at the National Archives.

For example, on **22 October 1941**, Ron captained Wellington **Z8792** to Mannheim, with Robert Durham among his crew. The aircraft suffered an engine fire and lost its propeller before Ronald force-landed it at Erwarton. The squadron ORB confirms the incident and the crew.

We are particularly interested in finding **photographs of Ronald's crew, or other 57 Squadron aircrew photographs taken at Feltwell during 1941**. Martijn has a very specific reason for looking for Robert: he was later lost on operations in June 1943, and Martijn is investigating whether an unidentified body recovered on the Dutch coast was Robert. A contemporary record apparently states that the man's life jacket had the name **"Durham"** written on it. A photograph showing Robert wearing his life jacket/Mae West, particularly if his name is visible, could therefore be very useful.

I noticed that your Feltwell archive contains a number of photographs of 57 Squadron personnel from this period, so I wondered whether you might have any photographs, published or unpublished, which could include **Ronald Tong, Robert Durham, or their crew**.

The Z8792 crew on 22 October was recorded as **Tong, Pizzie,**

Gillespie, Frost, Durham and Harris, which may help identify a crew photograph.

Any leads would be very gratefully received.

Please let me know if you can help Rob in his search. Paul.

The Italian Job Competition

In the July issue of your Feltwell Parish magazine, I issued a challenge for a reader to come up with a feasible solution to Charlie Croker, (Michael Caine's) dilemma in the final scene of 'The *Italian Job*'. The most likely, or even most unlikely have an even chance of winning that £50 for a Feltwell charity. I must advise you that the offer expires on 31st October, 2026, and your ideas will be considered by your editor, Paul Garland, until 23:59 on that day.

There will be a charity in the village wondering if they are going to benefit from your kind generosity. Good luck!

Frederick James 9-9-2026



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I Hate Add Breaks
(and some other things)



Fred is back on his soapbox this month, moaning about television, amongst other things.

Television has always been a boon to every one of us, since it was first released by John Logie Baird in the 1920's, and later in HD by the BBC in 1936. The earlier transmissions were in black and white, progressing to sepia in 1936, the Boat Race in 1938 and eventually, the first colour programmes were shown by CBS in the US, (damned Yanks- have to be the first!) in June 1951. Eventually, the BBC broadcast the first Wimbledon in July, 1967, and ITV followed with commercial television, in November, 1969.

Of course, there's always a 'down-side' to everything wonderful. The first TV licence was issued in the UK in 1946, before the dust of WW2 had settled. From June 1st, 1946, you could receive both wireless and colour transmissions for the princely annual sum of £2, which included a 10s charge, which had been in force since 1923 for wireless transmissions. If you are interested, the equivalent today would be £108:73. [Now, considering that I've just received my TV licence renewal demand from HMG at £180:00, I reckon my folks were getting off lightly, considering!]

So, there you have it, the BBC pointing a gun at our heads, with the power of HMCTS, (HM Courts and Tribunal Services) helping out, behind the scenes) The BBC decides what it needs from us, and the Courts make sure we pay it. I would point out at this juncture, before anyone thinks they can avoid the licence by de-tuning BBC programmes, that the legal definition of the licence does not specify any specific platform in the nitty-gritty details. It would appear that the TV Licence is an arrangement between HM Government and us, the viewers to receive any or all TV and Wireless transmissions from wherever they may come, and the

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BBC are free-loading, whilst HMG worry about their funding. However, when it was announced that over-75s were to get a free licence, in March1999, Gordon Brown took the credit, but when the BBC took it away on July 31st 2020, they were the villains and HMG shrugged their shoulders. *"Nowt to do with us, mate, but if you're an oldie, on Pension Credit, and ain't got a lot of cash, you can fill in the forms on the TV licencing concessions guide on the TV licencing official website, and we'll see what we can do!"*

The situation with the independents is different, in that they are on their own, regarding running costs etc. They don't have the power of HMG, HMCTS and HMRC to call on. They rely on their viewers, including us oldies, trying to fill in forms on the TV Licencing official website, watching enough television, despite the adverts, to convince their sponsors to cough up.

That's where the BBC and the Independents have us by the short and curlies. I pay my licence fee every year, despite how much it hurts to do so. I endure the bloody adverts that take up 20% of each and every programme, again despite how much that infuriates me, when I can't even work out what's being advertised!

How can I love my television and hate it at the same time? Is it the BBC showing greatness, mediocrity and crap in equal measure? Or is it the commercials that blight my enjoyment of what are perfectly acceptable programmes. The trouble is, in both cases, you can't have one without the other, so I guess I'm just going to have to pay up. My bitch is that my conscience won't let me join the 900,000 crinklies that are stealing £162,000,000 every year from HMRC, **AND ME!** B******s!

Frederick James
July 2026

What do you think, dear reader? Please email me your thoughts.
Paul



A warm welcome from St Mary's to our Services across the Benefice. Find us on St Mary's Feltwell **For details of other services in the Benefices please visit:** achurchnearyou.com



Sunday 4th Oct	**Service of the Word** Service of the Word	**Feltwell** Weeting	**9.15 am** 11 am
Sunday 11th Oct	Service of the Word Service of the Word	Hockwold Northwold	9.15 am 11.am
Sunday 18th Oct	**Eucharist** Eucharist	**Feltwell** Weeting	**9.15 am** 11 am
Sunday 25th Oct	**Harvest Festival** Eucharist	**Feltwell** Northwold	10 am 11 am

Other happenings at St Mary's Feltwell:

Food Pantry Open

Tue 9-10am, Weds 9-11:30am & Sat 10-11am

Every Wednesday come for a warm welcome, tea, coffee and cake and good company.



Internet available and help to use it.

Community Information Point.

Borough Services.

Does this community magazine have a future 7?

Yes, at least for another year but it all depends on...

- How many subscribers renew in March next year
- How many advertisers renew or new ones come on board for the first time
- How many copies get bought from the shops.

There are no colour pages this month. I did say back in July that I was running a two-month experiment in the use of colour pages and, although feedback has been minimal, it seems that packing the colour pages with photos and little text is the preferred option. More bang for your bucks, as it were.

Slowly, I am getting more and more feedback from readers about the cover price and not a single one has objected to the idea of a price rise to £1 a month, £10 for the year (that's two copies free). And this is what I think I'm going to do. As I've said previously, the magazine can't afford to lose almost the equivalent of its cover price each month and continue to support village organisations. Talking of which, you will see on page 51 that the magazine has purchased some Blood Pressure Monitors to assist the Surgery in helping it's patients, many, maybe all, of which are readers. I hope you are happy with this donation. Please let me know.

You may have noticed that in order to minimise our losses whilst running the colour experiment I reduced the number of pages to 76. Now that the experiment has run its course we are back to 80 pages this month and, hopefully, through to the end of this subscription year.

Should we ever get lower than printing 300 copies a month I will seriously think about throwing in the towel at the end of whichever subscription year we are in and accept the inevitable. Facebook and its ilk will have won. Sadly. (If you use FB etc please plug this mag.)

As always, thank you for your continued support and please encourage everyone you know to subscribe or buy from the shops.

Paul Email: garlandp@btinternet.com


CHRISTMAS
CRAFT FAIR
OVER 20 TABLES
7 NOV
10am
Community Hall
Feltwell IP26 4AL
REFRESHMENTS & CAKES
MORE CHRISTMAS GIFTS
THAN WE CAN LIST

Banking and Post Office Services are Vital for Our Rural Communities

From : **terry.jermy.mp@parliament.uk**

Earlier this month, I spoke in a Parliamentary debate about the much-needed provision of essential banking and post office services in rural areas like ours.

As a rural MP, one of my core focuses is ensuring that residents across South West Norfolk's 3 market towns and 72 villages can easily access these services in-person.

Over the last decade, we have seen many banks reduce their high-street footprint, impacting rural areas like ours, without much consideration from these companies about what the impact will be.

A point I repeatedly stress in my meetings with banks and Post Office Limited, is that rural communities cannot be unfairly impacted by decisions that are made in inner-city offices, without assessing what that removal of services will mean for the communities they are there to serve.

Unless you have lived in a rural area, you do not understand the impact of a post office or bank closing. In South West Norfolk, it could mean having to travel two villages over, which, if you don't have a car or can't drive, adds another layer of rural inequality.

Whilst it can be argued that many of these services can now be accessed online, not everyone has that option. Poor broadband speeds and unreliable connectivity can mean that large parts of rural communities still rely on physical locations for these services. I understand that for many companies, they operate in a digital-first approach, but holding a conversation with a real person about something as intricate and important as one's own personal finances, should, I feel, be given greater importance by these organisations.

It is estimated that 25% of people aged 55 and over still use cash as their primary method of payment. In South West Norfolk, the median age is higher than the UK average, so this is a particularly

Feltwell Dispensary Opening Hours

Monday: 08:30-12:00, 14:00-18:00
Tuesday: 07:30-12:00, 14:00-19:00
Wednesday: 08:30-12:00, 14:00-18:00
Thursday: 08:30-12:00, 14:00-18:00
Friday: 08:30-12:00, 14:00-18:00

☎ 01842 829738 or 01842 828481

You can order your medication or ask any queries regarding your medication online via our website: www.feltwellsurgery.co.uk or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

The Food Pantry, Feltwell
Your Social Supermarket

WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.00

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

OPENING TIMES:

Tuesday	**9AM—10AM**
Wednesday	**9AM – 11:30AM**
Saturday	**10:00AM – 11:00AM**

For more details visit our Facebook Page or call 07454 259280

important issue for us here.

ATM access is another aspect I regularly raise in my meetings with banks and Cash Access UK – the organisation that operates banking hubs. I was pleased, following my calls for them to do so, Cash Access UK added an ATM to their Downham Market banking hub earlier this year and Nationwide increased their ATM capacity across South West Norfolk.

The Government is clear on its commitment to ensuring access to these essential services, which is why it pledged to roll-out 350 banking hubs by the end of this Parliament in 2029.

Already, more than 235 have been opened.

The Treasury also launched an Access to Banking Services Review in May, which has gathered evidence on the impact of changes to in-person banking services and will help inform recommendations to Government on ways to improve in-person banking services. One recommendation I called for in the debate is for the Government to require a Rural Banking Impact Assessment before any rural branch closure, with a banking hub or equivalent alternative in place before – not after – closure.

These posts and adverts are placed attempting to lure people into making contact so they can be encouraged to invest in these investment scams.

In reality, those used in these investment scams have nothing to do with the fraudsters and their image and status are being used without their permission or endorsement. Any money handed over is likely to end up in the hands of cyber criminals with little or no possibility of you ever recovering it.

Protect yourself

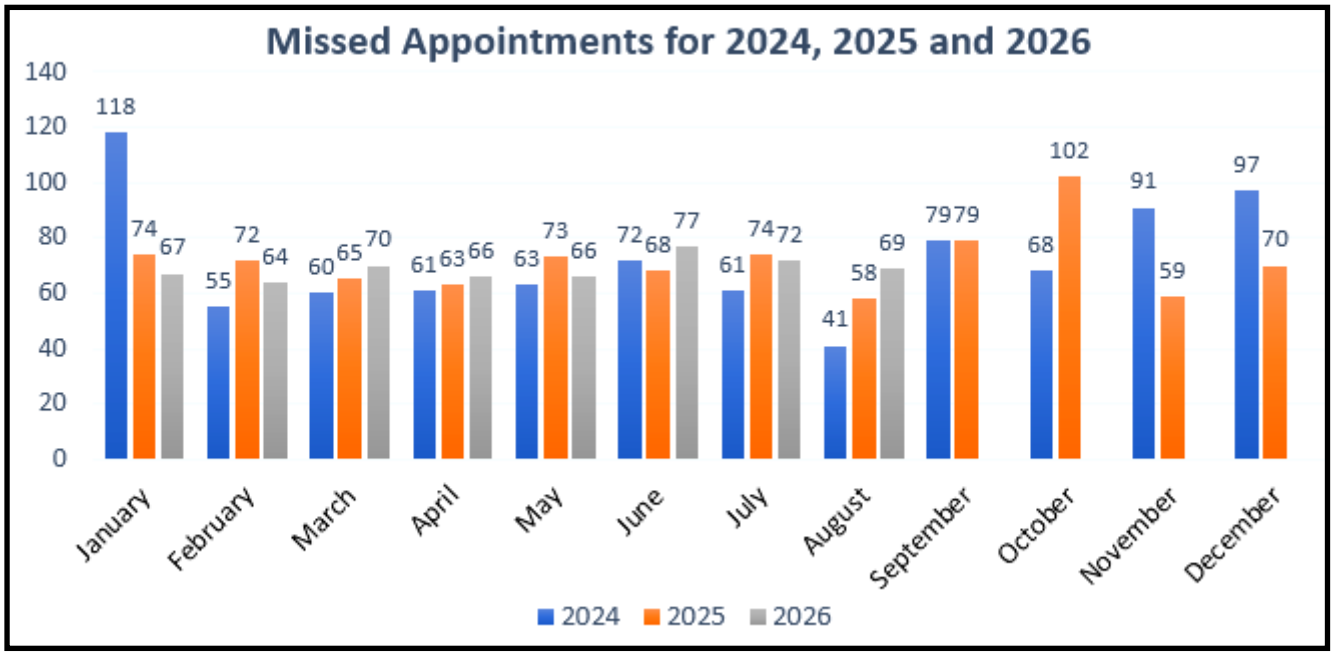
- Be very sceptical about emails, cold calls, social media posts or online adverts from companies offering shares and other investments - especially if they're offering higher returns or are 'guaranteed' or 'risk-free'
- Never be rushed into making a decision, if the contactor is trying to pressurize you end the conversation
- Get independent financial advice before making any investment
- Never sign up to anything immediately or if you're told to keep the deal confidential

Make sure the firm is on the Financial Conduct Authority (FCA) register of authorised firms, you can check the list by visiting the FCA website

The Financial Conduct Authority website provides further details on how to avoid investment scams online.



Readers will be aware that each month I publish the Missed Appointments data from the Surgery and have done so since 2024. A visit to the Dispensary last month sparked a reminder that I haven't published this monthly data in graphical form for many months, so this month I am rectifying this omission. Looking at the graph below it becomes apparent that the publication of the data is having no effect on reducing the number of missed appointments, sadly. It is clear from the message below, taken from a notice in the Dispensary, that the Surgery are looking at taking a more serious action in order to remedy this problem.



PLEASE NOTE

Due to an increase in the number of wasted appointments through patients failing to attend without informing the surgery it has become necessary to implement the following policy.

If you fail to attend for 3 appointments you may be removed from this practice list and will have to find an alternative doctor.

If you cannot attend your appointments for any reason please let us know as soon as possible, we can then offer the appointment to someone else.

THANK YOU FOR YOUR COOPERATION

Why it can take a couple of weeks for a routine GP appointment

Many patients tell us they are concerned about waits for routine appointments and wonder why they sometimes need to wait up to two to three weeks to see a clinician. We would like to take the opportunity to explain some of the pressures currently facing general practice and reassure patients that urgent problems continue to be prioritised.

General practice is busier than ever before. Nationally, there are still fewer fully qualified GPs than there were in 2015, despite an increasing population and a growing demand for healthcare. At the same time, GP practices across England are delivering millions more appointments each year than ever before. Recent figures show that GPs are now responsible for around 12% more patients than in 2015, with approximately 1.48 million GP appointments being provided every working day across the NHS.

Like many practices, we aim to ensure that patients with urgent or potentially serious medical problems are seen as quickly as possible. This means that each day we reserve appointments for:

- Urgent illnesses
- Children who are acutely unwell
- Patients with worsening symptoms
- Possible cancer symptoms
- Hospital follow-up requests

As a result, routine appointments for ongoing, non-urgent matters may sometimes need to be booked one to two weeks ahead.

It is important to remember that a routine appointment does not mean your concern is not important to us. It simply means that based on the information available at the time of booking, it is considered safe to arrange an appointment within a planned timeframe. If your condition worsens whilst waiting, please let us know so that your needs can be reassessed.

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Messenger

Our team includes a range of healthcare professionals who can often help patients more quickly than waiting for a GP appointment. Depending on the nature of your problem, our reception and care navigation team may direct you to an ANP, nurse, healthcare assistant, pharmacist, physiotherapist, mental health practitioner, or another appropriate member of the team. Depending on your symptoms, you may also be signposted to a community pharmacy or other suitable alternative NHS provider.

We understand that waiting for an appointment can be frustrating. Please be assured that our staff are working hard every day to provide safe, effective care to as many patients as possible. Your patience, understanding and kindness towards our team are greatly appreciated and help us to continue providing the best service we can for our local community.

Kind regards, ***Sharon Wilson***
Practice Manager Partner, Feltwell Surgery

Feltwell Food Pantry volunteers would like you to know that **Feltwell Surgery** is supporting us by providing a collection crate in their waiting room for patients who wish to donate.

Patients are invited to bring along any non-perishable food items, such as tinned goods, pasta, rice, cereals, and other dry foods, whenever they attend the surgery. The donations will be collected from the practice by Pantry volunteers and used to support local individuals and families who may be struggling.

We know that many people in our community are facing increasing financial pressures, and we hope that by acting as a convenient collection point, the Surgery can help us make a positive difference. Any donation, no matter how small, will be greatly appreciated.

If you are able, please support the Pantry by bringing along a non-perishable item and dropping it into the collection box the next time you attend an appointment. Thank You.

Meal Prepping Logistical

This Logistical puzzle was designed by Chris at the Wellington.

The solution is on p72.

	Chilli Con Carne	Bolognaise	Chicken Curry	Shepherds Pie	5 Portions	6 Portions	8 Portions	10 Portions	1 hour	1 hour 10 minutes	1 hour 20 minutes	1 hour 30 minutes
Judith												
Kizzie												
Larry												
Martha												
1 hour												
1 hour 10 minutes												
1 hour 20 minutes												
1 hour 30 minutes												
5 portions												
6 portions												
8 portions												
10 portions												

Match the chef to their meal prepped dishes, the number of portions made and the time spent cooking.

Clues

1. Kizzie made 3 more portions than Martha in 20 minutes less time than Larry took.
2. The Chicken Curry took 10 minutes more than the 8 Portion meal.
3. Judith cooked Bolognaise.
4. The largest batch took the least time.
5. There was more Chilli than Shepherds Pie.

FELTWELL PARISH COUNCIL **ALLOTMENT LAND**

Tenders are being invited for four vacant areas of land. Please see Parish Noticeboard for details.

ALLOTMENT MANAGEMENT COMMITTEE



To everyone involved in making my sister, Susan Withers, funeral the event that she wanted I would just like to say thank you for your help. To Jim and Cindy, Ken, Ness, Mandy and Tony, and Dawn. Not forgetting those who helped arrange and tidy up at the house. To those who attended the service, and those that came back to the house. To Mark Skinner funeral services and the caterers at Ladybirds, and not forgetting Sarah at Bunches and Bows who, as always, did some amazing work with the wreath. To those from Dilham Ward and Lincoln House for all that they did caring for Susan and keeping her smiling. For each and every one of you, a big thank you, you helped me give Susan the best send off that I could.

Paul Withers

Susan and I worked together on the magazine for many years. She provided copy, and Sudoku and was our Advertising Manager throughout that time. I was shocked when she was taken ill as not only had I lost an excellent co-editor but also a friend. In the early days of the magazine we compiled each issue in a folder around her dining-room table, exchanging gossip, as you do, making quips and laughing at each others bad jokes. They were fun meetings and I miss them. Rest easy, Susan.

Paul



£50 was raised for the Churches Conservation Trust on Sunday, 6th September at the annual Afternoon Tea event held at St. Nicholas' Church. We had a very enjoyable time with lots of delicious food and good company.

I would like to thank everyone who attended and many thanks go to all the ladies who provided the cakes, sandwiches and scones, who served the tea and all who helped with the cleaning and clearing up.

I hope to carry on with this event next year and look forward to seeing you.

Marion Lucas

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St Mary's Church can loan you all of the above
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

History of the Feltwell Village Sign Part 4

The Replacement Village Sign

May 1994 and the 2026 Renewal

The Elements 2—The Ancient Oak

The Oak Tree stood on a large grassy mound (later encircled by a brick wall some 4ft (1.2m) high but had become rotten and was deemed unsafe and was felled on the 23rd April 1964. It was reputed to be up to 1300 years old. This painting is by Alfie "Pip" Orange from 1965 i.e. after the tree had been removed and obviously painted from a photograph.





Its final girth of 32ft 6" (9.7m) is not in dispute but could it have been 1300 years old? Possibly. And it would still be worth including in the Sign if it was actually a replacement and only half that age, i.e. a mere 650 years old!

Incidentally, the Sign as presented could be taken as being viewed almost from the same position — i.e. beyond the Oak Hotel, in the distance would be St Nicholas's Church on its high ground, St Mary's Church Tower yet to be built and the sunlight coming over the

It may seem early but it's time to think ahead!

The theme of the Christmas Trees for the

2026 Festival of Light is **Films**.

If you, your family, friends, organisation or business would like to participate, or for more information, please contact Chris Parker, cmparker@talktalk.net





artist's shoulder.

Left: The oak tree became more widespread in the metal version and if I was to continue to be critical, perhaps just a little too reminiscent of a giant stalk of broccoli?



The Elements 3—The Coats of Arms

3.1 The Edmund De Moundeford Trust

Sir Edmund Moundeford (1596 – 1643)

Sir Edmund Moundeford was a member of the House of Commons at various times from 1628. He was the son of Edmund Moundeford of Mundford and Hockwold, Norfolk. He was admitted at Caius College, Cambridge on 16 January 1612 at the age of 16. In 1628, he was elected Member of Parliament for Thetford and was knighted that year.

By deed dated 10 September 1642, he left land in Feltwell to pay for clothing for the poor and a free school "for teaching the children of the inhabitants, grammar and other learning" and for 8 almshouses. He died without issue and was buried at Feltwell on 11 May 1643. In 1992 the almshouses were remodelled to form just 4 units but which now had bathrooms and kitchens.

Beneficiaries of Grants must be village residents. Over many years Feltwell V.C. Primary School has benefited from direct grants to build an indoor swimming school, a library and numerous modern facilities and equipment. No trustees receive remuneration, payments or benefits from the charity.

Right: In the late 1950s Headmaster George Charlesworth composed the school song. (I cannot vouch for the correctness of all the lyrics and there is at least one missing verse). Beryl Addison composed the tune.
(If any reader knows the missing verse please let me know. Paul)

We count it as a happy day
When Edmund brave and bold,
To help us on our learned way
Gave freely of his gold.

To help the good to fight the bad
To serve and not to win
To help the weak, make others glad
Will keep us free from sin

So let all of us with might and main
With actions good and true
Show Feltwell School, yet once again
What Christian Youth can do!

3.2 The Clough Family



For over 200 years the seat of the Clough family was Feltwell Hall. When Cyrill Clough died in 1805 leaving 3 daughters — Pleasance, Rebecca and Catherine; Pleasance became virtually Squire of Feltwell.

The two Clough charities were set up under the Wills of Robert Clough (1737) and Miss Pleasance Clough (1847) *"to promote the education of children in need of financial assistance who are, or whose parents are, residents of Feltwell."* Both Pleasance and Rebecca died unmarried but Catherine married William Newcombe of Hockwold (and son of the Archbishop of Armagh); their son Edward Clough Newcombe inherited Feltwell Hall on the death of his Aunt Pleasance in 1851. Catherine Newcombe was the last person to be buried inside St Mary's Church, in the Clough family vault. An authority on Norfolk wildlife, especially Falconry, Edward Clough Newcombe was a very popular man who had a huge collection of wild birds at Feltwell Hall which he himself had shot and stuffed. The Hall was demolished over 50 years ago.

In 2001 the charities were closed and their funds amalgamated with the Sir Edmund De Moundeford charity.

Feltwell Walking Group
Mid August—Mid Sept. Walks

August 21st arrived with sunshine and the perfect temperature for a walk in the woods. Six members, three grandchildren and a dog took the opportunity to follow the purple route around Brandon Country Park. Much conversation was had despite the USAF doing its best to drown it out, and three tubes of Fruit Pastels were consumed by the children. Apparently, sharing was limited by age!





An interesting 'find' was this beetle which the internet tells us is a *Trypocopris pyrenaeus* more commonly called earth-boring dung beetles. The end of the $3^{1}/_{2}$ mile walk was enjoyed in the usual way by coffees, three ice creams (guess who had them) and a few pastries.



An impromptu walk was held on Wednesday 9th Sept. as the forecast promised sunshine, which did obligingly appear. Seven members partook of a 5.37 mile loop around the forest, meeting up at the Surgery and ending at the Coffee Morning in St Mary's. Members politely request dog walkers clear up any dog's mess from the paths please.





If you'd like to know more about the FWG and maybe join us on a walk or two please contact Michael at adamsmike71@yahoo.com. We usually do one walk a fortnight on a Friday morning, weather permitting.

Feltwell Bowls Club

QUIZ NIGHT

SATURDAY
10
OCTOBER 2026

ROYAL BRITISH LEGION FELTWELL

First round 7:30 p.m.

Doors open at 7:00 p.m.

Bring your own drink and nibbles





Feltwell in Bloom

Making Our Village Beautiful

Growing colour, connection and community pride across our village

COMMUNITY GRANT AWARDED!

Feltwell in Bloom is delighted to announce that we have been awarded a grant from Warren Services to support our community horticulture development. This funding will help us continue improving village planting, biodiversity and shared green spaces. A huge thank you for believing in our work.

THANK YOU FOR THE GARDEN BOOK DONATION

A very kind member of our community has donated a wonderful selection of garden books. These will support learning, inspiration and future workshops. We are truly grateful for this thoughtful gift.

ALSO LOOK OUT FOR OUR AUTUMN & WINTER DISPLAYS

New seasonal displays will be appearing around the village soon. We hope you enjoy them and take great pleasure in the colour they bring to Feltwell.

WINTER TALKS & CRAFT SESSIONS

This winter, Feltwell in Bloom will be hosting a series of interesting talks and workshops open to everyone in the village. Please keep an eye out for our adverts with dates and details. We look forward to seeing you there, come and have some fun with us!

NEW MEMBERS WELCOME — NO EXPERIENCE NEEDED

If you love community, enjoy creative projects, or simply like plants and being outdoors, we'd love to have you join us. Meet friendly, like minded people and help make Feltwell bloom. Your enthusiasm is all you need. Contact us via Facebook, can't wait to meet you!

LASTLY A BIG THANK YOU, FELTWELL

Every donation, every volunteer hour and every kind word helps our village grow. We are proud of what we're building together.

Walking on Air

07596157826
D.T.Byrne MCFHP MAFHP

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In Case You Missed It: Your Landline Is Changing. Advice For Those With Pendant Alarms/Telecare Devices.

In case you've missed it - the landline is changing and here's what you need to know. By January 2027, every traditional landline in the UK will move to a broadband-based phone service. The practical reality for most households is straightforward: phone calls will no longer run through the phone socket on the wall, but through a broadband connection. For most BT customers, the transition is as simple as plugging the phone handset into the broadband router instead.



But if you or a parent uses a pendant alarm or any kind of telecare device, there is one thing that catches people out: **two separate calls need to happen before the switch**, and most people only make one.

Pendant alarms, healthcare alerts, and telecare devices that connect through a phone line may need to be checked or upgraded before the switch. The digital system operates differently from the old analogue one, and not all devices will automatically work in the same way. If you or a parent uses one of these devices, two calls are likely needed.

The first is to BT. BT and EE customers can call 0800 077 8813. Plusnet customers can call 0330 123 9123. BT will flag the account and put the right support in place for the transition, including a free in-home engineer visit where needed.

The second is to the telecare provider directly. Whether you or your parent's pendant alarm or fall detector came from their local council, a housing association, or a private provider, it is worth contacting that organisation to ask whether any upgrades or changes are needed before the switch.

The Wellington In October



3rd DC Wilson Band



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31st DJ JAY'S HALLOWEEN DISCO

THE PURPLE PEPPER

It is worth making **both** calls. The telecare provider cannot confirm whether BT's network change affects their device, and BT cannot confirm whether the device itself needs an upgrade.

And what about power cuts?

This is a concern raised regularly, and it is a reasonable one. Analogue landlines continued working during a power cut. Digital landlines run through broadband, which requires power. For those who use a health pendant or lives with somewhere with unreliable mobile signal, this can feel like a meaningful gap. BT has a provision for this. Customers with additional needs, including those who use health pendants or do not have reliable mobile coverage, can access free backup power solutions. These allow calls to be made during a power outage.

For households without broadband, BT is offering a dedicated landline service that allows customers to continue using their landline in the same way they do today. A broadband connection is **not** a requirement for keeping a working landline, and a landline will continue to work during a power outage.

To access this, you or your parent will need to let BT know, or you can register on their behalf as a third-party contact. It is not applied automatically. Registration is available through the Connected Together webform at www.bt.com/connected-together, or by calling 0330 1234 150.

With thanks to www.carents.co.uk.

What is the Priority Services Register?

The PSR is a free UK-wide service from utility networks. It offers extra advice and support for people who might struggle during water, power or gas problems, including older adults, disabled people, or those who rely on medical equipment. Being on the PSR means you or your parent will be prioritised for help if things go wrong. Registering is easy. Click on the link above or go to https://www.thepsr.co.uk

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Village Magazine Donates Blood Pressure Monitors to Feltwell Surgery

After hearing that our Surgery often runs short of blood pressure monitors to loan to patients who require their blood pressure to be measured several times a day over many days, I thought it would be a good use of magazine profit to purchase a few monitors to supplement those the surgery already has. I talked with Sharon Wilson, the Practice Manager and she was delighted with the idea. As a result the magazine has donated 5 monitors, an extra-long cuff and a box of batteries to power the machines at a cost of £129.61. I sincerely hope that our readers approve of this action. Please let me know.



Practice Manager Sharon Wilson "takes" my blood pressure.

The devices were delivered on the 21st August when Sharon said, "On behalf of everyone at Feltwell Surgery, I would like to express our sincere thanks to Paul and the Parish magazine and its readers, for the very kind donation of 5 AND blood pressure monitors, an extra-long cuff and the box of batteries.

These monitors will be loaned out to our patients to help them monitor their blood pressure at home, supporting earlier detection and better management of conditions such as hypertension.

They will be a valuable resource and will benefit many members of our community. We are extremely grateful for your generosity and continued support of the surgery and our patients."

SAVE THE DATE!

AUTUMN CRAFT FAIR
at PORTERS BARN
— Sunday 25th October —
More details to follow...





Note: This is a change of date

SANTA'S SLEIGH
— 8th, 9th and 11th December -
More details to follow...



Details will also be on Facebook

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Out of Hours Service - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

In a genuine emergency you should call 999 and ask for an ambulance.
Chest pains and / or shortness of breath constitute as an emergency.

Word Search

Submitted by Mrs J. Clements.

This month our word search features **SHAPES**

Find the words from the list below. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

There is ONE extra word in the list that is NOT found within the grid.

Q	N	O	R	D	E	H	A	X	E	H
A	U	O	C	T	O	G	O	N	I	P
E	H	A	G	C	D	P	E	G	A	Y
U	E	O	D	S	Q	U	A	R	E	R
Q	X	V	V	R	B	R	A	T	S	I
I	A	A	I	O	A	W	E	T	P	M
L	X	T	G	U	T	N	S	D	H	I
B	E	A	T	N	D	R	G	E	E	D
O	V	A	L	D	I	Y	V	L	R	A
D	N	Y	P	I	O	R	M	S	E	L
O	O	X	B	U	U	M	S	E	O	C
I	C	O	N	C	A	V	E	O	I	U
B	S	B	R	T	E	A	A	R	D	B
M	I	L	A	E	B	U	C	C	I	I
O	A	O	T	A	D	L	D	I	A	O
H	P	N	E	O	E	O	B	R	M	I
R	T	G	S	K	G	Z	Y	C	O	D
C	R	E	S	C	E	N	T	U	N	B
I	V	D	F	A	U	B	X	I	D	G
P	E	N	T	A	G	O	N	S	G	A
A	P	I	E	L	G	N	A	I	R	T

CIRCLE CONCAVE CONVEX CRESCENT CUBE CUBOID CURVE DIAMOND DOME HEXAHEDRON OBLIQUE OBLONG OCTOGON OVAL OVATE PENTAGON PYRIMIDAL QUDRANGLE RHOMBOID RING ROUND SPHERE SPHERICAL SQUARE STAR TRIANGLE

The solution is on page 76

FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN



This year we have had to say 'goodbye' to one of The Methodist Church's longest serving and consequently, oldest members, all the while at Our chapel. She was an active *'young'* member even before my dad came to Feltwell in the 70s, playing the pipe organ in the chapel for many years and often seconded to play at St Mary's & St Nicholas churches for special events. Her approach to life was forthright and committed through her strong faith, thanking God every day when she woke for giving her another day. In more recent times she has asked The Lord to give her 'permanent rest' from her daily labours in order that she could be with her beloved husband, Peter. We took her out for fish 'n chips in Hunstanton and to many of her medical appointments, one of which was latterly a visit to the opticians when they prescribed spectacles for reading the score at the organ. She often forgot to take them, but her ability to play scores of hymn tunes from memory was phenomenal. We shall miss her, but we will not forget her.

DAILY SOCIAL GROUPS – WITH ADDED BENEFITS

Monday Meet-Up @ The Wellington
Monday Club @ The Community Hall, Bell Street—7pm
Tuesday Club @ The Community Hall, Bell Street – 1.30pm
Wednesday Coffee Morning @ St Mary's Church
Thursday Club @ The Community Hall, Bell Street – 10am

Come and have a chat, Free Wi-Fi every day our doors are open—Mon/Tues/Wed/Thurs. Want help filling forms, benefit claims, housing forms, driving licence renewal, Blue Badge applications, powers of attorney, report a crime online etc. come into a quiet space, grab a cuppa and have help on hand. Look for our open sessions or **give us a call to arrange to meet**.

You can book the table to play snooker for £5 per hour by calling Mike on 07712578721. Cues are available, but please bring your own cue if you have one. Light refreshments will be available to buy, crisps, chocolate, soft drinks hot/cold.

Join us on Wednesdays for a cuppa while we pot or potter!!

Over the next few weeks we will be making space for new plants which will brighten your walk around our Meadow path. All these plants will be a new invitation to many insects to feed and lay their eggs. We have already seen a variety of butterflies, hoverflies, grasshoppers, and we have our own frog!

Gardening is not just about growing plants; it's a multifaceted activity that offers numerous benefits for both physical and mental health. Here are some of the positive outcomes of gardening:

- **Physical Health**: Gardening is a form of moderate physical activity that builds strength, supports moderate weight, and reduces the risk of falls, especially in older adults. It also helps in making vitamin D, which is essential for bone strength and immune function.
- **Mental Health**: Gardening can improve mood, reduce stress, and provide a sense of accomplishment. It is a mindfulness practice that eases stress levels and boosts the production of endorphins, the brain's feel-good neurotransmitters.

We can help you enjoy these benefits at the Methodist Chapel as well as taking home anything we grow together. The flowers attract the insects, which pollinate the fruit and veg, which give us our vitamins, all without any artificial chemical fertiliser or sprays.

We have written to the Social Prescribers, via Feltwell Surgery to advise them we have this facility available for patients.

DATES FOR YOUR DIARY

SUNDAY 7 - NOVEMBER – CHRISTMAS (MEGA) CRAFT FAIR

12 - DECEMBER CHRISTMAS CREAM TEAS

SUNDAYS – 11.00am – Noon – Community Fellowship Group

How are our lives challenged?

What have we done?

How have we got through the last week/month?

How do we share God's Love with our community?

Songs, Prayers & Refreshments available.

Continued on page 54



by Dr Ian Nisbet

SEPTEMBER 2026

The Summer has ended and the children are back at school. Where I live, we are just coming to terms with the terrible fires which occurred locally and totally destroyed many properties. There is great sadness that such a thing could happen – surely such damaging fires only occur overseas? We watch TV and are very sad for those affected but it never occurs to us that such an event could affect us. Many people around here were evacuated including two dear friends of mine who came to my house for the night. Although the flames got to within a few hundred yards of our properties our houses escaped. However, it is now impossible to travel locally without seeing totally burned out houses, forests and fields. One of our church members had a narrow escape. Her garden was burned but the house was OK. However the houses next to hers, one each side, were totally destroyed. The railway line was closed for a week or two while they removed burned trees from the track and the road which was worst affected is still closed. My friend is highly organised and he arrived to spend the night, complete with a couple of metal boxes containing his paperwork, house deeds, insurance documents and so on. As all my documents are scattered between two large filing cabinets, I could never be so organised. Perhaps I will be better organised in future as next year threatens to be even hotter.

It is ironic that, since the last article, we have been considering which items to include in an emergency box to be used if an emergency hospital admission occurs. I

have received some suggestions, all logged, but further ideas would be appreciated. Let me know on ian@drnisbet.co.uk or 07837 720447. Perhaps we should now turn our minds to which items should be included in a fire proof box to be used in case of fire.

Let us celebrate the greening of our lawns and the resurrection of plants we considered doomed after the drought with a few jokes to cheer us up yet further:

Words of wisdom: Remember, a closed mouth gathers no feet

If at first you don't succeed, Sky diving is probably not for you!

Stay away from negative people – they have a problem for every solution

Two young wives treat themselves to a night out and have a few drinks before walking home. Half way home, nature calls and they pop into the graveyard to pass water. Realising that they had nothing with which to wipe themselves, one used her underwear and the other used a wreath. Next day, their husbands were chatting and one said "I am not happy because my wife came home wearing no underwear" "Well" said the other husband "My wife came home with a card stuck in her underwear saying "*From all the guys at the fire station – we will all miss you!".*

A senior citizen treated himself to a brand new BMW convertible and drove it out of the showroom, flooring the car to 80mph almost immediately. He really enjoyed himself and took the speed up to 100mph, then 110mph and then 120mh. Then, he became aware of flashing blue lights behind him and pulled over to await the police car. The police officer strolled up to the BMW and said "Good evening Sir, today is Friday and my shift ends in 30 minutes. If you can give me a reason for speeding that I have never heard before, I will let you go" The old man thought for a moment and said "Years ago, my wife ran off with a police patrol officer and I was afraid that you were bringing her back"

"Have a good day, sir" replied

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www.markskinnerfunerals.org.uk

the officer as he strolled off.

A young woman wanted to cross a cemetery on the way home in the dark but she was too frightened to cross it on her own. She saw a man nearby and asked him if he would accompany her. He agreed readily and she told him that she had asked other men to help her but they had all been too frightened. She said to the man "Thank goodness you are not like that. I suppose I am being silly, being afraid of cemeteries at my age" The man replied "Oh, yes, of course, don't worry. I used to be really afraid of cemeteries when I was alive".

Look after yourselves
ALL GOOD WISHES

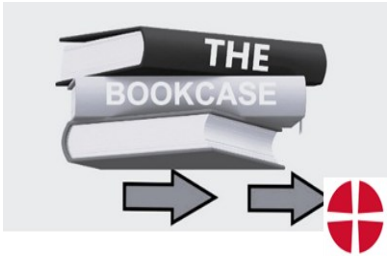
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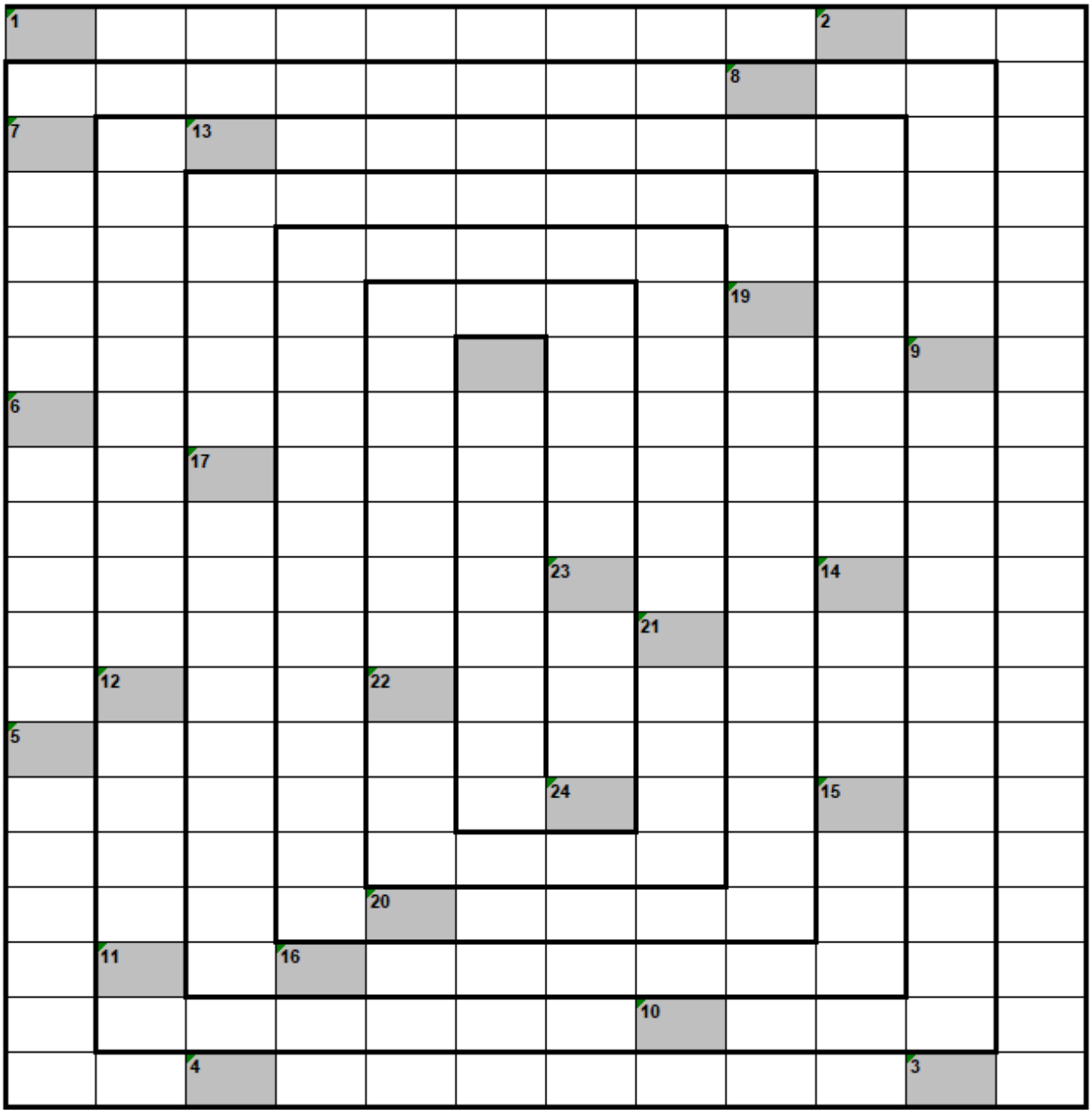
MOBILITY AIDS

Want to bring a friend or relative to stay, need to take a mobility challenged person to hospital or on holiday. We have wheelchairs and a walking frame and mobility scooters. Short or long term use. Just give us a call or message us.

Word Trail

Janet Clements brings us a different type of puzzle, a Word Trail.

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



Clues

1 Who wrote *'The Lord of the Rings'* (1-1-1-7)

2 Quebec boarders this state (12-3-8)

3 MUSIC: This 1984 hit by 'Queen' was known for shifting the dynamics between radio and TV (5-2-2)

4 Which country has won the Cricket World Cups (9)

5 What is the green ingredient in guacamole (7)

6 The Egyptian God of Justice (6)

7 Vessels that travel under water (10)

8 Afflicted (8)

9 The name given to the yellow colouring of a newborn baby's skin (8-8)

10 Developing (8)

11 Surrender (4-2)

12 Which ocean is the largest in the world (7-5)

13 A silica-poor, alkali-rich plutonic rock (9-7)

14 The number of planets in our solar system (5)

15 The 'four' great inventions of ancient China were papermaking, gunpowder, printing and… (3-7)

16 Which dinosaur is known for the bony plates that arise from its back (11)

17 Who Wrote, “Small Dreams of a Scorpion” - poems? (11)

18 The Irish translation of 'I told you I was ill' is carved on to whose gravestone (5-9)

19 2nd century CE Roman Emperor (9-7)

20 Medical: Abbrev: Sad - what is it in full (8-9-8)

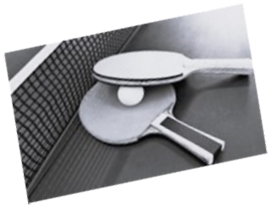
21 The plant '*Kniphofia*' has the common name of... (3-3-5)

22 In the Harry Potter films, what was spoken to perform a 'Head Shrink Spell' (8-7)

23 What kind of animal is a *'Cotswold Lion'* (5)

24 Influence (someone's) opinion in advance (10)

This month’s Word Trail solution is on page 78.



MONDAY and TUESDAY CLUBS

Table Tennis is now up and running every

Monday at 7.00pm and Tuesday from 1.45

at the Methodist Hall, Feltwell.

Any skill level or none. Just come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

Pool and Snooker NOW available.

THURSDAY CLUB

On your own? New to the village?

Want to meet other people?

Then come and join us.

Thursday 10am -12.noon at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more.



We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.

TOTALLY ACCESSIBLE PREMISES

Apologies for the length of this report and the number of acronyms.



Our speaker for September was Robert Enderby. After 30 years in the Metropolitan Police Service he joined the **National Crime Agency** in November 2021 and the NCA was the subject of his talk and his role within it.

The NCA was formed in 2013 and replaced the Serious Organised Crime Agency. It leads the UK's fight to cut serious and organised crime threats. The UK media often refers to the NCA as Britain's FBI!

There are currently about 6000 personnel in the NCA, 35% of whom are designated as "powered" (accredited with the operational powers of a police constable, an immigration officer and a customs officer)**.** The NCA leads its own investigations and works in partnership with other agencies to target, disrupt and arrest groups and individuals involved in serious and organised crime.

The NCA investigates: Fraud, Modern Slavery & Human Trafficking, Child Sexual Abuse & Exploitation, Illegal Firearms, Drug Trafficking, Organised Immigration Crime, Bribery, Corruption & Sanctions Evasion, Cybercrime, Kidnap & Extortion, Money Laundering and Illicit Finance. A very extensive remit.

Investigating serious and organised crime often requires specialist capabilities which are not cost-effective for every police force and law enforcement partner to maintain. The NCA provides a range of specialist and niche capabilities that are best delivered nationally on behalf of all UK law enforcement. **Examples include:** Intelligence collection, Open source (publicly available information such as social media), Covert human intelligence sources, Undercover officers, Technical interception of communications, Law enforcement with partners in the UK and overseas, Security and intelligence agencies, Private sector reporting, Members of the public.

Intelligence Sharing—Sharing intelligence with appropriate agencies nationally and internationally (Eg CTP, HMRC, Europol & Interpol)

Fugitives & international crime – the NCA's UK International Crime

Bureau exchanges information and intelligence with our UK and foreign law enforcement partners leading to operational activity against criminals globally.

Major crime investigation support for police forces dealing with serious crime investigations including no body murder, abduction and serial sexual crimes. Many police forces will conduct relatively few investigations into major crimes and as a result it is more appropriate, and cost-effective, for the NCA to retain niche, specialist skills on a permanent basis and be the single point of contact for all law enforcement.

Missing persons - the UK Missing Persons Unit is the domestic and international bureau for all missing persons and unidentified bodies/ people cases. It is also the centre for information exchange with expert officers.

Counterfeit currency -Officers at the UK National Central Office for the Suppression of Counterfeit Currency and Protected Coins (UKNCO) develop intelligence, analyse counterfeit currency detected in the UK, provide expert evidence to the courts and pursue operational activity.

So what does Robert actually do? Well, its not armed raids, chases or manhunts for him. He works in the **The National Economic Crime Centre (NECC)** within the NCA which brings together law enforcement and justice agencies, government departments, regulatory bodies and the private sector with a shared objective of driving down serious organised economic crime, protecting the public and safeguarding the prosperity and reputation of the UK as a financial centre.

Now we're one step closer to what he actually does.

The UK Financial Intelligence Unit (**UKFIU**) sits within the NECC and has national responsibility for receiving, analysing and disseminating financial intelligence gathered from **Suspicious Activity Reports** (SARs) SARs can be submitted by any organisation or individual who knows or suspects that another organisation or individual is engaged in money laundering or terrorist financing. SARs are mainly received

from the regulated sector which most commonly refers to businesses and professions legally mandated to comply with Anti-Money Laundering (AML) regulations. Supervised by bodies like the Financial Conduct Authority (FCA), HMRC, or professional legal and accountancy bodies, they must perform customer due diligence and report suspicious activity. SARs are a critical intelligence resource for tackling money laundering, terrorism, serious and organised crime, corruption and fraud.

If you work in financial services or a related industry and suspect money laundering or terrorist financing, you **must** complete a SAR. Submitting a SAR protects you and your organisation from the risk of laundering the proceeds of crime. A single SAR is often used multiple times by different users for different purposes. For example, the information within a SAR may inform HMRC about taxation, a local police force about fraud or theft and the FCA about an issue or weakness in a financial product.

So, what does Robert actually do? He works in **The Defence Against Money Laundering (DAML) Team** which serves the obligations of the NCA to assess and action requests for a Defence Against Money Laundering SAR. The DAML regime provides law enforcement with a unique opportunity to disrupt the flow of criminal property and take positive action to restrain and seize assets.

A DAML can be requested from the DAML team when a reporter has a suspicion that a future activity they are intending to carry out involves criminal property, and that, by proceeding with that activity, they are at risk of committing a money laundering offence under POCA 2002. To make an informed decision on a defence request, the DAML team relies on the reporter providing certain information to ensure that certain essential criteria are met:

A) The grounds for the knowledge, suspicion or belief of money laundering;

B) A description of the property known, suspected or believed to be criminal property;

C) A description of the prohibited act for which a defence is sought.

Swaffham Area.
Are You a Veteran?

The **Veterans Central** Swaffham drop-in centre is now well established (and popular) and we now have fixed dates for the rest of 2026.

4th Tuesday of the month. Join us for a FREE hot drinks, cakes and a spot of banter, or to ask questions about veterans support.

Venue: The Pedlars Suite The George Hotel, 1000 to 1200.

October 27th .
November 24th
December 22nd

Location: The George Hotel is located on the corner at the Traffic lights of Swaffham and there is free parking and easy access. You are welcome to bring partners or carers.

Please spread the word to any military colleagues in the area.

Contact: ops@veteranscentral.co.uk Mobile: 0771 3860040

Feltwell Fuel Allotment Charity

If you can answer "YES" to the following two questions you may be eligible for a **Winter 2026 Fuel Payment** from three Feltwell charities.

Are you at least 70 years of age or will be by the end of 2026?

Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundeford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to: Feltwell Fuel Allotment Agent, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope "**Feltwell Fuel Allotment List**."

Only one grant per household will be given.

In the period April 2024 – March 2025 the team received over 860,000 SARs with over 57,000 DAML SARs (85% from Banking Sector; Others - Financial Services, Virtual Assets, Gambling, Accountancy, Legal, Property, Insurance, Government, High Value Goods, Education). Robert personally receives around 200 SARs/day

Funds denied from DAML SARs in 2024 – 2025 amounted to £382.6 million. The UK Financial Intelligence Unit is one of the busiest in the world largely owing to London's position as a financial centre.

To find out more about the structure and working of the NCA please visit their website at **www.nationalcrimeagency.gov.uk** or their **YouTube Channel.** They are also on **X, Facebook and Instagram.**

NCA Podcast: Underworld – Behind The Scenes Of The NCA.

UKFIU Podcast

See also, **Operation Dark Phone – Murder By Text on Channel 4**

The Men's Breakfast Club usually meets on the 1st Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.50 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at **garlandp@btinternet.com**.

Our next meeting will be on **Saturday 3rd October**. Our speaker will be **Kevin Boardman** who has presented to us many times. This time he is keeping the topic secret but it is highly likely to be something historical as that is his area of expertise.

If any reader would be interested in talking to the group about a topic of their choosing or know of anyone who has given a talk please get in touch with Paul at **garlandp@btinternet.com.** Thank you.

Readers are reminded that past copies of this magazine are available for viewing in colour at the start of the following month on the village website at:

www.feltwell.net/magazines/mag_index.htm

BADMINTON IS AVAILABLE AT ST. MARY'S



Wednesday — 1pm to 8pm

Saturday — 9am to 8pm



If interested in playing please email:

Stmarysbton@gmail.com. Please include your mobile number so you can be added to group chat.

Full instructions on how the court is booked will be emailed to you.

SIR EDMUND DE MOUNDEFORD CHARITY

GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr M. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. **OR** by email to info@barryhawkins.co.uk, also send a copy to Mr Paul Garland, (Trustee) at garlandp@btinternet.com. Please use Subject: Education Grant. In your letter/email you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.



RSPB Lakenheath Fen

Bats

October is a great time to get closer to bats, which can be surprisingly common in gardens, even in urban areas- but they often go unnoticed due to their nocturnal nature, fast flight and quiet lives. In autumn, numbers are boosted by young bats following the past summer's breeding season. Female bats will make use of 'maternity roosts' where they give birth to and then nurse their 'pups', but there are also winter roosts of mixed males and females. House rooves, farm buildings, Churches and cavities in trees are common places to find roosts, but bats will also make use of man-made nestboxes if they are sited correctly.

There are 18 species of bat in the UK and they make up a quarter of our mammals. In our gardens, the Common Pipistrelle is usually the most often seen- they are small, fast and have a swooping flight with regular sudden changes of direction over open areas. Noctules are larger, but also common, and their wingspan can be almost double that of the Common Pipistrelle. They can weigh up to eight times as much, but the largest specimens still only tip the scales at 40g! Noctules tend to fly in straighter lines, and higher up, and may venture into wooded areas too. If you live near water, then you may find it easy to spot Daubenton's bats if there are any around- they fly very low over water, scooping up small insects with their large feet or in the cup made by the webbing that joins their tail to their legs.

On the reserve at Lakenheath Fen, we do sometimes pick up a couple of more unusual species, such as Brown Long-eared Bat and also Serotine *(see photograph over page)*, of which there is a roost in St. Peter's Church in Hockwold. These bats and our others-

Events at RSPB Lakenheath Fen

Places for all events need to be booked online. Please visit **https://bit.ly/LakenheathFenEvents** or in person at the Visitor Centre ahead of the event.

Moth Mornings Under 18's £2.50 - £3 / Adults £5 - £6

30 October, 27 November, 26 February (10am to 11am)

Learn more about the amazing world of moths. Join us to admire what we catch in our harmless trap.

Amazing Autumn Guided Walk Under 18's £6-£7.50/Adults £12 - £15

Saturday 10 October , Sunday 8 November(9:30am-12:30pm)

Join us for a tour to see the best that autumn has to offer on the reserve - ducks in their dazzling new plumages, the first migrant birds back for the winter but also a few late butterflies and dragonflies too.

Wetland Winter Guided Walk (Under 18's £6-£7.50/Adults £12 - £15)

Saturday 9 January, Sunday 7 February (9:30am – 12:30pm)

Wrap up and experience this beautiful reserve and all that winter has to offer with our volunteer guides. We'll be looking for Whooper Swans, winter thrushes, Bearded Tits, a variety of ducks and more.

Winter Walking Safari (Under 18's £10 - £12.50 / Adults £20 - £25)

Sunday 14 February (9:30am – 3:30pm)

Twice per year, our volunteer guides take their guests on a tour of the reserve, covering our full range of habitats and offering you the best chance of seeing a wide range of wildlife in this beautiful Fenland oasis. Our Cranes should be back, too!

Extra sessions added for 2026:
2nd October
10-12pm at St Mary's church.
Refreshments provided.



Eptesicus serotinus, or the serotine

Daubenton's, Natterer's, Leisler's, Noctule, and the three types of pipistrelle- are attracted to areas with plenty of insects and the wetlands of the reserve draw them in readily!

The best time to look for bats is an hour or two before sunset, and as they are nocturnal you could see them right up until you can't see anything at all and it is fully dark. Bat detectors are available and these help to detect bats without you having to see them, or hear them- to our ears, bats are silent because they produce sound at a frequency too high for most of us to hear, in the ultrasonic range. They use sound to monitor the echo (returning sound waves) bouncing off objects (which helps them navigate) and to find food items like moths and beetles. The closer something is, the quicker the sound waves return, so bats can use echolocation to judge distance as well as the speed of potential prey and they form a mental 'map' of where things are- which is very useful given they have very poor eyesight!

Bats are in steep decline in the UK as they suffer from a variety of threats such as the loss of roosting sites, the fall in insect populations and pollution. If you'd like to do something to help bats where you live, there are a range of ideas on the Bat Conservation Trust's website: https://www.bats.org.uk/advice/gardening-for-bats which don't just cover the best plants to grow but about how we can reduce the light pollution we produce, and use fewer pesticides too.

With best wishes for October from the reserve- and we hope that bats put in an appearance in your autumn this year!

By Heidi Jones
(Visitor Experience Officer, RSPB Lakenheath Fen).

Missed Appointments @ The Surgery 2026

August 2026 saw **69** appointments missed, down 3 on the previous month. This represents a loss of medical care to the tune of **£2070** for the month and **1075** minutes of wasted time. For the year so far **142.66 hrs** of face to face doctor and nurse time has been lost.

So far this year **482** appointments have been missed representing a total of **£14,460** of medical care lost. These appointments could have gone to someone else in need.

If you cannot attend your appointment, please cancel it.

Lead Times for Prescriptions

PLEASE ALLOW **5** FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

Ordered	Ready for collection
Sat, Sun & Mon	Following Tuesday
Tuesday	Following Wednesday
Wednesday	Following Thursday
Thursday	Following Friday
Friday	Ready a week Monday

Art For Pleasure

Every Thursday 10.30 am – 12.30pm. £4 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on 01842 828750

The kettle is always on.

Meal Prepping Logistical Solution

Judith	Bolognaise	10 Portions	1 hr
Kizzie	Chilli Con Carne	8 Portions	1 hr 10 mins
Larry	Shepards Pie	6 Portions	1 hr 30 mins
Martha	Chicken Curry	5 Portions	1 hr 20 mins

West Norfolk Aviation Society

www.westnorfolkaviationsociety.org.uk



This evening, 1st September, we welcomed back club member John Blakeley, a member of both our group and the Norfolk Aeronautical Group. His reminisced about his time in aviation. John's first experience of flight was for 2/6d (12 1/2p) for a flight around the IOW in 1956. This decided his future course of action and career. Having sat his A levels, which enabled him to remain within the care system which back then brutally discharges you at age 16 into the world as an 'adult' he joined the Royal Air Force (RAF). He soloed a RAF Chipmunk aircraft totally unofficially while an engineering student (non aircrew) and was posted to various engineering appointments within the RAF from which he cajoled flights in many aircraft ranging from Hunter through Lightnings and Tornados. He was seconded to the MIddle East when Saudi Arabia were acquiring the Tornado and tells of the hazardous trips on the excellent roads at night where camels slept because the tarmac was relatively warm compared to the surrounding desert. Retiring from the RAF as a senior officer in moved to Flight Refuelling Aviation again flying with them on various sorties. He told of his time on the Falkland Islands and arranging for some onions to be delivered in exchange for some accommodation in one of the further outposts. As he was unable to take them with him they were delivered by Chinook the following day, a story that entered the annals of legend in the Falklands. Thank you to John for his enlightened and enlightening talk on his aviation experiences over nearly 70 years!

If you like the sound of this type of evening please feel free to join us next time on 06 Oct @ 7.15pm for a talk about helicopter operations in Oman, details on our website, non members entrance fee £5 per head includes a light buffet.

Mark Burch. www.westnorfolkaviationsociety.com

Mobile Library Timetable—Thursdays

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

Upcoming Dates

01 October
29 October
26 November

Please note this information is subject to change or amendment both on a permanent and temporary basis.

For all enquiries about this route please call 01603 222303



Feltwell Bowls Club

The finals week was the first week in September. The Triples final were played on Tuesday 1st September and the winning team was David Wortley, Chris Stone and Martin Blackman.

The Pairs and Ladies Singles finals were played on Wednesday 2nd September and the winner of the Ladies Singles was Lesley Mayes. The winners of the Pairs were Katherine Baker and Martin Blackman.

On the finals day on Saturday 5th September the Singles winner was Chris Stone. In the Ladies v Men, the Men won 2 rinks, the Ladies 1. There then followed a delicious BBQ enjoyed by all.



The photo shows the winners with their Trophies from left to right: Martin Blackman, Chris Stone, Lesley Mayes, David Wortley and Katherine Baker.

The August leagues are as follows :-

R.S - Rosie Smith. Ash - Ashill

DATE	LEAGUE	OPPONENT	VENUE	RESULT	TEAM	POINTS	SCORE
03/08	R.S	Swaffham	Home	Loss		2 - 6	50 - 65
04/08	Ash	Connaught	Away	Loss	A	2 - 6	49 - 70
04/08	Ash	Shipdham	Home	Loss	B	0 - 8	37 - 54
10/08	R.S	Southery	Home	Win		8 - 0	55 - 38
11/08	Ash	Connaught	Away	Loss	B	2 - 6	50 - 60
17/08	R.S	Weeting	Home	Win		6 - 2	51 - 39
18/08	Ash	Hingham	Away	Win	A	6 - 2	49 - 37
18/08	Ash	Harling Rec	Away	Loss	B	0 - 8	29 - 70
25/08	Ash	Swaffham	Away	Win	B	6 - 2	48 - 47
O8/09	Ash	Dereham	Home	Win	B	8 - 0	63 - 55

The results give :-

R.S 16 points, Shots for 166, Shots against 142. 5th in the league.

Ash A 8 points, Shots for 150, Shots against 169. 3rd in league 2.

Ash B 6 points, Shots for 177, Shots against 216. Bottom league 3.

We also played 8 friendlies.

Continued over page

COMING EVENTS Quiz night Saturday 10th October in the large room in the RBL. 7 for 7.30 pm. All are welcome, come and join us for a very enjoyable evening, you may Win the lovely prize. There is plenty of car parking spaces. Max



WORD SEARCH SOLUTION

NEXT MONTH'S WORD SEARCH WILL BE ON -
FILMS OF THE 70's

Q	N	O	R	D	E	H	A	X	E	H
A	U	Q	C	T	O	G	O	N	I	P
E	H	A	G	C	D	P	E	G	A	Y
U	E	O	D	S	Q	U	A	R	E	R
Q	X	V	V	R	B	R	A	T	S	I
I	A	A	I	O	A	W	E	T	P	M
L	X	T	G	U	T	N	S	D	H	I
B	E	A	T	N	D	R	G	E	E	D
O	V	A	L	B	I	Y	V	L	R	A
D	N	Y	P	I	O	R	M	S	E	L
O	D	X	B	U	U	M	S	E	O	C
I	C	O	N	C	A	V	E	O	I	U
B	S	B	R	T	E	A	A	R	D	B
M	I	L	A	E	B	U	C	C	I	I
O	A	O	T	A	D	L	D	I	A	O
H	P	N	E	O	E	O	B	R	M	I
R	T	G	S	K	G	Z	Y	C	O	D
C	R	E	S	C	E	N	T	U	N	B
I	V	D	F	A	U	B	X	I	D	G
P	E	N	T	A	G	O	N	S	G	A
A	P	I	E	L	G	N	A	T	R	T

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NEWS FROM THE PARISH COUNCIL

A meeting of the Parish Council was held on Monday the 14th of September 2026 in the British Legion, Long Lane. Eight Councillors attended and three members of the public. Norfolk County Councillor Sue Prigg was also in attendance.

Mr Storey reported that the public consultation on the Local Plan 2026-2044 is open until 29th September, details are on the Borough Council website. He said changes to the planning system are a backward step as they will result in a loss of local identify. These include the reduction in Planning Committee membership to 11 and that 99.2% of planning applications will now be determined by the Planning Officer, leaving the Planning Committee to consider the remaining 0.8%, comprising larger applications of more than nine dwellings. Another major change as of 26th October, is that Parish Councils can no longer ask a Borough Councillor to call-in an application. Council Leader, Alistair Beales, had met with Jim McMahon, Minister of Local Government who insisted Local Government Reorganisation had been paused to review and reflect before implementing final decisions, however Cllr Sue Prigg stated in her report that this was not the case and as far as Norfolk County Council were concerned, LGR was no longer happening. She had attended an NHS presentation regarding proposals to remove the day surgery, maternity unit and A&E facility at the QEH which she felt were totally unjustified. Mr Lambert believed a campaign had been set up to fight this decision. On other matters, she said the public are being encouraged to have flu vaccinations which start again in October and that she would be contacting Andrew Wallace to follow up her request to reduce the speed limit along Southery Road until repairs are carried out.

Due to the continued lack of response from Highways regarding various outstanding works around the village, Mr Storey will meet with Sue Prigg and Andrew Wallace to determine when they will be carried out. Clerk to write to the leader of Norfolk County Council, David Bick, urging for a change in the system to ensure parish councils get a better service from Highways.

Another complaint had been received regarding the narrow width of the footpath from Oak Street to the Doctor's Surgery.

Cars and vans parking on the pavement outside Central Garage

Word Trail Solution

[1] J	R	R	T	O	L	K	I	E	[2] N	E	W
U	B	M	A	R	I	N	E	[8] S	T	R	F
[7] S	A	[13] N	E	P	H	A	L	I	N	I	O
I	E	M	I	L	L	I	G	A	E	C	U
R	C	E	T	I	V	E	D	N	S	K	N
I	O	K	C	M	S	K	I	[19] S	Y	E	D
S	C	I	E	U	S	U	S	E	E	[9] N	L
[6] O	I	P	F	T	S	L	O	P	N	E	A
D	F	[17] S	F	C	E	L	R	T	I	O	N
A	I	U	A	A	S	U	D	I	T	N	D
C	C	R	L	D	S	[23] S	E	M	[14] E	A	A
O	A	U	A	E	O	H	[21] R	I	I	T	N
V	[12] P	A	N	[22] R	P	E	E	U	G	A	D
[5] A	U	S	O	E	E	E	D	S	H	L	L
I	E	O	S	K	R	[24] P	H	S	[15] T	J	A
L	V	G	A	O	P	T	O	E	H	A	B
A	I	E	E	[20] S	U	R	E	V	E	U	R
R	[11] G	T	[16] S	S	A	P	M	O	C	N	A
T	N	I	V	L	O	V	[10] E	C	I	D	D
S	U	[4] A	G	A	G	O	I	D	A	[3] R	O

Advertising Rates

Full page—£240 per year or £24 per month

Half page—£120 per year or £12 per month

Quarter page—£60 per year or £6 per month

Eighth page—£30 per year or £3 per month

Our advertising year runs 1st Apr to 31st March

If you would like to place an advert in this magazine please contact our Advertising Manager: Jean Winter

Email: jean.winter@gmx.com Mobil:07808 294848

continue to cause hazards for vehicles at both Long Lane and Short Beck junctions. As the 'Change of Priority' Scheme has been put back to 2027/28, Clerk to request a quote from Highways to install bollards along here to prevent parking which could possibly be funded via the Parish Partnership Scheme. Clerk to request installation of a 'No Left Turn' sign at Short Beck junction following a near head-on collision with a vehicle that didn't stop and continued to drive up High St.

Clerk read Ms Quamina's report on RAF Lakenheath and RAF Feltwell activities which gave information on a joint campaign with Suffolk Police to educate new arrivals on UK driving standards.

Data collected from the SAM2 on Lodge Road within the 40 mph zone showed that between 8th June and 2nd July, it had flashed 35,478 times and although the fastest recorded speed was 80 mph at 8.05 am on 18th June, the average speed was 39.1 mph.

Concrete bases for the benches funded by Feltwell Community Group and Mr Storey's Borough Council Member's Fund will be installed free of charge by MWM (Anglia) Ltd on 9th and 10th October.

The Public Open Spaces Manager at the Borough Council is awaiting an outcome for his proposal to install wooden stakes with a lockable drop-down post for maintenance access on the grassed area within Mulberry Close.

Zurich has forwarded payment for all costs associated with the removal of the damaged lamp post on Addisons Close and installation of a new one following a third party claim. Insurance has been renewed with Zurich on a three-year agreement at £2053.53.

Quilt covers are continuing to be dumped by the clothing banks despite signs on both stating that these are not accepted. Such items can be put in domestic black wheelie bins or taken to the recycling centres at Mildenhall, Bury St Edmunds or Thetford where you will need to book a visit but disposal is free.

Please subscribe to the Council's website (https://feltwellparishcouncil.gov.uk) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 12th October 2026 at 7.30 pm. Everyone is welcome.



FELTWELL MUSEUM

2026

NEW *OPENING DAYS THIS YEAR*

NOW THE...

FIRST SATURDAY *of each Month.*

March – October

11 - 3pm.

The Beck J/o. Oak Street IP26 4DP

FREE ENTRY

Dog friendly 😊

Enqs. Pls. call Graham 01842-828387